15TH 5CC WORLD CONGRESS

THE BOUTIQUE INTERNATIONAL CONFERENCE ON

Cosmetic & Aesthetic Energy-based Systems | Medical Dermatology | Aesthetic Gynecology Injectables for Aesthetic & Medical Use | Practice Management & Digital Marketing

Welcome

to the next chapter.



June 1 - 4, 2023

LISBON

www.5-cc.com



27 EUROPEAN CME CREDITS (ECMEC®S)
FOR MEDICAL PRACTITIONERS

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27 EUROPEAN **CME CREDITS**

(ECMEC®S) FOR MEDICAL **PRACTITIONERS**



Welcome

WELCOME TO THE 15TH 5CC WORLD CONGRESS, FOR THE FIRST TIME IN PORTUGAL!

We are pleased and excited to announce that our preeminent medical dermatology and aesthetic/cosmetic meeting has moved to Lisbon this year.

Advances in the treatment of acne vulgaris, rosacea, psoriasis, atopic dermatitis, hidradenitis, hyperhidrosis, and others have surged in recent times and we are primed to educate all on these recent new therapies and new ideas for making our patients better. Advances in the cosmetic and aesthetic arenas are being showcased with each passing day and month. From Skin Care to Chemical Peels to Injectables to Energy Based Devices - all have seen wonderful innovation and science almost unparalleled in recent times. We will showcase all that is new, all that is relevant, and all that will enhance our offerings to our patients.



We are happy to welcome our friends from the industry in both the medical and cosmetic spaces as well as our colleagues and friends from all over the world in Lisbon for the 15th edition of the 5CC World Congress.



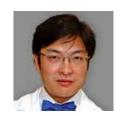




DAVID J. GOLDBERG CONGRESS VICE PRESIDENT



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HENRY H. L. CHAN HONG KONG



CHRISTINE DIERICKX





MOSHE LAPIDOTH ISRAEL

Congress Venue • Level Overview – •3

AT A GLANCE

CME ACCREDITATION

The 15th 5CC World Congress, Lisbon, Portugal, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **27 European CME credits** (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™.

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

EACCME® CREDITS

Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the feedback form. Cf. criteria 9 and 23 of UEMS 2016.20.

01.06.2023 - 7,00 02.06.2023 - 7,00

03.06.2023 - 7.00

04.06.2023 - 6,00

In order to receive your CME credits and certificates, you need to complete the online evaluation after 5CC. Upon completion of the survey, you will receive a link to download your certificates. In order to obtain your CME credits, please contact your national authorities in your country of residency to validate the European CME credits and to convert them to your national CME credits. Afterwards, please send your certificate of attendance to your national authorities.

CONFERENCE LANGUAGE

The official conference language is English. No simultaneous translation will be provided.

RECORDING POLICY

Recording, photography and filming during the sessions is strictly prohibited without prior written permission from the congress organization. In consideration of other attendees, we kindly ask you to put your cell phone in a silent mode during sessions, symposia and workshops.

Please be advised that the organizers are filming and taking pictures of scenes and background material in this area for future promotional purposes. If you enter the congress center, you may appear, and therefore agree to appear, in this or any later production which be used in advertisements and promotions worldwide via various media.

COFFEE AND LUNCH BREAKS

Complimentary coffee breaks are provided in the industry exhibition for all attendees, speakers and exhibitors. Lunch and snacks are available for purchase at the cafeteria during all conference days (Thursday, Friday and Saturday: in the Industry Exhibition; Sunday: in the Foyer D).

MEDIA CHECK

To help the conference run smoothly, we kindly ask our speakers to submit their presentation(s) at the Media Check in room 1.08 at least 1.5 hours before the lecture.

LEGAL INFORMATION

Logi-Vent GmbH acts as an intermediary and is not responsible or liable for loss, accidents or damages to people or things during the entire congress independently of their origin. Any other agreement will only be effective if in writing and signed by both parties.

Logi-Vent GmbH shall not be liable hereunder on whatsoever legal basis by reason of any cancellation of all or part of the event or by reason of any termination of all or part of the event ahead of schedule on account of any cause that is beyond the reasonable control of Logi-Vent GmbH (such as acts of God, war, insurrection, civil unrest, strikes, etc.).



CONGRESS VENUE

LISBON CONGRESS CENTRE

Praça das Indústrias 1, 1300-307 Lisboa – Portugal

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PAULO R. CUNHA BRAZIL



PATRIZIA ANNA D'ALESSIO FRANCE



ITALY





REYES PHILIPPINES



DO CIDRANES SPAIN



DOUGLAS WU COLOMBIA



YANINE







EGYPT



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FELDMEYER SWITZERLAND



VITOR FERREIRA PORTUGAL



ROBERT FINNEY USA



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USA

CHERI FREY



DAVID LYSANDER FREYTAG GERMANY



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GRACE LOPEZ PHILIPPINES



TED LAIN

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ARNAUD LAMBERT

FRANCE

MADHULIKA MHATRE INDIA



HÉCTOR

LEAL SILVA

EMELINE MICHEL GERMANY



MELISSA KANCHA-

NAPOOMI LEVIN

USA

LIZA MKHITARYAN DANIEL MIMOUNI ISRAEL SPAIN



MARIA GARCIA

BALDOVI

CARLO GRAZIANI ITALY



YIPING GE

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JAIMIE GLICK

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DIRK-HARALD GRÖNE



MARIO GOISIS

ITALY

STEFANIA GUIDA ITALY



ANDY GOREN

USA

ATULA GUPTA INDIA



CAROLINA

GOUVEIA

PORTUGAL

DIALA HAYKAL FRANCE



NICHOLAS MÖLLHOFF GERMANY



MORADZADEH



USA



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USA

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PRADA MAZZI

PANAMA

THE NETHERLANDS



THOMAS RAPPL

AUSTRIA



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AND NEVER MISS A LECTURE AGAIN!

Thursday June 1, 2023

Program, times and rooms subject to changes.

TEAG	CHING COURSES, SPECIAL INTERI	EST SESSIONS AND RE	SIDENTS &	FELLOWS DAY
	7.30	/// OPEN REGISTRATION		
	AUDITORIUM II	AUDITORIUM III	AUDI- TORIUM IV	HYATT REGENCY LISBOA HOTEL
9.00	Treatment of Scars, Birthmarks & Asimetries	Teaching Course: Chemical Peelings in Collaboration with IPS	Residents &	
10.00	Skin Pigmentation and Pigmentary Disorders: Too much, too little, the wrong one	Teaching Course: Home Use Devices – New Developments in Collaboration with HUD	Fellows Day	
-	11.00 - 11.30 /// COFFEE BREA	K IN THE INDUSTRY EXHIB	ITION	
11.30	Teaching Course: Understanding the 4th Dimension of Anatomy	Teaching Course: Skin Tightening - EBDs and Surgical Options	Residents & Fellows Day	COURSE Advanced Course in Facial Ultrasound
(P)				Imaging
14.30	Hyperhidrosis Toolbox 🗡	Digital Marketing Workshop:	Residents &	
15.30	Adiposity & Weightloss Management	Roadmap to Success	Fellows Day	
•	16.30 - 17.00 /// COFFEE BREA	K IN THE INDUSTRY EXHIB		
17.00	INDUSTRY SYMPOSIUM	Teaching Course:		
17.30	Teaching Course: Surgical and Non-Surgical Rejuvenation of the Face	Social Media - The US Way vs. The European Way	Residents & Fellows Day	
	18.00 /// END OF (CONFERENCE DAY		

Friday June 2, 2023

		CONFERENCE AND	EXHIBITION
		7.30 /// OPEN REGI	STRATION
	AUDITORIUM II	AUDITORIUM III	AUDITORIUM IV
9.00	Filler	Intimate Aesthetic Surgery and Rejuvenation	Cosmetic Dermatology Problems or Diseases
10.00	i iliei	Face	Next-Generation Management: Embracing New Technologies and Treating Younger Patients
	11.00 - 11	.45 /// COFFEE BREAK IN	THE INDUSTRY EXHIBITION
11.45		Patient Management	Aesthetic Dermatology: Bridging the Gap - Looking
12.15	Liquid Toxin Symposium		Back, Moving Forward. Lessons Learned and Constellations to Conquer for Next Generation Stars
12.45	Elquid Toxili Symposidin	Anti-Aging	When Science Meets Beauty: Classical and New Technics to Restore, Harmonize and Stimulate the Face and the Scalp
P		4.45 /// LUNCH BREAK IN	
14.45	Research Updates from Facial Anatomy	Laser & Energy-Based Devices	Fractional Resurfacing - Where We Are and Where We Are Going
15.45	INDUSTRY SYMPOSIUM I		Biostimulation for the Face and Body
		.15 /// COFFEE BREAK IN	
17.15	Botulinum A	Laser & Energy-Based Devices	Exploring Safer and More Effective Ways of Delivering Fillers
		18.30 /// END OF CON	FERENCE DAY
T	18.30 - 19.15 /// C	PENING GET-TOGETHE	R IN THE INDUSTRY EXHIBITION

Saturday June 3, 2023

Program, times and rooms subject to changes.

