

13th 5CC WORLD CONGRESS

www.5-cc.com

CONFERENCE PROGRAM



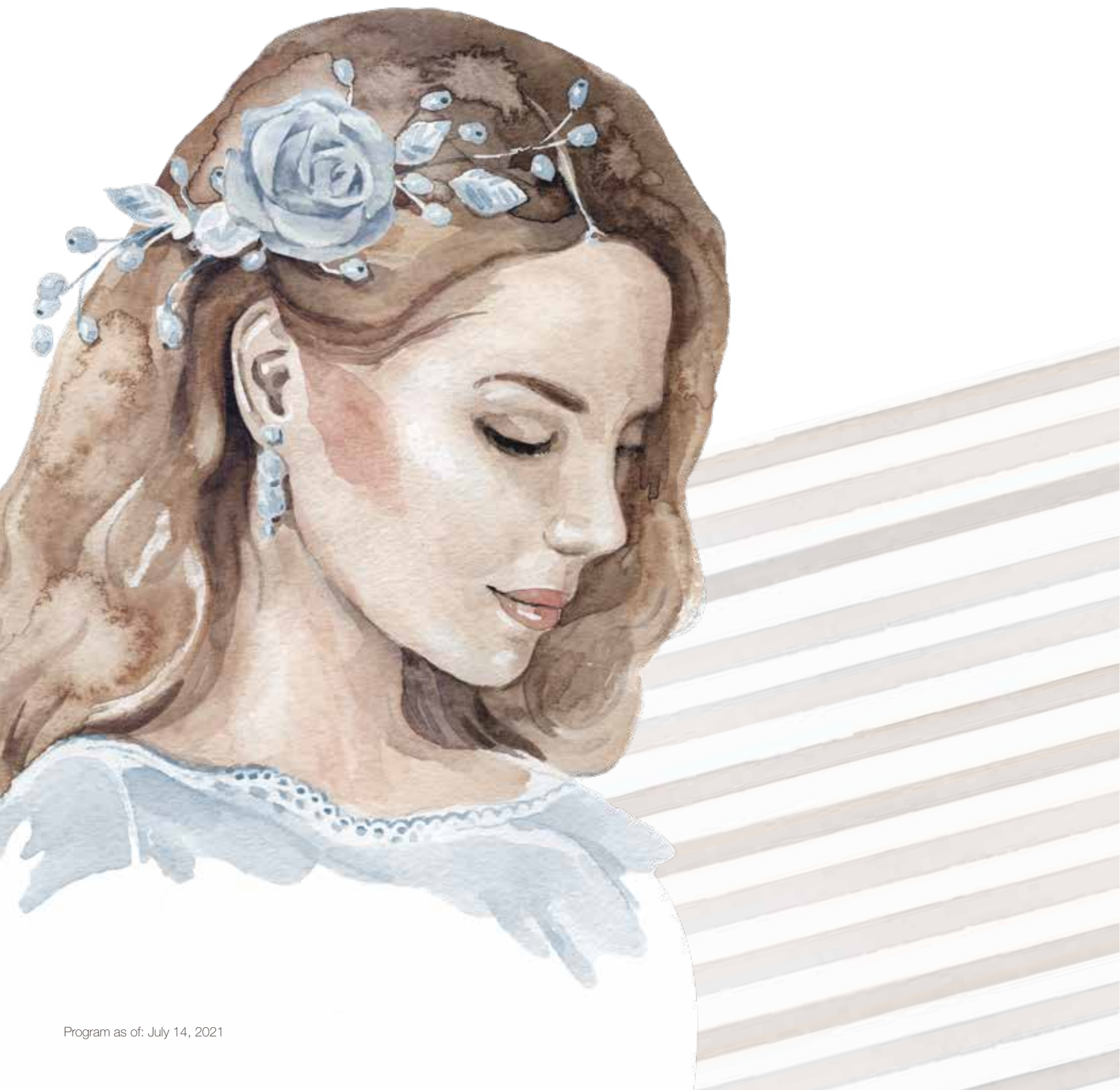
SEPTEMBER
4 - 5, 2021

Virtual

The BOUTIQUE
INTERNATIONAL
CONFERENCE ON

- /// Medical Dermatology
- /// Injectables for Aesthetic & Medical Use
- /// Aesthetic Gynecology
- /// Cosmetic & Aesthetic Energy-based Systems
- /// Practice Management & Digital Marketing

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Dear COLLEAGUES,

2020 has been a year of great challenge. As a pathway out of the pandemic starts to emerge, we find ourselves in a new world, with new ways to learn, new ways to work, and new ways to connect.

Fortunately, the vaccination process speeds up in many parts of the world and we are all curious when we can have international in-person meetings again. However, the current situation in Europe is unstable and there are still a lot of travel restrictions, self isolation rules and stay-at-home orders and it is not foreseeable when this situation will change. This and other factors let us come to the conclusion to switch the 5CC World Congress this year from an on-site meeting in Barcelona to a two-day virtual event.

/// 13TH 5CC WORLD CONGRESS IS GOING VIRTUAL

The virtual edition of 5CC in 2020 was a huge success. We reached more awareness than ever and held one of the best virtual meetings in the aesthetics world. We are absolutely convinced that we can

do this again and made the decision that a two-day virtual 5CC is the best and most responsible way to let the meeting happen in 2021 and bring the #5CCfamily together.