	С	ONFERENCE AND EXHIBITIO	N
		7.30 /// OPEN REGISTRATION	
	AUDITORIUM II	AUDITORIUM III	AUDITORIUM IV
9.00	Non-Invasive Body Contouring 🗼	Medical Dermatology - Acne	Artificial Intelligence & Innovations
10.00	Body Contouring	Medical Dermatology - Pigmentation	Prejuvenation: Approach to the Young Cosmetic Patient
	11.00 - 11.45 //	// COFFEE BREAK IN THE INDUS	TRY EXHIBITION
11.45	What's New in Aesthetic	Medical Dermatology -	Skin of Color in Collaboration with SOCS
12.45	Dermatology & Surgery?	Inflammatory Skin Diseases	Aesthetic Surgery
(P	13.45 - 14.45 /// LUNCH BREAK IN THE INDUSTRY EXHIBITION		
14.45	INDUSTRY SYMPOSIUM II		
15.15	Marketing Session How to Scientifically Create the Best Brand for Your Aesthetic Practice	Medical Dermatology - Inflammatory Skin Diseases	Laser Complications
15.45	PLANNING FOR THE FUTURE: Strategies for Getting Your Practice Ready for the Next Stage	Medical Dermatology - Skin Tumors	Filler Complications in Collaboration with IS ⁴ AC
16.45 - 17.15 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION			
17.15	Cosmeceuticals	Medical Dermatology - Alopecia	Optimizing the Use of Lasers and Lights in Skin of Color
18.30 /// END OF CONFERENCE DAY			

Sunday JUNE 4, 2023

	SCIENTIFIC F	ARTNER DAY
8.00 /// OPEN REGISTRATION		
	AUDITORIUM III	AUDITORIUM IV
9.00	Scientific Partner Symposium in Collaboration with IMCAS	Scientific Partner Symposium in Collaboration with DALA/ELA
•	11.00 - 11.30 /// COFFE	E BREAK IN THE FOYER
11.30	Scientific Partner Symposium in Collaboration with DASIL	Scientific Partner Symposium
12.30	Teaching Course: Anti-Aging Medicine	in Collaboration with DALA/ELA
(1)	13.30 - 14.00 /// LUNC	H BREAK IN THE FOYER
14.00		Scientific Partner Symposium in Collaboration with DALA/ELA
16.00 /// END OF CONFERENCE		



Teaching Courses & Special Interest Sessions -

Thursday

JUNE 1, 2023 /// AUDITORIUM II

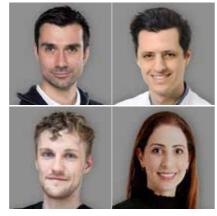
Program, times and rooms subject to changes.

	TEACHING COURSES & SPECIAL INTEREST SESSIONS	
	09.00 - 10.00 /// TREATMENT OF SCARS, BIRTHMARKS & ASIMETRIES	*
	Moderated by Brunilda Bardhi	
9.00	MNRF Treatment of Atrophic Scars ATULA GUPTA	
9.12	Regenerative Medicine for Scar Treatment: Our Experience on Wars Victims MARIO GOISIS	
9.24	The Impact on Quality of Life of Birthmarks VICTOR GABRIEL CLATICI	
9.36	Acne and PIH Treated with Chemical Peel and Laser VALERIE CALLENDER	
9.48	Selecting the most Appropriate Lasers and Energy-Based Devices for Scar Revision DIANNE DAVIS	
	Questions & Answers	
	10.00 - 11.00 /// SKIN PIGMENTATION AND PIGMENTARY DISORDERS: TOO MUCH, TOO LITTLE, THE WRONG ONE	W
	Moderated by kristine heidemeyer	
10.00	Pigmentary Disorders in Children: Diagnosis and Treatment CAROLINA GOUVEIA	
10.10	Tricky Diagnosis of Pigment Disorders - Can Histopathological Examination Help?	
10.20	Management of Melasma: What Really Works?	
10.30	Treatment of Traumatic Tattoos and Drug Induced Hyperpigmentation	
10.40	Bleaching Procedures for Post-sclerotherapy Hyperpigmentations KRISTINE HEIDEMEYER	
10.50	Questions & Answers	
	11.00 - 11.30 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION	

11.30 - 13.30 /// **TEACHING COURSE**

Understanding the 4th Dimension of Anatomy SEBASTIAN COTOFANA, NICHOLAS MÖLLHOFF, DAVID LYSANDER FREYTAG & MARIANA CALOMENI

Discover the 4th Dimension of Facial anatomy and how it relates to facial aesthetic procedures. Understand what the new term facial Biomechanics means and how you can utilize this new knowledge to improve your aesthetic outcomes.



13.30 - 14.30 /// LUNCH BREAK IN THE INDUSTRY EXHIBITION

CONTINUE ON THE NEXT PAGE...

Teaching Courses & Special Interest Sessions



JUNE 1, 2023 /// AUDITORIUM II

Program, times and rooms subject to changes.

14.30 - 15.30 /// HYPERHIDROSIS TOOLBOX



Moderated by Gabriela Grove

14.30	Introduction GABRIELA GROVE
14.35	Hyperhidrosis – Hysteria or Disease? DAISY KOPERA
14.50	Botulinum Toxin A vs Microwave Thermolysis for Axillary Hyperhidrosis GABRIELA GROVE
15.00	Sympathectomy. Is There still a Role for Surgery in the Treatment of Hyperhidrosis?
15.10	Microwave Thermolysis for Residual Limb Hyperhidrosis JARED ROBERTS

Questions & Answers

15.30 - 16.30 /// ADIPOSITY & WEIGHTLOSS MANAGEMENT

Moderated by Sarah de los reyes

15.30	Pharmacotherapeutic Option in Adolescent Obesity MA. ROWENA AGUILAR-JOVEN
15.43	Incorporating Pharmacologic Weightloss Management with Body Contouring in your Aesthetic Practice SARAH DE LOS REYES
15.56	The Role of Pharmacotherapy in Combination with Aesthetic Slimming Methods GRACE LOPEZ
16.09	Cryopreservation of Adipose Tissue: The Future of Emulsified Fat and Breakthrough Innovation OLIVIER AMAR - VIDEO LECTURE

16.22 Questions & Answers

16.30 - 17.00 /// COFFEE BREAK IN THE INDUSTRY EXHIBI

0 /// INDUSTRY SYMPOSIUM FOR MORE INFORMATION ON THE INDUSTRY SYMPOSIA PLEASE REFER TO PAGE 33

17.30 - 18.00 /// **TEACHING COURSE**

Surgical and Non-Surgical Rejuvenation of the Face

DEBRAJ SHOME

Aesthetic procedures are gaining more & more prominence. Every specialty is veering towards them. Globally, many surgeons and dermatologists have now started veering more & more towards cosmetic facial treatments, including face lifts and rhinoplasty.

This Video Assisted Skill Transfer course will showcase video demonstration of the anatomy of the face post CADAVERIC dissection, choice of injection products, & actual patient selection and treatment.

Post this course, you will be able to use Botulinum Toxin, Fillers and Facial Threads, Energy-Based Devices and Cosmetic Surgeries, to lift faces, tighten faces, remove under eye dark circles, camouflage eyelid bags, remove laugh lines, remove upper face wrinkles & change facial shapes

Welcome to the latest and the new frontier of Aesthetics - Come and add a completely new facet to your learning and practice.



18.00 **/// END**

Teaching Courses & Workshops



JUNE 1, 2023 /// AUDITORIUM III

Program, times and rooms subject to changes.

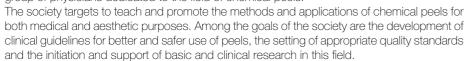
TEACHING COURSES & WORKSHOPS

09.00 - 10.00 /// TEACHING COURSE

Chemical Peelings

IN COLLABORATION WITH IPS

The INTERNATIONAL PEELING SOCIETY (IPS) was founded in 2012 by an international group of physicians dedicated to the field of chemical peels.





www.peelingsociety.com

Moderated by vivian bucay & dirk-harald gröne

9.00	Chemical Peeling for Common Skin Conditions VIVIAN BUCAY
9.10	Common Misconceptions about Chemical Peels DIRK-HARALD GRÖNE
9.20	Maximizing the Use of TCA 35% Peels MARIA GARCIA BALDOVI
9.30	Better Targeting of Peelings Using Transepidermal Drug Delivery Systems PETER VELTHUIS
9.40	Sequential Peels as Monotherapy in Dermatologic & Aesthetic Indications ATULA GUPTA

Questions & Answers

10.00 - 11.00 /// **TEACHING COURSE**

Home Use Devices - New Developments

in Collaboration with HUD



The HOME USE DEVICE WORKING GROUP (HUD) was created as an informal association in 2011. The goals of HUD are to assist in the development of international standards and regulations relating to safe and effective home use, light- and energy-based aesthetic devices; to develop best practice recommendations, starting with safety, in advance of the publication of standards; and to encourage and disseminate communications about the efficacy and safety of home-use, light- and energy-based aesthetic devices.

www.home-use-device.com

Moderated by godfrey town & Christine Dierickx

Home I Ica Davicas - An Overview and Regulatory Aspects

	GODFREY TOWN
10.15	HUD for Skin Rejuvenation CHRISTINE DIERICKX
10.25	Human Skin Can See, Smell and Feel. Opportunities for Dermatology, Skin and Hair Care NATALLIA UZUNBAJAKAVA
10.35	Understanding Tolerability of Low Fluence IPL Home Use Devices (HUD) in Dark Skin Types EMELINE MICHEL

Questions & Answers

11.00 - 11.30 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION

CONTINUE ON THE NEXT PAGE..

Teaching Courses & Workshops — •15



JUNE 1, 2023 /// AUDITORIUM III

Program, times and rooms subject to changes.

11.30 - 13.30 /// TEACHING COURSE

Skin Tightening - EBDs and Surgical Options

This teaching course is all about skin tightening options in the face and periorbital region both with EBD's and surgeries.

Skin tightening is possible with heat conducting technologies such as lasers, RF, HIFU. And where these technologies come to their limitations, surgeries or other treatments may be the

The course will explain the science behind shrinkage and collagen neoformation, what is necessary to achieve it and why certain technologies are never able to reach that aim. Surgical techniques will be discussed as well. Practical tips and tricks for tightening of the face and the periorbital region will be shared.



14.30 - 16.30 /// DIGITAL MARKETING WORKSHOP

Roadman to Success

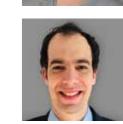
WENDY LEWIS & RAN BERKMAN

For most aesthetic and medical practices worldwide, online marketing is at the core of patient acquisition as well as patient retention. As the rules, regulations, strategies, and opportunities are subject to constant change, it presents a challenge for busy practitioners

This intense course will cover the key topics to help practitioners get the most out of their marketing strategies, including:

- Creating a unique brand to distinguish your practice
- How to align your marketing plan with your practice goals
- Tips for measuring your marketing investment and return
- Best practices for fast-track social media success
- Enhancing the patient experience through measurable outcomes
- · Lead generation strategies that move the needle

*THIS WORKSHOP IS LIMITED TO PHYSICIANS AND OTHER MEDICAL PROFESSIONALS ONLY



16.30 - 17.00 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION

17.00 - 18.00 /// TEACHING COURSE

Social Media - The US Way vs. The European Way H. L. GREENBERG & VICTOR GABRIEL CLATICI

A strong, consistent, and constant Social Media presence, with a clear message adapted to the various types of platforms and audiences, is an essential and fundamental component in the success of medical and aesthetic activities.

The presence of various social media platforms combined with multiple social media post options (articles, blogs, photos, long and short form videos and reels) requires the practitioner to develop a comprehensive strategy including the basic purpose of the posts and the variables associated with daily practice.

This intensive course will cover the key elements to help medical practitioners get the most out of their current activities and to better associate them with a business and personal Social Media presence, including:

- Current global aspects of Social Media
- The differences between the various platforms and their preferred content
- Building the Social Media strategy based on the niche, the avatar, and the short, medium, and long-term goals
- The basic features of a post headline, intro, main message, take home points and a call to action
- The types of posts best suited to each individual platform
- Evaluating the impact of a post
- Tips for measuring Social Media success





18.00 /// **END**

Residents & Fellows Day



JUNE 1, 2023 /// AUDITORIUM IV

Program, times and rooms subject to changes.

5TH RESIDENTS & FELLOWS DAY

Moderated by Benjamin Herbage & Jonathan Kantor

9.00	What's New in 2023 with Toxins - Aesthetic and Medical Uses MICHAEL H. GOLD
9.30	Fillers: First Step in Hyaluronic Acid Filler Science BENJAMIN HERBAGE
10.00	Blepharoplasty Basics JONATHAN KANTOR
10.30	Beautif-EYE: A Tailored Approach of Each Patient

Questions & Answers

DDF, Dady Duttaals and Fillers

Moderated by Dirk-Harald Gröne

11.30	DIRK-HARALD GRÖNE
12.00	Basics of Facial Cosmetic Surgery DEBRAJ SHOME
12.30	The Future of Regenerative Medicine MARIO GOISIS
13.00	Homeopathic Principles Are Compatible with Biomedicine - Leaving our Comfort Zone LAWRENCE CHUKWUDI NWABUDIKE

Questions & Answers

13.30 - 14.30 /// LUNCH BREAK IN THE INDUSTRY EXHIBITION

Moderated by Godfrey Town & R. Glen Calderhead

14.30	Laser Tattoo & Benign Pigmented Blemish Removal GODFREY TOWN
15.00	Update on Non-invasive Body Contouring DAVID J. GOLDBERG
15.30	Fractional Subablative Thulium Laser plus Microneedling RF: Top-down and Bottom-up Approach in Rejuvenation R. GLEN CALDERHEAD
16.00	Thermal Hazard Prevention with Laser and Energy Based Devices ADAM WULKAN

Questions & Answers

Moderated by SARAH DE LOS REYES

SKY WONG

17.00	Revisiting Combination Therapies in Acne: Chemical Peels and EBDs SARAH DE LOS REYES
17.30	Combined Approach to Melasma by Using Different EBD

Questions & Answers

18.00 /// END

Teaching Course

Thursday

JUNE 1, 2023 /// HYATT REGENCY LISBON. Rua da Junqueira 63,

1300-343 Lisboa, Portugal

Program, times and rooms subject to changes.

TEACHING COURSES & SPECIAL INTEREST SESSIONS

09.00 - 18.00 /// **TEACHING COURSE**

9.00



Advanced Course in Facial Ultrasound Imaging LEONIE SCHELKE & PETER VELTHUIS

ABOUT THE COURSE

The Advanced Course in Facial Ultrasound Imaging is a 1-day hands-on course in Lisbon. We have created our courses with the help of an educational expert to provide maximum of training in both knowledge and skills. The content is updated continuously with the latest insights provided by our own research and by our frequent meetings with leaders in the field of ultrasound, anatomy, dermatology, and surgery. Because of the small group of attendees and the very knowledgeable trainers, you can pick the brains of the best tutors in the world. Implement ultrasound as a safety and quality enhancement tool in your daily practice.

WHAT TO EXPECT?

Hands-on recap of facial ultrasound anatomy with some challenging new assignments. New insights gained from filler complications during the last 2 years. Live demonstration of new injection techniques based on these insights.

FOR WHO IS THIS COURSE?

Cosmetic doctors (in training), dermatologists, nurse practitioners, aesthetic doctors, and all individuals authorized to place injectables and who want to add more safety and further improve the quality of their procedures. For those who work already with facial ultrasound but want to develop their knowledge, skills & techniques.

WHY SHOULD I FOLLOW THIS COURSE:

Facial ultrasound is essential if you care for your patients. Facial ultrasound teaches you whether your filler ends up in the correct layer. We know that is frequently not the case! Facial ultrasound is what patients will ask for in the next year.

'Physicians working without ultrasound are not aware how inadequate their treatments are.

please use the following link: https://cutaneous.nl/register/facial-ultrasound-lisbon-june-1-2023/

Special discount for 5CC delegates: please contact us to get the promotion code. maria_luisa_mummolo@logi-vent.de



JUNE 2, 2023 /// AUDITORIUM II

Program, times and rooms subject to changes.

9.00 **/// FILLER**

Moderated by TATJANA PAVICIC

9.00 The Temple and Forehead: What, Why and How to Treat? TATJANA PAVICIC 9.10 New HA Filler Technologies: What Benefit for You and Your Patients? BENJAMIN HERBAGE	
TOTAL TOTAL DOLLAR DELICATION OF TOTAL DELICATION TOTAL D	
==::*::::::::::::::::::::::::::::::::::	
9.20 Advanced Filler Injection Techniques: Perfecting the Liquid Lift JANINE HOPKINS	
9.30 Combination Treatments of the Face DEBRAJ SHOME	
9.40 Why I Get Goosebums Reading "5 Minute Nose Job" TATJANA PAVICIC	
9.50 Facial Contouring: Lower Face ELIZABETH B. HOUSHMAND	
10.00 Fillers in Men - Can You Inject Your Way to a More Masculine Face? UTA SCHLOSSBERGER	
10.10 Treatment of Vertical Lip Lines Using Microcannula Subcision and Retrograde Injection Technique JANINE HOPKINS	
10.20 Ultrasound Applied to Upper Face Treatments with Neuromodulators & Dermal Fillers CARLOS ZITO	
10.30 "FACE COUTURE" - Elegant Full Face POLINA HNEDZKA - VIDEO LECTURE	

10.40 **Questions & Answers**

11.00 - 11.45 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION

/// LIQUID TOXIN SYMPOSIUM*

Moderated by MICHAEL H. GOLD

11.40	introduction.
	An Update on the Role of Liquid Neurotoxins for Aesthetic Uses - Where Are We Now in Both the EU and in the US?
	MICHAEL H. GOLD
11 55	The Liquid Toyin Field and the Science Rehind It

PHILIPPE PICAUT

Clinical Data Alluziance in the EU

CHRISTOPH MARTSCHIN

QM Ready 1 Trial - US 12.35

TED LAIN

QM Ready 2 Trial - US 12.55

MARK NESTOR

13.15 Panel Discussion

MICHAEL H. GOLD, PHILIPPE PICAUT, CHRISTOPH MARTSCHIN, TED LAIN & MARK NESTOR

Questions & Answers

*supported by Galderma Medical Grant

CONTINUE ON THE NEXT PAGE..