We believe in the power of convening people, whether virtually or in person. Staging 5CC virtually also this year will help us adhere to our commitment to keeping our participants, faculty members, industry partners, and their home communities safe while making the conference experience accessible to a much bigger, national, and global audience. We now fixed the date from **SATURDAY, SEPTEMBER 04 TO SUNDAY, SEPTEMBER 05, 2021.**

„What is necessary to succeed in a post-COVID-19 world?“ 13th 5CC World Congress: Virtual will discuss this and more questions through all facets of our ever-changing field, including medicines for the skin; injectables and threads; lasers and EBDs; skincare; anti-aging; aesthetic gynecology; business and marketing; and the hot topic artificial intelligence in medicine. We'd love to hear from you if you'd like to partner or speak on any of these.

This year will also see the return of some of our most popular features:

- Interactive discussions of cases and complications
- Expert business panels that will help you survive/thrive in these challenging times and prepare for future pandemics
- An extraordinary breadth of content and topics

/// PARTICIPATE FROM EVERYWHERE IN THE WORLD

13th 5CC World Congress: Virtual will enable delegates to access and engage with the latest science, advocacy, and knowledge on dermatology and aesthetic medicine, traditionally presented at the conference – regardless of where they are in the world. It will be a compelling combination of virtual sessions and community networking, including exhibitions, video demonstrations, and industry symposia. And participants will be able to instantly jump from one topic to another as you explore and seek out the best sessions for you at any moment in time.

2022 will be a whole different story and we all can't wait to meet again in beautiful Barcelona, but we are also sure doing the 13th edition virtual is the right decision to have a forward-thinking gathering of the leading minds and game-changers in dermatology and aesthetics together with you.

On behalf of the Board of Directors of the 5CC, we very much look forward to welcoming you and your team to 5CC 2021 – THE boutique international conference in medical dermatology and aesthetic medicine.

Best regards

Michael H. Gold

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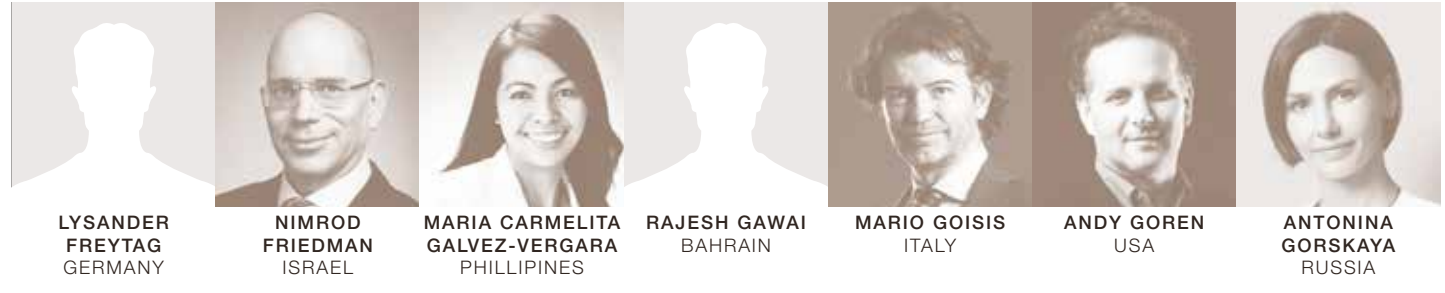
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ALINA FRATILA
GERMANY



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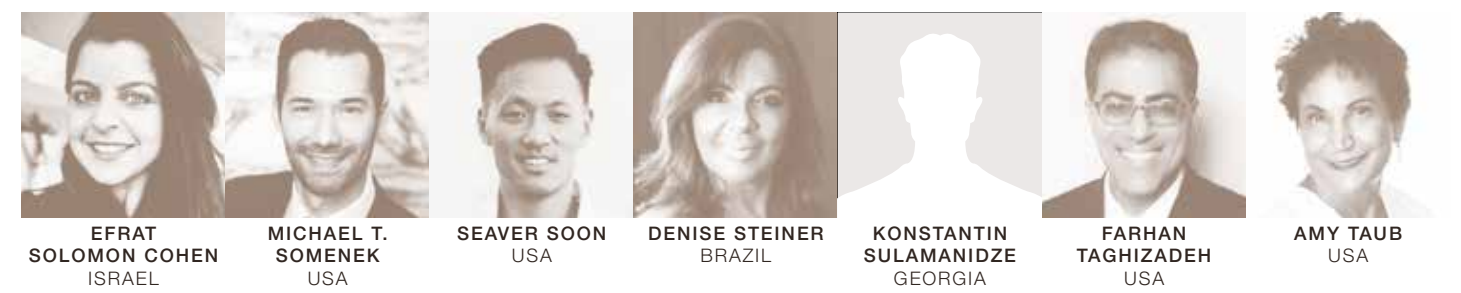
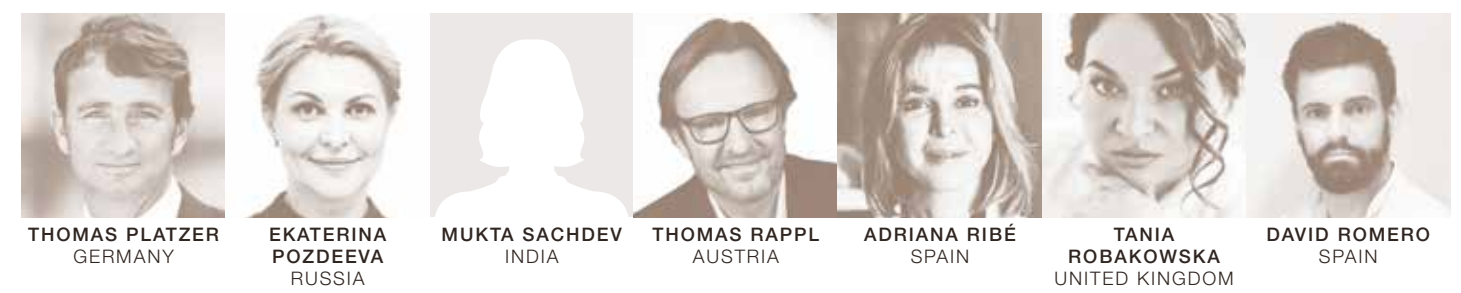
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 FARHAN TAGHIZADEH USA
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 CARLOS WAMBIER BRASILIA
 MILTON WANER USA
 CHAO-CHIN WANG TAIWAN