Scientific Program - Lectures — •19



JUNE 2, 2023 /// AUDITORIUM II

Program, times and rooms subject to changes.

14.45 /// RESEARCH UPDATES FROM FACIAL ANATOMY



Moderated by Sebastian Cotofana

14.45	Introducing the 4 th Dimension SEBASTIAN COTOFANA
15.00	The Interplay between Facial Aging and Facial Biomechanic

NICHOLAS MÖLLHOFF

15.15 Update on Facial Biomechanics DAVID LYSANDER FREYTAG

New Updates on Facial Anatomy with Ultrasound Imaging

MARIANA CALOMENI

Questions & Answers

/// INDUSTRY SYMPOSIUM I FOR MORE INFORMATION ON THE INDUSTRY SYMPOSIA PLEASE REFER TO PAGE 33



/// BOTULINUM A

Moderated by Mark Nestor & Martin Kassir

17.15	Deep Dive into To	xin Duration

AMY TAUB

How to Increase the Duration of Botulinum Toxin Effectivity

KLAUS FRITZ

17.40 An Update on Neurotoxin Dosing TED LAIN

17.50 The Science of Botulinum Toxin Type A: A Key Clinical Postulates

18.00 Botulinum Toxin and Laser Skin Resurfacing: A Winning Combo

KHALIL KHATRI

Questions & Answers

18.30 /// END

18.30 - 19.15 /// OPENING GET-TOGETHER IN THE INDUSTRY EXHIBITION



JUNE 2, 2023 /// 18.30 - 19.15

OPENING GET-TOGETHER IN THE INDUSTRY EXHIBITION

An invitation is extended to conference 5CC WORLD CONGRESS in the industry exhibition.

Socialize with your colleagues from around the globe and meet the industry partners who support our meeting, as we welcome you to Lisbon.

Small bites and chilled drinks will be served.

Open to all attendees. No RSVP required.

Friday

JUNE 2, 2023 /// AUDITORIUM III

Questions & Answers

Program, times and rooms subject to changes.

CONTINUE ON THE NEXT PAGE...

9.00	/// INTIMATE AESTHETIC SURGERY AND REJUVENATION
Moderat	ted by susan murrmann
9.00	The Impact of Intimate Aesthetic Intervention on the Quality of Sexual Life
9.10	Female Genital Mutilation vs. Female Aesthetic Surgery: Where Are the Bounderies? REFAAT B. KARIM
9.20	WR or Aviva Protocol: Non Surgical Female Genitalia Harmonization ZURAMIS ESTRADA BLANCO
9.30	Vaginal Rejuvenation: My 10 Year Experience and Applications for the Future SUSAN MURRMANN
9.45	Quality vs. Quantity in Lifting and Tightening Interventions SALWA MOHAMED BAHKALI
9.50	Questions & Answers
10.00	/// FACE
Moderat	ted by kian tan
10.00	Facial Rejuvenation - Combining Non-Surgical & Surgical Treatments KIAN TAN
10.10	Combination of Thread Methods with Fillers and Botulinum Toxins ALBINA KAJAIA - VIDEO LECTURE
10.20	Thread Rheology. How and Why It is Crutial GEORGE M. SULAMANIDZE - VIDEO LECTURE
10.30	Compare and Evaluate the Effectiveness of a Patented Biomimetic Peptide Formulation, GFC and PRP, in causing Hair Growth DEBRAJ SHOME
10.40	Optimizing Skin Rejuvenation with a Multi-Wavelength Picosecond Platform SKY WONG
10.50	Questions & Answers
	11.00 - 11.45 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION
11.45	/// PATIENT MANAGEMENT
Moderat	ted by patrizia anna d'alessio
11.45	Managing Patient / Customer Lifetime Value FREDERIC WESTERBERG
12.10	Questions & Answers
12.15	/// ANTI-AGING
Moderat	ed by patrizia anna d'alessio
12.15	When We must Start an Anti-Aging Program?
12.27	Non-surgical Treatment Options for Anti-Aging TAHL HUMES
12.39	Systemic Age Management AMY TAUB
12.51	Nutrition and Lifestyle Connection PATRIZIA ANNA D'ALESSIO
13.03	Epigenetics - How the Second Genetic Code is Revolutionizing Anti-Aging Medicine BERND KLEINE-GUNK
13.15	My Experience with Exosomes for Non-Surgical Aesthetic Treatments SHANTHALA SHIVANANJAPPA
13.27	Supplements and Dermatology - What's the Truth? CARMEN CASTILLA

Scientific Program - Lectures — •21



JUNE 2, 2023 /// AUDITORIUM III

Program, times and rooms subject to changes

(I) 13.45 - 14.45 /// LUNCH BREAK IN THE INDUSTRY EXHIBITION
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14.45 /// LASER & ENERGY-BASED DEVICES

Moderated by Maurice Adatto & Mario A. Trelles

14.45	Effective and Safe Hair Removal with Combine Synchronical 4 Different Laser Wavelengths MARIO A. TRELLES
14.55	Multiple Clinical Applications with a 1540 Erbium: Glass Laser MAURICE ADATTO
15.05	Combination Therapies for Best Results - Lasers, Lights and Beyond H. L. GREENBERG
15.15	Broad Band Light with High Energy Output: A Novel Treatment for Photoaging ARNAUD LAMBERT
15.25	Shock Waves for Face and Body Treatments MARIO GOISIS
15.35	Basic and Clinical Effect of Combine Treatment with EMS + Ultrasound and Sequencial Legs Lymphatic Sessions MARIO A. TRELLES
15.45	Real World Experience with a Novel Laser for Management of Acne ARASH MORADZADEH
15.55	Treatment of Mild, Moderate and Severe Acne with a Novel 1726 nm Laser DAVID J. GOLDBERG
16.05	Microneedling RF: The Ideal Ablative Technology – Why, Which, What's New? LEHAVIT AKERMAN
16.15	Face and Body Skin Tightening Using Ultrasound Parallel Beam Technology VIRGINIA BENITEZ ROIG
16.25	Synchronous Ultrasound Parallel Beam Technology for Lifting Eyebrows and Lax Submental and Neck Skin RUTHIE AMIR

16.35 Questions & Answers

10.45 - 17.15 /// COFFEE BREAK IN THE INDUSTRY EXH

17.15 /// LASER & ENERGY-BASED DEVICES

Moderated by Henry H. L. Chan & David J. Goldberg

17.15	Fractional Radiofrequency for Sebaceous Gland Skin Disorders FRANK ZIPPRICH
17.25	1726 nm Laser Treatment of Acne: Long Term Results DAVID J. GOLDBERG
17.35	Treatment of Resistant PWS with Q-Switch Nd:YAG Laser: Case Presentation YEHOR KOLODCHENKO
17.45	Management of Striae with Nanofractional Radiofrequency MAURICE ADATTO
17.55	Rosacea Treatment with DYE Laser, IPL and Q-switched Nd:YAG Laser PAULO R. CUNHA
18.05	Recent Advances in Laser and Energy-Based Devices in Dermatological Application HENRY H. L. CHAN
18.15	Questions & Answers
10.00	/// END

10.30 /// END



Friday

JUNE 2, 2023 /// AUDITORIUM IV

Program, times and rooms subject to changes.

9.00	/// COSMETIC DERMATOLOGY PROBLEMS OR DISEASES	W
lodera	ited by tong lin	
9.00	Post Inflammatory Hyperpigmentation (PIH): Current Understanding and Its Management YIPING GE	
9.10	Primary Study of 730nm Picosecond Laser in the Treatment of Hyperpigmented Skin Diseases XIAOZHONG ZHAO - VIDEO LECTURE	
9.20	Treatment of Scars with a Fractional 1064-nm Nd:YAG Picosecond Laser in Asian Patients: Histology and Clinical Applications YIN YANG	
9.30	Therapeutic Efficacy of Combined Long-Pulsed 755-nm Alexandrite Laser and Long-Pulsed 1064-nm Nd:YAG Laser Treatment for Photoaging in Asian Patients LEI YAN - VIDEO LECTURE	
9.40	The Efficacy and Safety of Picosecond Laser in the Treatment of Nevus of Ota YANG HEDAN	
9.50	Questions & Answers	
10.00	/// NEXT-GENERATION MANAGEMENT: EMBRACING NEW TECHNOLOGIES AND TREATING YOUNGER PATIENTS	W
odera	ited by Cyril Maire	
10.00	Introduction CYRIL MAIRE	
10.05	What Happens When Simulations Get Real and Cosmetic Dermatology Goes Virtual? DIALA HAYKAL	
	New Laser Treatments for a New Generation of Patients ARNAUD LAMBERT	
	Combination Treatments to Delay Signs of Aging BRIAN HIBLER	
	Teledermatology in Special Populations: New Strategies to Treat Minors in Difficult Settings GIOVANNI DAMIANI	
10.45	Conclusions CYRIL MAIRE	
10.55	Questions & Answers	
•	11.00 - 11.45 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION	
11.45	/// AESTHETIC DERMATOLOGY: BRIDGING THE GAP - LOOKING BACK, MOVING FORWARD. LESSONS LEARNED AND CONSTELLATIONS TO CONQUER FOR NEXT GENERATION STARS	W
odera	ited by nancy garcia-tan	
11.45	Aesthetic Dermatology Practice & Patient Management: Should I? Could I? Would I? NANCY GARCIA-TAN	
11.55	Energy-Based Devices: Devices Worth Keeping, New Ones Worth Acquiring HENRY H. L. CHAN	
12.05	Toxins & Fillers: Time Tested Techniques to Novel Uses and Tweaks SEBASTIAN COTOFANA	
12.15	Chemical Peels: Looking Back - Are New Ones Better than Old? VIVIAN BUCAY	
12.25	Research: What, Where, How should New Trekkers Explore? JONATHAN KANTOR	
12.35	Questions & Answers	
	CONTINUE ON THE NE	XT PAGE

Scientific Program - Lectures — •23



JUNE 2, 2023 /// AUDITORIUM IV

Program, times and rooms subject to changes.

12.45	/// WHEN SCIENCE MEETS BEAUTY: CLASSICAL AND NEW TECHNICS TO RESTORE, HARMONIZE AND STIMULATE THE FACE AND THE SCALP
Modera	ated by Rocco della torre
12.45	Thread Lifting Technic and the Classical Facial 7 Danger Zones in Surgery, Possible Complications?
13.00	Beauty and Scalp: The Importance of Hair Maintenance and Treatment
13.15	Botulinum Toxin: An Update VASCO COELHO MACIAS
13.30	Hyaluronidase in Managing Periocular Fillers Complications CARLO GRAZIANI
	Questions & Answers
(P)	13.45 - 14.45 /// LUNCH BREAK IN THE INDUSTRY EXHIBITION
14.45	/// FRACTIONAL RESURFACING - WHERE WE ARE AND WHERE WE ARE GOING
Modera	ated by Bradley Bloom
14.45	Ablative Fractional CO2 Laser to Micro-Coring Technology - New Advances
14.55	Innovations in Ablative and Fractional Ablative Erbium Laser Technology JOEL COHEN
15.05	Innovations in Non-Ablative Fractional Resurfacing in the Treat and Prevention of Skin Cancer BRIAN HIBLER
15.15	Innovations in Non-Ablative Fractional Resurfacing - 3-D Technology HENRY H. L. CHAN
15.25	Questions & Answers
15.45	/// BIOSTIMULATION FOR THE FACE AND BODY
Modera	ated by zamira yanine
15.45	Biostimulation with Combination CaHa and HA
15.57	Combining Injectables and MFUS-V for Biostimulation of the Face and Neck ZAMIRA YANINE
16.09	Biostimulation Beyond the Face: Abdomen and Buttocks
16.21	Injectable Resurfacing for Skin Types I-VI DIANE DUNCAN
16.33	Questions & Answers
	16.45 - 17.15 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION
17.15	/// EXPLORING SAFER AND MORE EFFECTIVE WAYS OF DELIVERING FILLERS
Modera	ated by tingsong lim
17.15	Anatomical Considerations in Fillers Delivery SEBASTIAN COTOFANA
17.25	To Aspirate or Not To Aspirate: That is the Question
17.35	Exploring Injection Techniques that Could Lead to Safer and Sustainable Outcomes TINGSONG LIM
17.45	New Concepts of Superficial Injection Approach in Fillers SKY WONG
17.55	Dermal Fillers for the Midface and Tear Trough: Key Considerations & Treatment Approach KIAN TAN
18.15	Ouestions & Answers

18.30 - 19.15 /// OPENING GET-TOGETHER IN THE INDUSTRY EXHIBITION

Saturday

2023 /// ALIDITORILIM II

	THE 3, 2023 /// AUDITORIUM II	Program, times and rooms subject to changes.
9.00	/// NON-INVASIVE BODY CONTOURING	*
Moderat	ed by assi levi	
9.00	New Developments in Body Contouring MOSHE LAPIDOTH	
9.12	Body Contouring Using Radiofrequency in Combination with Electromagnetic Energy (HI VIRGINIA BENITEZ ROIG	FEM)
9.24	Cryolipolysis for Body Contouring TANJA FISCHER	
9.36	Complications of Non-Invasive Body Contouring ASSI LEVI	
9.48	Non-Invasive Body Contouring without Using Energy-Based Devices – Is It Possible? ANA ARONOVICH	
	Questions & Answers	
10.00	/// BODY CONTOURING	
Moderat	ed by moshe lapidoth	
10.00	A Novel Synchronous Ultrasound Parallel Beam Technology for Body Contouring VIRGINIA BENITEZ ROIG	
10.15	Non-Surgical Body Contouring ARASH MORADZADEH	
10.30	Body Shaping Up To Date MOSHE LAPIDOTH	
10.45	Middle East Butt Contouring MOHAMED ABOZEID	
	Questions & Answers	
	11.00 - 11.45 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION	N
11.45	/// WHAT'S NEW IN AESTHETIC DERMATOLOGY & SURGERY?	
Moderat	ed by patricia k. farris & milton waner	
11.45	New Updates on Fat Reduction	
11.55	Dermapen Uses in Dermatology AMIN MOHAMED AMER	
12.05	Current Approach for Vascular Lesions	
12.15	MOSHE LAPIDOTH Laser Treatment of Congenital Vascular Lesions MILTON WANER	
12.15 12.25	MOSHE LAPIDOTH Laser Treatment of Congenital Vascular Lesions	
	MOSHE LAPIDOTH Laser Treatment of Congenital Vascular Lesions MILTON WANER New Aesthetic Trends from Asia	
12.25	MOSHE LAPIDOTH Laser Treatment of Congenital Vascular Lesions MILTON WANER New Aesthetic Trends from Asia JANE YOO Ultrasound Imaging: Is It the Holy Grail for Dermal Fillers?	
12.25	MOSHE LAPIDOTH Laser Treatment of Congenital Vascular Lesions MILTON WANER New Aesthetic Trends from Asia JANE YOO Ultrasound Imaging: Is It the Holy Grail for Dermal Fillers? ANOOB PAKKAR-HULL Hyaluronic Acid Fillers-Pearls	
12.25 12.35 12.45	MOSHE LAPIDOTH Laser Treatment of Congenital Vascular Lesions MILTON WANER New Aesthetic Trends from Asia JANE YOO Ultrasound Imaging: Is It the Holy Grail for Dermal Fillers? ANOOB PAKKAR-HULL Hyaluronic Acid Fillers-Pearls MARITZA KUMMERFELDT Trending Ingredients in Topical Skincare	
12.25 12.35 12.45 12.55	MOSHE LAPIDOTH Laser Treatment of Congenital Vascular Lesions MILTON WANER New Aesthetic Trends from Asia JANE YOO Ultrasound Imaging: Is It the Holy Grail for Dermal Fillers? ANOOB PAKKAR-HULL Hyaluronic Acid Fillers-Pearls MARITZA KUMMERFELDT Trending Ingredients in Topical Skincare PATRICIA K. FARRIS Third Generation TESS (Tissue Engineering Suspension System) Scaffold: The Revolution in Advanced Non-Surgical Facelift MARIA ESTHER PRADA MAZZI Peri-Oral Combination Rejuvenation	
12.25 12.35 12.45 12.55 13.05	MOSHE LAPIDOTH Laser Treatment of Congenital Vascular Lesions MILTON WANER New Aesthetic Trends from Asia JANE YOO Ultrasound Imaging: Is It the Holy Grail for Dermal Fillers? ANOOB PAKKAR-HULL Hyaluronic Acid Fillers-Pearls MARITZA KUMMERFELDT Trending Ingredients in Topical Skincare PATRICIA K. FARRIS Third Generation TESS (Tissue Engineering Suspension System) Scaffold: The Revolution in Advanced Non-Surgical Facelift MARIA ESTHER PRADA MAZZI Peri-Oral Combination Rejuvenation JOEL COHEN	
12.25 12.35 12.45 12.55 13.05 13.15	MOSHE LAPIDOTH Laser Treatment of Congenital Vascular Lesions MILTON WANER New Aesthetic Trends from Asia JANE YOO Ultrasound Imaging: Is It the Holy Grail for Dermal Fillers? ANOOB PAKKAR-HULL Hyaluronic Acid Fillers-Pearls MARITZA KUMMERFELDT Trending Ingredients in Topical Skincare PATRICIA K. FARRIS Third Generation TESS (Tissue Engineering Suspension System) Scaffold: The Revolution in Advanced Non-Surgical Facelift MARIA ESTHER PRADA MAZZI Peri-Oral Combination Rejuvenation JOEL COHEN Questions & Answers	
12.25 12.35 12.45 12.55 13.05	MOSHE LAPIDOTH Laser Treatment of Congenital Vascular Lesions MILTON WANER New Aesthetic Trends from Asia JANE YOO Ultrasound Imaging: Is It the Holy Grail for Dermal Fillers? ANOOB PAKKAR-HULL Hyaluronic Acid Fillers-Pearls MARITZA KUMMERFELDT Trending Ingredients in Topical Skincare PATRICIA K. FARRIS Third Generation TESS (Tissue Engineering Suspension System) Scaffold: The Revolution in Advanced Non-Surgical Facelift MARIA ESTHER PRADA MAZZI Peri-Oral Combination Rejuvenation JOEL COHEN	N

CONTINUE ON THE NEXT PAGE..