Scientific Program AT A GLANCE

Saturday

SEPTEMBER 4, 2021

Program, times and rooms subject to changes.

VIRTUAL CONFERENCE AND EXHIBITION			
	ROOM 118	ROOM 119	ROOM 131
9.00	Zoom Boom, #Quarantine15 & The Mask Effect – How Covid Has Changed the Face of Aesthetic Medicine	SCIENTIFIC PARTNER SESSION Skin Health and Beyond in collaboration with PAPSHPI	SCIENTIFIC PARTNER SESSION Skincare & Home Use Devices in collaboration with HUD
10.30		/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE
11.00	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	Current and Future Applications of Toxins	SCIENTIFIC PARTNER SESSION
11.30	Get Ready! Generation Z Entering the Market		SCIENTIFIC PARTNER SESSION
12.00			Update of Intimate Treatments in collaboration with ISRAIT
12.30	SCIENTIFIC PARTNER SESSION	SCIENTIFIC PARTNER SESSION	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE
13.00	Thread Lifting – The Sky Is the Limit! in collaboration with KOLKHIDA	Mesotherapy in Aesthetic Medicine & Dermatology in collaboration with SoMUK	
13.30	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	Scar Wars in collaboration with SCARS
14.00	MEDICAL BUSINESS EXPERT PANEL WITH WENDY LEWIS	Beauty Around The World	
14.30	The Digitized Aesthetics Practice: From Telemedicine to TikTok		
15.00	Pearls for Getting the Most From Your Social Media Presence	Video Demonstration	SCIENTIFIC PARTNER SESSION
16.00	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	Aesthetic Surgery Hacks – From Head to Toe	
16.30	Daddy Do-over & the Rise of Men's Procedures		/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE
17.00		5CC GLOBAL TRENDS & EMERGING TECHNOLOGIES FORUM	
17.30	Controversies in Dermatology and Aesthetic Medicine	SCIENTIFIC PARTNER SESSION	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE
17.45		Understanding, Preventing & Treating Aesthetic Complications in collaboration with IS ⁴ AC	
18.00			
19.30			



Sunday

SEPTEMBER 5, 2021

Program, times and rooms subject to changes.

VIRTUAL CONFERENCE AND EXHIBITION			
	ROOM 118	ROOM 119	ROOM 131
9.00	Facing the Future of Facial Rejuvenation – Full-face & Upper Face	Beyond Aesthetics – Energy-based & Alternative Therapies for Acne and Rosacea	SCIENTIFIC PARTNER SESSION
10.00		Beyond Aesthetics – Lights and Lasers for Skin Conditions	Anti-aging Update 2021 in collaboration with GSAAM & IMAAC ZIYALAN
10.30	Facing the Future of Facial Rejuvenation – Midface, Lower Face & Neck	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	SCIENTIFIC PARTNER SESSION
11.00			TBA in collaboration with IMCAS
11.30		/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	
12.00	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	Better Together – Winning Combinations	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE
12.30			SCIENTIFIC PARTNER SESSION
13.00	What Chemical Peels Can Do for Your Patients in collaboration with IPS	The Ultimate Guide to Body Sculpting & Skin Improvement	Challenging Situations in Cosmetic and Aesthetic Dermatology in collaboration with ESCAD
13.15			/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE
13.30	Expert Viewpoints on Vitiligo & Pigmentation	What's on the Horizon in Lasers & Energy-based Devices?	5CC GLOBAL TRENDS & EMERGING TECHNOLOGIES FORUM
14.00			Industry Symposia
14.30	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	How Anatomy Can Guide Toward Better Outcomes	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE
14.45			
15.15	The Next Frontier in Gluteal Aesthetic Restoration	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE
15.30			
15.45	Deep Medicine – How AI & Robotics Are Transforming Healthcare	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE	/// NETWORKING TIME INDUSTRY EXHIBITION & NETWORKING LOUNGE
16.00			
16.20	What's New in Dermatology? New Drugs, New Therapies, the Latest Findings & More	Acne, Rosacea & Hidradenitis	
16.30			
17.00	Acne, Rosacea & Hidradenitis		
17.30			
18.30			
19.30			