Scientific Program - Lectures — •25



JUNE 3, 2023 /// AUDITORIUM II

Program, times and rooms subject to changes.

15.15 - 15.45 /// MARKETING SESSION

How to Scientifically Create the Best Brand for Your Aesthetic Practice

- Learn the Fundamental Science behind Branding
- What are the Elements of a Great Brand?
- How does your Brand Impact your Website? Content, and more?
- How do I measure Brand Impact and Success?
- How does an Al Future Impact my Brand?



/// PLANNING FOR THE FUTURE: STRATEGIES FOR GETTING YOUR PRACTICE READY FOR THE NEXT STAGE

Moderated by wendy Lewis

15.45 Panel Discussion

VIVIAN BUCAY, TED LAIN, JANE YOO, AMY TAUB & MAURICE ADATTO

Questions & Answers



/// COSMECEUTICALS

Moderated by TED LAIN & VIVIAN BLICAY

vioderat	ed by ted lain & vivian bucay	
17.15	The Skincare Frontier: Focus on Cellular Senescence TED LAIN	
17.25	Trending Ingredients in Cosmeceuticals VIVIAN BUCAY	
17.35	Cosmeceutics in Young People - Daily Skincare VANESA PIQUERO-CASALS	
17.45	Cosmeceuticals: My Favorite Skincare ELIZABETH B. HOUSHMAND	
17.55	Get Glowing! Boosting Skin Quality Care MEDHAT ABDELMALEK	
18.05	Exosomes – What Are They All About? MICHAEL H. GOLD	
18.15	Questions & Answers	
18.30	/// END	



Saturday
JUNE 3, 2023 /// AUDITORIUM III

Program, times and rooms subject to changes.

0.00		. DERMATOLOGY	ACNIE
9.00	/// WEDICAL	. DEKINAI OLOGI	- ACNE

Moderated by Daniel Mimouni

9.00	1726 nm Laser for Treatment of Acne: Long Term Follow-up Data
	CHRISTINE DIERICKX
9.10	Acne Scars – No Pain yet a lot of Gain - New Combinations for Safer $\&$ Better Outcome ${\tt LEHAVIT\ AKERMAN}$
9.19	Update in Acne and Acne Scarring Treatments JAIMIE GLICK

9.28 Active Acne & Acne So

Active Acne & Acne Scars
LIZA MKHITARYAN

9.37 Back Acne - Review and Current Treatment Modalities

EFRAT SOLOMON COHEN

9.46 Multi-Modality Approaches with Exosomes for Hard-To-Treat Acne Scars

SHANTHALA SHIVANANJAPPA

9.55 Questions & Answers

10.00 /// MEDICAL DERMATOLOGY - PIGMENTATION

Moderated by Daniel Mimouni

10.00	Hyperpigmentation and Melasma: Combination Therapies CHERI FREY
10.10	Intradermal TXA in Melasma - A New Road? ASEEM SHARMA
10.20	PIH & Misegentation HÉCTOR LEAL SILVA
10.30	Optimizing Q-switched Laser for Pigmentary Conditions in Skin of Color ATULA GUPTA
10.40	Biostimulatory Injectables: Combination Uses with Energy-Based-Devices (EBDs) for Skin Quality MELISSA KANCHANAPOOMI LEVIN - VIDEO LECTURE
10.50	Questions & Answers

10.50 Questions & Answers

11.00 - 11.45 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION

11.45 /// MEDICAL DERMATOLOGY - INFLAMMATORY SKIN DISEASES

Moderated by Carmen Sălăvăstru

-	11.45	Autoimmune Bullous Diseases in Children: Systemic Therapy CARMEN SĂLĂVĂSTRU
	12.05	Genital Psoriasis: Clinical Manifestations and Update on Treatment GEORGE SORIN TIPLICA - VIDEO LECTURE
	12.25	Lasers and Psoriasis MARK NESTOR
	12.45	Atopic Dermatitis as a Systemic Disease ADELINA-MARIA SENDREA - VIDEO LECTURE
	13.05	Nutrition and Skin Disease - What Is the Evidence? CARMEN CASTILLA
	13.25	What's New in the Treatment of Skin Rare Diseases? CARMEN SĂLĂVĂSTRU

Questions & Answers

(I) 13.45 - 14.45 /// LUNCH BREAK IN THE INDUSTRY EXHIBITION

CONTINUE ON THE NEXT PAGE..

Scientific Program - Lectures — •27



JUNE 3, 2023 /// AUDITORIUM III

Program, times and rooms subject to changes.

14.45 /// MEDICAL DERMATOLOGY - INFLAMMATORY SKIN DISEASES

Moderated by Carmen Sălăvăstru & Michael H. Gold

14.45	New Devices for Acne and Rosacea MICHAEL H. GOLD
15.00	Update on Hidradenitis Suppurativa TRASYVOULOS TZELLOS - VIDEO LECTURE
15.15	Where Do We Stand with HS Treatment? - Do You Agree with this? KRISTIAN REICH - VIDEO LECTURE
15.30	Stability in Vitiligo – Controversies & Current Recommendations MADHULIKA MHATRE

Questions & Answers

15.45 /// MEDICAL DERMATOLOGY - SKIN TUMORS

Moderated by Carmen Sălăvăstru & Klaus Fritz

15.45	Can Lasers Treat Non Melanoma Skin Cancer SEHER EREN & KLAUS FRITZ
16.10	Use of Ruxoltinib in Cutaneous Gamma Delta T Cell Lymphoma NAIEM T. ISSA
16.30	Nail Tumors TBA

Questions & Answers

6.45 - 17.15 /// COFFEE BREAK IN THE INDUSTRY

17.15 /// MEDICAL DERMATOLOGY - ALOPECIA

Moderated by andy goren

17.15	Novel Topical Booster Enhances Follicular Sulfotransferase Activity in Patients with Androgenetic Alopecia: A New Strategy to Improve Minoxidil Response ANDY GOREN
17.25	Alopecia and Hair Care for Kinky Coily Hair CHERI FREY
17.35	Scarring + Nonscarring Alopecia in Women VALERIE CALLENDER

NICOLE CHIANG 17.55 Combination Approach for Androgenetic Alopecia ROBERT FINNEY 18.05 Platelet Rich Plasma in Alopecia - Does It Work? ASEEM SHARMA

Medical Treatments for Androgenetic Alopecia

18.15 Questions & Answers

18.30 /// **END**



Saturday

JUNE 3, 2023 /// AUDITORIUM IV

Program, times and rooms subject to changes.

/// ARTIFICIAL INTELLIGENCE & INNOVATIONS

Moderated by Cheryl Burgess

9.00	Artificial Intelligence in Dermatology	
	CHERYL BURGESS	

9.09 From Pixels to Perfection: Harnessing Al for Cutting-Edge Beauty Solutions

9.18 Artificial Intelligence in Hair Transplant

RAHUL PILLAI - VIDEO LECTURE

Al and Aesthetics 9.27

JANE YOO

A.I. & Wound Healing 9.36 NAIEM T. ISSA

Looking Back: Innovations that Failed

KLAUS FRITZ

9.55 **Questions & Answers**

/// PREJUVENATION: APPROACH TO THE YOUNG COSMETIC PATIENT 10.00



Moderated by Brian Hibler

10.00	Prejuvenation: A Preventative Approach to Anti-Aging BRIAN HIBLER
10.05	Social Media and Growing Demand for Prejuvenation DIALA HAYKAL

10.15 Skin Quality Treatment: Starting Early Makes a Difference TINGSONG LIM

Understanding Skin Aging and Skin Rejuvenation: A Lesson from Non-Invasive Skin Imaging

STEFANIA GUIDA - VIDEO LECTURE

10.35 Prejuvenation with Products: Building a Skincare Routine

JANELLE NASSIM

10.25

Injecting the Naive Face ANTHONY ROSSI

10.55 **Ouestions & Answers**

11.00 - 11.45 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION

/// SKIN OF COLOR IN COLLABORATION WITH SOCS

The SKIN OF COLOR SOCIETY (SOCS) was established in 2004 by Susan C. Taylor, M.D. It's purpose is to promote awareness of and excellence within the area of special interest of dermatology - skin of color. The Society is committed to the education of health care providers and the general public on dermatologic health issues related to skin of color. The Society supports research and other activities that impact individuals with skin of color. Partnerships with dermatologists from the national and international communities, professional medical organizations, and community, corporate and industry groups will ensure our success in serving all individuals with skin of color. We invite you to join us in this important endeavor. www.skinofcolorsociety.org



Moderated by Susan Taylor & Valerie Callender

Questions & Answers

11.45	Skin of Color: New Approaches susan taylor
11.55	Sequential Chemical Peels in Skin of Color OGE ONWUDIWE
12.05	Avoiding Cosmeceutical Pittfalls in Skin of Color Patients SUSAN TAYLOR
12.15	Post Procedure Considerations for Patients with Skin of Color VALERIE CALLENDER

CONTINUE ON THE NEXT PAGE..