END OF PROGRAM – DAY II

Saturday

SEPTEMBER 4, 2021 /// ROOM 118

9.00 - 11.00h

/// ZOOM BOOM, #QUARANTINE15 & THE MASK EFFECT – HOW COVID HAS CHANGED THE FACE OF AESTHETIC MEDICINE

Moderated by ROLF BARTSCH

- 9.00 Welcome to the 13th 5CC World Congress: Virtual
MICHAEL H. GOLD
The Good, the Bayd, and the Ugly – My Beverly Hills Practice and COVID-19
ANDRE BERGER
How to Increase Year-Over-Year Revenue in a Worldwide Pandemic
TODD E. SCHLESINGER
The Emerging Role of Nutraceuticals for Skin Health and Immune Boosting During #Quarantine
SARAH DE LOS REYES
COVID-19, Androgens and Androgenetic Alopecia
ANDY GOREN
Dermatological Issues Resulting from Mask-wearing
VANESA PIQUERO-CASALS
Focusing the Peri-orbital Area
THOMAS RAPPL
The „Zoom Effect“ in Aesthetic Medicine
ROLF BARTSCH
TikTok and Zoom Phenomenon – The Rise of Combination Treatments of the Lower Face and Neck
MELISSA KANCHANAPOOMI LEVIN
The Impact of COVID-19 on Body Awareness
PATRIZIA ANNA D'ALESSIO
How COVID-19 Has Changed the Demand for Body Treatments in my Practice
TAHL HUMES

Questions & Answers

11.00 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

11.30 - 12.30h

/// GET READY! GENERATION Z ENTERING THE MARKET

Moderated by VICTOR GABRIEL CLATICI

- 13.00 Gen Z – Why Their Menu of Services Is Unique
MICHAEL T. SOMENEK
Prejuvenation Concept – Why We Need to Start the Anti-aging Program Yesterday
VICTOR GABRIEL CLATICI
Generation Z – The „Zoomer“ Approach to the Aesthetic Patient
JEREMY BRAUER
How to Achieve Best Skin Quality in Generation Z
ALEXANDER TURKEYVCH
Lasers and Peels for the New Generations
VANESA PIQUERO-CASALS

Questions & Answers

12.30 - 13.30h

/// THREAD LIFTING – THE SKY IS THE LIMIT! in collaboration with KOLKHIDA

Moderated by GEORGE M. SULAMANIDZE

- 12.30 Anatomical rationale for safe and effective Aptos thread lifting techniques
ANDREY SERGEENKO
Importance of threads composition. Overview of absorbable and non-absorbable threads
GEORGE M. SULAMANIDZE
A combination of fillers and threads
ALBINA KAJAIA
Nose correction by Aptos threads
KONSTANTIN SULAMANIDZE



13.30 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE



Saturday

SEPTEMBER 4, 2021 /// ROOM 118

14.00 - 15.00h

/// THE DIGITIZED AESTHETICS PRACTICE: FROM TELEMEDICINE TO TIKTOK

Medical Business Expert Panel with Wendy Lewis

Moderated by WENDY LEWIS

- 14.00 *Panel Discussion* MICHAEL H. GOLD /// VIVIAN BUCAY /// DIDAC BARCO

15.00 - 16.00h

/// PEARLS FOR GETTING THE MOST FROM YOUR SOCIAL MEDIA PRESENCE

Medical Business Expert Panel with Wendy Lewis

Moderated by WENDY LEWIS

- 15.00 Presentations from
MIKE SOMENEK /// H.L. GREENBERG /// TING SONG LIM

16.00 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

16.30 - 17.30h

/// DADDY DO-OVER & THE RISE OF MEN'S PROCEDURES

Moderated by NIMROD FRIEDMAN

- 16.30 The Four Pillars of Anti-Aging for Men
JANINE HOPKINS
Gynecomastia – The Second Peak
NIMROD FRIEDMAN
How to Recover the Six Pack After 40?
BEATRIZ BELTRÁN REDONDO
Asian Male Aesthetics
TING SONG LIM
Male Aesthetics – Comparative Facial Anatomy and Clinical Implications
BRADLEY BLOOM

Questions & Answers

17.45 - 19.30h

/// CONTROVERSIES IN DERMATOLOGY AND AESTHETIC MEDICINE

„BETWEEN ME AND MYSELF“- A SELF DEBATE WITH A (DEFINITIVE) CONCLUSION

Moderated by MOSHE LAPIDOTH

- 17.45 Sclerotherapy vs. vascular lasers for leg veins
KRISTINE HEIDEMEYER
Chemical peel vs. combined modalities for acne scars
LEHAVIT AKERMAN
Infraorbital Correction - Deep or Superficial
MARINA LANDAU
Facial solar lentiginos – Lasers vs. medium dept peeling
ASSI LEVI
CO₂ laser resurfacing – Fractional vs. bulk ablation
EFRAT SOLOMON
The academic point: Literature review vs. systematic review and meta analysis
IGOR SNAST

Questions & Answers

19.30 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

Saturday

SEPTEMBER 4, 2021 /// ROOM 119

9.00 - 10.30h

/// SKIN HEALTH AND BEYOND in collaboration with PAPSHPI

Moderated by GRACE M. LOPEZ

The **PHILIPPINE ASSOCIATION OF PRIMARY SKIN HEALTH PHYSICIANS, INC. (PAPSHPI)** is an affiliate society of the Philippine Medical Association. Established in 2003, it has evolved from 17 to about 350 members consisting of trained, board-certified and competent skin health physicians under the guidance of the esteemed faculty of the Medical Skin Health Training Foundation, Inc. (MSHTFI) led by Dr. Grace M. Lopez.

The society is committed to providing skin health for all patients by enhancing the knowledge and skills of the primary & aesthetic skin health physicians in responding to the challenges that are encountered in practice.

www.papshpi.org.ph

9.00 Welcome to the 13th SCC World Congress: Virtual
MICHAEL H. GOLD

Benefits of Microneedling in Scar Tissue Revision
MARIA CARMELITA GALVEZ-VERGARA

Prevalent Hair and Skin Conditions in the Pandemic
EVALYN IRASUSTA

The Protective Role of Vitamin D
ANA LIZA LOPEZ-ONG

Conquering QuaranSKIN: Acne Treatment with Selective Sebaceous Gland Destruction, Thermo-mechanical Ablation and Other Combination Protocols
DIANA CHRISTY MANUEL

Combining Picosecond Laser with Topical Tranexamic Acid for Melasma and Other Pigmentations
SARAH J. DE LOS REYES

Batting Your Eyelashes – The Science Behind Eyelash Thickeners
MA. ROWENA AGUILAR-JOVEN

Volumizing Threads for Deep Static Lines, Hollow Under Eye and Nasolabial Folds – An Alternative to Dermal Filler
CONTESSA SALVADOR-ALAPAG

Questions & Answers

10.30 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

11.00 - 12.30h

/// CURRENT AND FUTURE APPLICATIONS OF TOXINS

Moderated by BERTHOLD RZANY

11.00 The Science of Botulinum Toxin
MARK NESTOR

Treating Marionette Lines/Sagging Corners of the Mouth
BERTHOLD RZANY

Neuromodulators on the Lower Face and Neck
SARAH JACKSON

Botulinum Toxin – New Drugs and New Indications
MICHAEL H. GOLD

New Solutions for Neuropathic Facial Pain after injectable Aesthetic Treatments
ERNESTO DELGADO CIDRANES

Off-label or Other Uses for Botulinum Toxin
CLAUDIA MAGALHAES

Mastering Brow Position and Depressors and How to Avoid Botulinum Toxin Complications
DEIRDRE HOOPER

Questions & Answers



Saturday

SEPTEMBER 4, 2021 /// ROOM 119

12.30 - 13.30h

/// MESOTHERAPY IN AESTHETIC MEDICINE & DERMATOLOGY in collaboration with SOMUK

Moderated by PHILIPPE HAMIDA-PISAL

12.30 How to increase income with Mesotherapy and patient experience
TANIA ROBAKOWSKA

Mesotherapy for Neck and décolletage
TANIA ROBAKOWSKA

Mesobotox for alopecia
PHILIPPE HAMIDA-PISAL



13.30 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

14.00 - 16.30h

/// BEAUTY AROUND THE WORLD

Moderated by ELIZABETH B. HOUSHMAND

14.00 The Principle of Beauty Aesthetics Across Cultures – What Is Beautiful?
ELIZABETH B. HOUSHMAND

Cultural Beauty Around the World – Beauty Beyond Symmetry: Our Narrow Definition in Our Quest for Beauty
CHERYL BURGESS

The Approach to the Aesthetic Consultation in Patients with Diverse Skin Types
VALERIE CALLENDER

Asian Beauty Decoded
PETER PENG

Rosacea in Different Ethnicities
ADILSON DA COSTA

Combination Fractional Unipolar Micro-plasma Radiofrequency and Whitening Peels in Skins of Color
MARIA KHATTAR

PDRN – The Best Choice for Any Ethnicity
ALEXANDER TURKEYVICH

Different Noses, Different Beauty
MARIO GOISIS

Questions & Answers

16.30 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

17.00 - 18.00h

/// AESTHETIC SURGERY HACKS – FROM HEAD TO TOE

Moderated by THOMAS RAPPL

17.00 Treatment of Postoperative Skin-flap Necrosis after Plastic Surgery Using Er:YAG-Laser
NATALIA KALASHNIKOVA

Facial Nerve Considerations in Aesthetic Facial Surgery
TERESA O

Rhinoplasty – Surgical and Non-surgical Choices
DEBRAJ SHOME

Breast Augmentation – What Is Important
THOMAS RAPPL

Influence of BMI History in Aesthetic Treatments
ROLF BARTSCH

Questions & Answers

Saturday

SEPTEMBER 4, 2021 /// ROOM 119

18.00 - 19.30h

/// UNDERSTANDING, PREVENTING & TREATING AESTHETIC COMPLICATIONS in collaboration with IS⁴AC

Moderated by TANJA FISCHER

The **INTERNATIONAL SOCIETY FOR AESTHETIC COMPLICATIONS (IS⁴AC)** is a working group of the DGaUF, Deutschsprachige Gesellschaft für Aesthetische Medizin und Fortbildung e.V. (German-speaking Society for Aesthetic Medicine and Education). It deals with the topic of side effects in aesthetic injections. The goal is to exchange information and experience in a European way, to establish an international treatment approach to avoid side effects and to develop general treatment algorithms to deal with side effects. In addition, the working group should promote and intensify international exchange on this topic.



18.00 Introduction to IS⁴AC
TANJA FISCHER

Post-COVID-19 Vaccination Complications
H.L. GREENBERG

Botulinum Toxin - The „weirdest“ Complications
MARINA LANDAU

Dangers and Undesirable Consequences of a Combination of Products of Different Groups in the Same Anatomical Zone in Patients
ELENA BARINOVA

Preventing Complications in Resurfacing Skin of Color
JEREMY A. BRAUER

Side Effects of Covid Fillers
OFIR ARTZI

Chemical Peeling Complications - Pre/Post Treatments & Precautions
FOTINI BAGEORGOU

Questions & Answers

19.30 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE



REVOLAX™

Firm & Lasting Hyaluronic Acid Dermal Filler



Saturday

SEPTEMBER 4, 2021 /// ROOM 131

9.00 - 10.30h

/// SKINCARE & HOME USE DEVICES in collaboration with HUD

Moderated by GODFREY TOWN

The **HOME USE DEVICE WORKING GROUP (HUD)** was created as an informal association in 2011. The goals of HUD are to assist in the development of international standards and regulations relating to safe and effective home use, light- and energy-based aesthetic devices; to develop best practice recommendations, starting with safety, in advance of the publication of standards; and to encourage and disseminate communications about the efficacy and safety of home-use, light- and energy-based aesthetic devices.