Scientific Program - Lectures — •29



JUNE 3, 2023 /// AUDITORIUM IV

Program, times and rooms subject to changes

12.45 /// AESTHETIC SURGERY

Moderated by Jonathan Kantor & Diane Duncan

Three-Dimensional Facial Anatomy for Cosmetic Surgeons

JONATHAN KANTOR

12.57 Surgical Facial Reanimation

TERESA O

13.09 Update on Scarless Breast Lifting for Men and Women

DIANE DUNCAN

New Solutions for Neuropathic Facial Pain after Aesthetic Treatments 13.21

ERNESTO DELGADO CIDRANES

13.35 **Questions & Answers**

13.45 - 14.45 /// LUNCH BREAK IN THE INDUSTRY EXHIBITION

/// LASER COMPLICATIONS

Moderated by Khalil Khatri & Hugues Cartier

Laser Complications: What I Learned from My Patients

KHALIL KHATRI

15.00 The Complications of Picosecond Lasers and Management

SKY WONG

15.15 Peripeteia and Complications of a Laserist

HUGUES CARTIER

15.30 **Questions & Answers**

/// FILLER COMPLICATIONS IN COLLABORATION WITH IS AC 15.45

The INTERNATIONAL SOCIETY FOR AESTHETIC COMPETENCE (IS4AC) is a working group of the DGAuF, Deutschsprachige Gesellschaft für Aesthetische Medizin und Fortbildung e.V. (Germanspeaking Society for Aesthetic Medicine and Education). It deals with the topic of side effects in aesthetic injections. The goal is to exchange information and experience in a European way, to establish an international treatment approach to avoid side effects and to develop general treatment algorithms to deal with side effects. In addition, the working groupshould promote and intensify international exchange on this topic.



Moderated by Tanja Fischer

IS⁴AC World Wide Work: Next Steps for More Safety in Aesthetics

TANJA FISCHER

15.55 Filler Complications: Diagnosis and Treatment

PETER VELTHUIS

Filler Vascular Complications: How to Avoid and Treat Occlusion and Related Outcomes

DANIEL BELKIN

16.15 Understanding and Treating Filler Necrosis

JOEL COHEN

Nodules and Post-Injection Oedema after Filler Injections

LEONIE SCHELKE

16.35 Case Report Blindness: Do We Really Know What to Do?

TANJA FISCHER

Questions & Answers

16.45 - 17.15 /// COFFEE BREAK IN THE INDUSTRY EXHIBITION

/// OPTIMIZING THE USE OF LASERS AND LIGHTS IN SKIN OF COLOR



Moderated by Douglas wu

- Optimizing Picosecond Laser for Skin of Color: Clinical Applications 17.15 DOUGLAS WU
- Use of the 1550 nm Erbium-doped and 1927 nm Thulium Nonablative Fractional Laser System in Skin of Color

JANELLE NASSIM

- 18.15 Ouestions & Answers
- /// END 18.30

Scientific Partner Symposia

Sunday

JUNE 4, 2023 /// AUDITORIUM III

Program, times and rooms subject to changes.

/// SCIENTIFIC PARTNER SYMPOSIUM in Collaboration with IMCAS

Light & Shadows Tears Trough

Moderated by Thomas RAPPL

Feliorbilar Skirl Laxity. Laser
BRADLEY BLOOM
Tears Trough Are not only a Problem of Circle: Think Different

Pariarbital Skin Lavity: Lacar

- 9.28 Fillers for Tear Troughs TINGSONG LIM
- 9.42 Dark Circle: My Way HUGUES CARTIER
- Toxin and Periorbital Area: A Success Story Avoiding Pitfalls ARNAUD LAMBERT
- Malar Edema, AH and Ultrasound 10.10 LEONIE SCHELKE
- 10.24 Questions & Answers and IMCAS Alert Presentation by Hugues Cartier



/// SCIENTIFIC PARTNER SYMPOSIUM in Collaboration with DASIL

The Mission of the Dermatology, Aesthetics, and Surgery International League (DASIL) is to create a global community for the open exchange of knowledge and innovation by physicians specializing in Dermatologic and Aesthetic Surgery. Through their ongoing educational activities and by establishing a higher standard of care, people living around the world will benefit from safer, more effective dermatologic and aesthetics treatments.



Moderated by Héctor Leal Silva

- Combining Devices for Integral Rejuvenation of the Face and Neck HÉCTOR LEAL SILVA
- 11.45 Efficacy and Safety of Triple Wavelength Laser Hair Reduction in Skin of Colour ATULA GUPTA
- Rejuvenation Beyond the Face: Neck and Chest 12.00 ZAMIRA YANINÉ
- Combination Therapy for Double Chin PETER PENG - VIDEO LECTURE

12.25 Questions & Answers

12.30 - 13.30 /// TEACHING COURSE

Anti-Aging Medicine PATRIŽIA ANNA D'ALESSIO

For most practitioners as well as patients and / or subjects caring about preventive medicine, keen to maintain their lifestyle and fitness levels, anti-aging medicine has become far too complicated, mixing up concepts of healthspan and longevity, whereby the aim to maintain one's functional "intrinsic" capacity seems more a matter of boosting one's vitality than the adoption of med-cosmetic protocols.



This learned and well documented course will encompass various areas from the molecular biology of aging up to geroscience and pre-frailty issues allowing:

- To make the difference between concepts and their reference models;
- To understand which anti-aging strategy is belonging to which conceptual model;
- To distinguish between strategic options when it comes to enhance the chances to slow down aging;
- To enhance the patients / customers experience in what remains a long journey;
- To respect the new generations aim not to age at all.

13.30 - 14.00 /// LUNCH BREAK IN THE FOYER

14.00 **/// END**

Scientific Partner Symposia



JUNE 4. 2023 /// AUDITORIUM IV

Program, times and rooms subject to changes

9.00 - 16.00 /// SCIENTIFIC PARTNER SYMPOSIUM in Collaboration with DALA/ELA

The Dutch Aesthetic Laser Association (DALA) is proud to announce that it will organize the yearly conference of the European Laser Association (ELA) on June 4, 2023. Both DALA and ELA have the objective to bring together and educate all medical professionals interested in laser applications. This year's event will be hosted on the final day of the 5CC World Congress in Lisbon.

The program offers the latest scientific developments on actual topics. There will be in depth coverage of treatment of tattoos, dermatological problems seen in patients with tattoos and the changing views of tattoo ink safety by Prof. Dr. Thomas Rustemeyer, Dr. Sebastiaan van der Bent and Dr. Peter Velthuis. Also discussed will be the exiting new topic of microbiome, it's role in skin physiology and pathophysiology by Dr. Claudia van der Lugt and Dr. Frank Niessen. The potential role in skin health and disease of the very much underrated photobiomodulation devices will be reviewed by Prof. Dr. R. Glen Calderhead. Prof. Dr. Ruud Verdaasdonk will discuss physics and tissue interaction of lasers and energy based devices using newly developed methods. DALA is a nonprofit organization founded in the Netherlands.



/// TATTOOS 9.00

Moderated by HAYRI HORTOGLU

- 9.00 Tattoos: Impact of Changes in European Legal Rules THOMAS RUSTEMEYER - VIDEO LECTURE
- Tattoos: Allergies and other Medical Complications
- SEBASTIAAN VAN DER BENT
- 10.30 Lasers & Tattoos PETER VELTHUIS



/// MICROBIOME

Moderated by Peter Velthuis

Microbiome and Wound Healing

I see it as my challenge and passion to create form and harmony in scars together with a good balance between inside and outside for a good recovery.

Don't Ignore the Invisible Skin when Treating Skin Inflammation with LBD and EBD

A healthy skin starts with a well balanced intestinal microbiome. Inflammations such as rosacea, acne, eczema, dematitis and impaired wound healing can be treated with LBD and EBD but the longterm result will be better if the intestinal imbalance is treated simultaneously. What is the impact of nutrition, pre and probiotics on skin problems and how to make a choice what to advice your client?

CLAUDIA VAN DER LUGT

13.00 - 14.00 /// LUNCH BREAK IN THE FOYER

/// LASER & ENERGY BASED DEVICE

Moderated by Claudia van der Lugt

- Methods to Measure Tissue Impact of Laser & Energy Based Device RUUD VERDAASDONK
- LED Therapy: Clinical Directions and all Points North
 - R. GLEN CALDERHEAD
- 15.30 Complications
 - CLAUDIA VAN DER LUGT

16.00 /// END

Scientific Partners

WE ARE PROUD OF THE ONGOING COOPERATION WITH OUR 5CC SCIENTIFIC PARTNERS IN 2023.















































































The 5-Continent-Congress is comprised of an international group of highly acclaimed dermatologists and plastic surgeons who are key opinion leaders in their fields.

It is a highly scientific conference dedicated to innovations and controversies in the field of medical dermatology and aesthetic medicine accompanied by an extensive pre- and postconference program.



Advances in medical dermatology; injectables for aesthetic and medical use; cosmetic and aesthetic energy-based devices; aesthetic gynecology; practice management and digital marketing; and the hot topic artificial intelligence and deep learning in dermatology and aesthetic medicine will be presented and discussed by an international world-class faculty.

Industry Partner Symposia & Media Partners •33

Thursday June 1, 2023 /// AUDITORIUM II

Program, times and rooms subject to changes

SCITON

BECAUSE RESULTS MATTER

17.00 - 17.30 /// INDUSTRY SYMPOSIUM

Moderated by MICHAEL H. GOLD

Broadband Light powered by HERO

Full-body Skin Revitalization with BBL HERO by Sciton

MICHAEL H. GOLD, JOEL COHEN & ARNAUD LAMBERT

Questions & Answers

Friday June 2, 2023 /// AUDITORIUM II

15.45 - 16.45 /// INDUSTRY SYMPOSIUM I

Moderated by angeliki voutsina & michael H. gold

40 Years Shaping the Future of Anti-Aging MICHAEL H. GOLD & ANGELIKI VOUTSINA



Questions & Answers

Saturday June 3, 2023 /// AUDITORIUM II

14.45 - 15.15 /// INDUSTRY SYMPOSIUM II

Moderated by Tahl Humes & Arash Moradzadeh

Evaluating a Multi-Depth Approach to Skin Revitalization Treatments ARASH MORADZADEH

15.00 A Highly Tailored & Targeted Approach to Non-Surgical Body Sculpting Treatments TAHL HUMES



Questions & Answers

Media Partners

































Floorplan





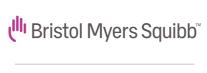
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Ashish Bhatia, MD Oak Dermatology

cooling Nd: YAG laser

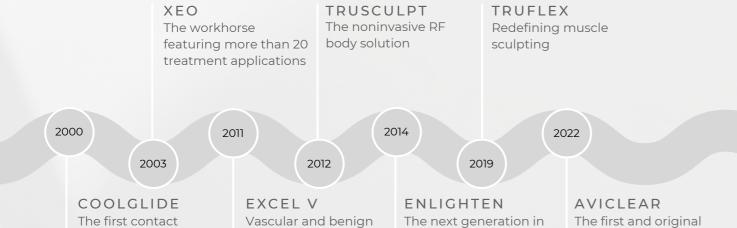
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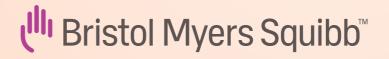
acne severities

America



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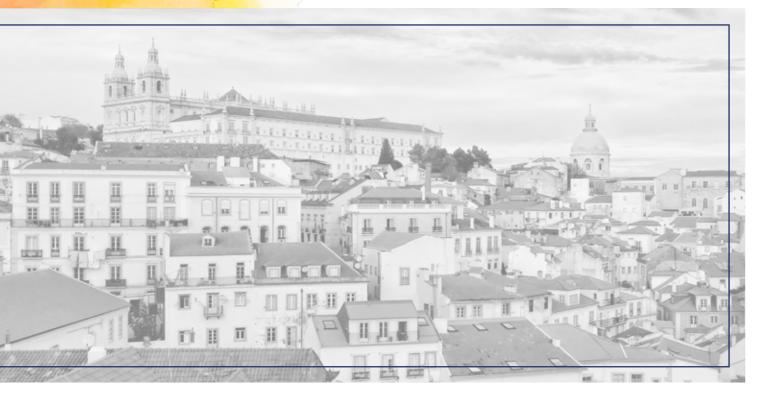
City & Travel Information

/// CONGRESS VENUE

LISBON CONGRESS CENTRE

PRAÇA DAS INDÚSTRIAS 1, 1300-307 LISBOA - PORTUGAL

LISBONVENUES.PT/EN/ LISBON-CONGRESS-CENTER



LISBON

Lisbon is the stunning capital and also the largest city of Located only 7 km from the downtown, Lisbon's airport (LIS) also only one along the Atlantic coast. Lisbon is recognised as a glotainment, international trade, commerce, education and tourism. flight to Lisbon Airport LIS. A city full of authenticity where old customs and ancient history intermix with cultural entertainment and hi-tech innovation, where — AIRPORT TRANSFER the sun shines 290 days a year and the temperature rarely drops In order to arrange your transport from Lisbon airport to your hotel below 15° C.

After all, Lisbon is famous for its hospitality and the family-like way it welcomes visitors.

For the first time in 2023, this impressive city will give our meeting an appropriate framework to welcome physicians and key opinion leaders from all five continents to the leading conference on medical dermatology; injectables for aesthetic and medical use; cosmetic and aesthetic energy-based devices; aesthetic gynecology; practice management and digital marketing; and artificial intelligence and deep learning in dermatology and aesthetic medicine.

FLYING TO LISBON

Portugal. It is mainland Europe's westernmost capital city and the known as Lisbon Humberto Delgado or Portela Airport is the international airport of Lisbon and one of the largest airports in Southern bal city because of its importance in finance, arts, media, enter- Europe. Several national and international airlines offer non-stop

or to the conference venue (approx. 20 - 30 min.) you can choose between different options: public airport transfer, taxi or private

City & Travel Information



TAXI

You can always find a taxi at the airport, normally queueing outside the departures and arrivals terminals. As the city centre is very close by, taxis are a rather affordable transportation option. Taxis can be also booked in advance with at www.lisbon-airport. com/secure-taxi-booking.html



The Lisbon Airport has a Metro (subway) station with a direct line to the city centre. The ,Aeroporto - Saldanha' line takes you to downtown Lisbon in about 20 minutes. The Metro network will allow you to move around the city at ease. It is a quick and inexpensive way to get around, plus you will get to see Lisbon's subway stations - each with its own theme and décor.

Several bus lines stop at the airport arrivals terminal, taking you to different parts of the city. The two main ways to travel from the airport by bus are city buses and the Aereobus shuttle.



Registration Information

REGISTRATION

Online registration is the most preferred way. Should you be unable to submit your registration online, please contact carina_schorling@ logi-vent.de. To avoid double charges, please submit your registration only once.

In general, the registration fee for delegates

- · Admission to scientific sessions, masterclasses, training courses, scientific partner sessions and industry symposia
- Admission to the industry exhibition
- Access to 5CC ON AIR

For further details, please refer to the comprehensive registration information on logi-vent.congress-registration.com

Registration will be confirmed only upon complete payment of the delegate fee and other services booked. On-site registrations can be paid by credit cards and cash during the opening hours of the registration desk. All discounted registrations (student / resident / fellow / RN / clinic staff / delegate from developing country / accompanying person) must be supported by a valid proof of status.

REFUND & NAME CHANGE POLICY

Upon registration for 5CC, you accept the follow-ing cancellation policy: We will refund 80% of the registration fee, if written cancellation reaches Logi-Vent GmbH before January 31, 2023. We will refund 50% of the registration fee, if cancellation reaches Logi-Vent GmbH before April 30, 2023. No refunds from May. 1, 2023.

Name changes can be made with a € 30 processing fee until April 30, 2023. No name changes after May 1, 2023. In the case that your visa should be declined, we do not offer a refund for the registration fee, but will gladly apply the registration towards the next 5CC conference.

CONFIRMATION & **PAYMENT**

Upon receipt of the full payment, a confirmation will be sent to participants. This authentication should be presented along with a photo ID at the registration desk on-site.

Payment should be made in Euro, without charges for the beneficiary as follows:

- By credit card (MasterCard, Visa, AMEX): the card holder's name, card number, expiry date and CCV number must be indicated during the registration
- By bank transfer
- On-site payments can be made with credit card and in cash
- Please note: cheques will

DISCLAIMER

Logi-Vent GmbH acts as an intermediary and is not responsible or liable for loss. accidents or damages to people or things during the entire congress independently of their origin. Any other agreement will only be effective if in writing and signed by both

Logi-Vent GmbH shall not be liable hereunder on whatsoever legal basis by reason of any cancellation of all or part of the event or by reason of any termination of all or part of the event ahead of schedule on account of any cause that is beyond the reasonable control of Logi-Vent GmbH (including, but not limited to, pandemics, terrorist attacks, general and labor strikes, invasions, hostilities, war, rioting or similar situations, administrative orders from national or local authorities (such as lockdown and guarantine measures, immigration and transporting restrictions), and acts of nature (such as fires, floods, extreme weather), or other emergencies.

FOR FAQ'S AND **KEY DATES**

please visit www.5-cc.com/ en/2023/about/faq



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Register here!

https://bit.ly/5cc-registration2023			
	EARLY BIRD by April 20, 2023	REGULAR by May 20, 2023	LATE RATE after May 2, 2023
FULL CONFERENCE PASS			
MEMBER	€ 300	€ 350	€ 400
NON-MEMBER	€ 390	€ 440	€ 500
DISCOUNTED	€ 150	€ 175	€ 200
DAY TICKET			
THURSDAY FRIDAY SATURDAY SUNDAY			
MEMBER	€ 245	€ 270	€ 300
NON-MEMBER	€ 245	€ 270	€ 300
DISCOUNTED	€ 245	€ 270	€ 300

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