www.home-use-device.com

- 9.00 Welcome to the 13th SCC World Congress: Virtual
MICHAEL H. GOLD
Sunscreens in Rosacea
JAIME PIQUERO-CASALS
SPF Update – The Game Has Been Changed
DENDY ENGELMAN
Cosmeceuticals and Energy-based Devices
CHRISTINE DIERICKX
Clean Cosmetics
VIVIAN BUCAY
Understanding the Microbiome – Use of Face Masks
LAURA CABRERA
Principles of energy delivery and presumed mode of action of skin rejuvenation HUDs
GODFREY TOWN
New Evidence in Home Use Devices for Hair Growth
INIGIO DE FELIPE

Questions & Answers

10.30 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

11.00 - 12.30h

/// UPDATE OF INTIMATE TREATMENTS in collaboration with ISRAIT

Moderated by FERNANDO MIGUEL AZNAR

The **INTERNATIONAL SOCIETY OF RECONSTRUCTIVE AND AESTHETIC INTIMATE TREATMENT (ISRAIT)** was founded 2018 in Barcelona by an international group of physicians dedicated to all aspects of intimate treatments.

The ISRAIT discuss all aspects of intimate treatments with the following goals:

- Advancing guidelines of care for the best and safest intimate treatments
- Maintaining and scussion of intimate treatments forward to increase awareness and recognition of its value among professionals and patients

www.israit.org

- 11.00 Labioplasty - A modular concept for optimal results
STEPHAN GÜNTHER
- Using HA in female genitalia for functional and aesthetic goals
OZGUR LEYLEK
- Radiofrequency on the vulvovaginal area: aesthetic and functional benefits
GEORGE KROUMPZOUSOS
- Correction and complication management of the labia majora
RAFAL KUZLIK
- Genital Restorative Surgery after Female Genital Mutilation
AMR SEIFELDIN
- Buttock surgery and gluteal implants for transgender patients
FRANCOIS PETIT
- Penile Enhancement
RAJESH GAWAI



Saturday

SEPTEMBER 4, 2021 /// ROOM 131

12.30 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

13.00 - 15.00h

/// SCAR WARS in collaboration with SCARS

Moderated by TBA

- Restoring function and confidence: Physical scar management
PETER MOORTGAT
The role of different filler injections in the treatment of atrophic scars
DR. OFIR ARTZI
Laser and combination therapies
PD DR. GERD GAUGLITZ
Pulsed dye laser for healthy skin vs. scars: 20 years experience
DR. TANJA FISCHER
Non-laser assisted drug delivery for the treatment of scars
DR. OFIR ARTZI
Regenerative rehabilitation techniques in scarring
PETER MOORTGAT
Beyond the horizon
DR. MICHAEL GOLD



- 15.00 Video Demonstration
Technology to improve your consultation
DR. SUNEEL CHILUKURI



Sunday

SEPTEMBER 5, 2021 /// ROOM 118

9.00 - 11.00h

/// FACING THE FUTURE OF FACIAL REJUVENATION – FULL-FACE & UPPER FACE

Moderated by **KLAUS FRITZ**

- 9.00 The path to a beautiful chin Non-invasive double chin removal
MEDHAT ABDELMALEK
Enlarged Pores – The Holistic Approach: From Diet and Skincare to Laser
VICTOR GABRIEL CLATICI
Skin tone – How to improve an old problem with new technologies
LEHAVIT AKERMAN
Ultrasound Parallel Beam Technology – Clinical Outcomes and Review
VIRGINIA BENITEZ ROIG
Rejuvenation of the Upper Third Using a Safe Treatment with Hyaluronic Acid and a Pneumatic Platform
CLAUDIA MARÇAL
Restoring the Eyebrows with FAMI
ROGER E. AMAR
CO₂ Laser Assisted Transconjunctival Blepharoplasty
HECTOR LEAL SILVA
Dive Into HA Filler Characteristics and Technologies with an Industry Insider
BENJAMIN HERBAGE
Hyaluronidase As an Antidote for Artificial Injected Hyaluronic Acid Fillers – Results of a Phase II Study
TANJA FISCHER

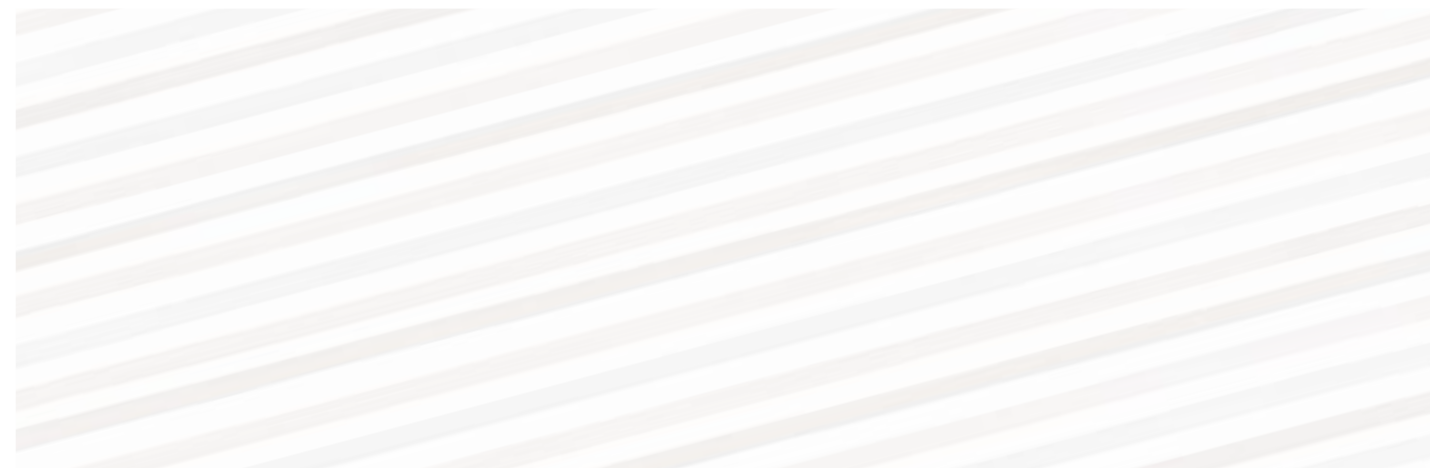
Questions & Answers

11.00 - 12.30h

/// FACING THE FUTURE OF FACIAL REJUVENATION – MIDFACE, LOWER FACE & NECK

Moderated by **JORDI MIR**

- 11.00 Effective Combinations of Fillers and PDO Threads for the Correction of the Middle and Lower Part of the Face
ELENA BARINOVA
Lip Rejuvenation – Anatomy to Fabulous
TODD E. SCHLESINGER
Jaw-dropping Results from Lower Face Treatments
DENDY ENGELMAN
Effective, Non-invasive Treatment of Jowls
AMY FORMAN TAUB
Ultrasound-assisted Liposuction in Submental Fat Treatment
JORDI MIR
Non-surgical Treatment Options for the Double Chin
SUSANA MISTICONE
Safety and Efficacy of Helium Plasma-driven Radiofrequency in Neck Lifting
DIANE DUNCAN

*Questions & Answers*12.30 **NETWORKING TIME** /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

Sunday

SEPTEMBER 5, 2021 /// ROOM 118

13.00 - 14.30h

/// WHAT CHEMICAL PEELS CAN DO FOR YOUR PATIENTS in collaboration with IPS

Moderated by **FOTINI BAGEORGOU**

The **IPS (INTERNATIONAL PEELING SOCIETY)** was founded in 2012 by an international group of physicians dedicated to the field of chemical peels.

The society targets to teach and promote the methods and applications of chemical peels for both medical and esthetic purposes. Among the goals of the society are the development of clinical guidelines for better and safer use of peels, the setting of appropriate quality standards and the initiation and support of basic and clinical research in this field.

www.peelingsociety.com

- 13.00 Do's and Don'ts in Chemical Peels
RAHUL PILLAI
What's new in Peels for darker Skin
MUKTA SACHDEV
Combined Filler and Chemical Peeling Protocols
FOTINI BAGEORGOU
Segmental Peels
SEAVAR SOON
Protocol for Pre-, Intra- and Post-Treatment of Phenol Peels
FRANK MUGGENTHALER
Phenol-croton oil peels: Scientific update
CARLO GUSTAVO WAMBIER

Questions & Answers

/// EXPERT VIEWPOINTS ON VITILIGO & PIGMENTATION

Moderated by **ASSI LEVI**

- 14.30 Key Tips for Managing Pigmentation Issues
SUSAN TAYLOR
Melasma Treatment with Q-switched Nd:YAG Laser Combined with IPL
PAULO R. CUNHA
Vitiligo News 2021
TORRELO LOTTI

*Questions & Answers*15.15 **NETWORKING TIME** /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

Sunday

SEPTEMBER 5, 2021 /// ROOM 118

15.45 - 17.30h

/// ANATOMY MASTERCLASS

with Sebastian Cotofana and Guests

Moderated by SEBASTIAN COTOFANA AND GUESTS

15.45 This free-to-attend masterclass presents the unique opportunity to learn from and connect with the leading minds in aesthetic facial anatomy. Dr. **SEBASTIAN COTOFANA** is the world-wide authority on anatomy for the aesthetic space and his expertise is recognized globally. Dr. Cotofana's Masterclass is divided into the following topics:

/// HOW ANATOMY CAN GUIDE TOWARD BETTER OUTCOMES

/// FACIAL SAFE ZONES & HOW ANATOMY CAN HELP TO AVOID COMPLICATIONS

It has been created to help practitioners of all specialties get an advanced understanding of anatomical structures and arterial vasculature and enable you to grow towards becoming a confident, skillful, and knowledgeable injector.

Intro

SEBASTIAN COTOFANA

Study about supratrochlear arteries incl ophthalmic artery circulation

MICHAEL ALFERTSHOFER

Skin Vector Study

NICHOLAS MOELLHOFF

Lifting with Fillers

LYSANDER FREYTAG

Eye tracking and its relevance

KONSTANTIN FRANK

Outro and Q&A

SEBASTIAN COTOFANA

Sunday

SEPTEMBER 5, 2021 /// ROOM 118

17.30 - 18.30h

/// WHAT'S NEW IN DERMATOLOGY? NEW DRUGS, NEW THERAPIES, THE LATEST FINDINGS & MORE

Focus Sessions Medical Dermatology with Leon Kircik

Moderated by LEON KIRCIK

17.30 Actinic Keratosis and Photodamage
THOMAS DIRSCHKA
Lasers for Treatment of Connective Tissue Disease
KRISTINE HEIDEMEYER
Pediatric Psoriasis
HÜSEYİN SERHAT İNALÖZ
Psoriasis & Psoriatic Arthritis
ALAN MENTER

18.30 - 19.30h

/// ACNE, ROSACEA & HIDRADENITIS

Focus Sessions Medical Dermatology with Leon Kircik

Moderated by LEON KIRCIK

18.30 New Medical Rosacea Insights
ZOE DIANA DRAELOS
Evidence based treatment of Behcet's disease
UMIT TURSEN
Acne Antibiotics
NEAL BHATIA
The Impact of PH and Skin Barrier function in inflammatory skin conditions
LEON KIRCIK

*Questions & Answers*19.30 **NETWORKING TIME** /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

Sunday

SEPTEMBER 5, 2021 /// ROOM 119

9.00 - 10.00h

/// BEYOND AESTHETICS – ENERGY-BASED & ALTERNATIVE THERAPIES FOR ACNE AND ROSACEA

Moderated by MAURICE ADATTO

- 9.00 Conventional vs. Daylight PDT for Acne Vulgaris
AMIR KOREN
- New Concepts in Acne Laser Treatment
DAVID J. GOLDBERG
- Light-based Devices for the Prevention and Management of Acne Scars
DIDAC BARCO
- Homeopathy in the Therapy of Acne and Rosacea
LAWRENCE CHUKWUDI NWABUDIKE

Questions & Answers

10.00 - 11.00h

/// BEYOND AESTHETICS – LIGHTS AND LASERS FOR SKIN CONDITIONS

Moderated by ALINA FRATILA

- 10.00 Long-pulsed Nd:YAG Laser in the Treatment of Telangiectasia of the Lower Extremities
ALINA FRATILA
- Treatment of Facial and/or Scalp Actinic Keratosis Using a Thermal Fractional Skin Rejuvenation System – A New Safe and Effective Therapeutic Option
ASSI LEVI
- Non-cosmetic Use of Lasers in Medicine
DIRK-HARALD GRÖNE
- Lasers for Treatment of Connective Tissue Disease
KRISTINE HEIDEMEYER

Questions & Answers

11.00 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

11.30 - 13.15h

/// BETTER TOGETHER – WINNING COMBINATIONS

Moderated by R. GLEN CALDERHEAD

- 11.30 How to Stop Skin Inflammaging – Combination of Transdermal Epigenetic Therapy and Integrative Anti-inflammatory Approach
ELENA MOLOKOVA
- Combination Treatments with PRP
H. L. GREENBERG
- How Botox Helps Laser Resurfacing Patients
KHALIL KHATRI
- My Experience with the Combination of EBDs and Tranexamic Acid for the Treatment of Melasma
YEHOR KOLODCHENKO
- EBD and Injection Methods for Non-surgical upper Blepharoplasty using injections and EBD Methods
ANTONINA GORSKAYA
- T-Frame ® Lift - Facial sculpting following a novel systematic approach combining fillers and suspension threads
DAVID ROMERO
- Possibilities of Non-surgical Jawline Contouring – Lasers, HIFU, Dermal Fillers, BTA
EKATERINA POZDEEVA
- Thulium Laser and Microneedling RF – The Top Down – Bottom Up Combo
R. GLEN CALDERHEAD

Questions & Answers

13.15 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE



Sunday

SEPTEMBER 5, 2021 /// ROOM 119

13.30 - 14.30h

/// THE ULTIMATE GUIDE TO BODY SCULPTING & SKIN IMPROVEMENT

Moderated by KLAUS FRITZ

- 13.30 Body Sculpting – Combining Modalities for Fat Reduction and Muscle Stimulation: A Comparison of Devices
TAHL HUMES
- Non-invasive Body Contouring – Combined HIFEM and RF Treatment
DAVID J. GOLDBERG
- Treatments and Skin Care for Acne Patients with Skin of Color
VALERIE CALLENDER
- What's New in Skin Tightening
MICHAEL H. GOLD
- How to combine non-surgical and energy device treatments for skin rejuvenation with facial and body contouring surgery
OLIVIER AMAR

Questions & Answers

14.30 - 15.50h

/// WHAT'S ON THE HORIZON IN LASERS & ENERGY-BASED DEVICES?

Moderated by CHRISTINE DIERICKX

- 14.30 Combined Approach in Body Contouring with Cryolipolysis and Macro-focused Ultrasound
KLAUS FRITZ
- 1927 nm – New Uses and Devices
AMY FORMAN TAUB
- A Decade of Laser-assisted Drug Delivery
CHRISTINE DIERICKX
- Fractional Laser or light based Technologies
HENRY H. L. CHAN
- Tattoo Removal
ADRIANA RIBÉ

Questions & Answers

15.50 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE



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CAMINO REAL POLANCO MEXICO



INNOVATIVE DERMATOLOGY, SURGERY & AESTHETICS

Sunday

SEPTEMBER 5, 2021 /// ROOM 119

16.15 - 17.30h

/// THE NEXT FRONTIER IN GLUTEAL AESTHETIC RESTORATION

Moderated by BEATRIZ BELTRÁN REDONDO

16.20 Study Results – Comparing Poly lactic Acid and Calcium Hydroxyapatite for Gluteal Restoration
DENISE STEINER

Microfat for Gluteal Restoration – Is It a Safe Option?
MARIO GOISIS

The Bio-stimulator Butt Lift
ANDRE BERGER

Combination of Non-invasive Procedures for Treating Fat, Muscle, and Flaccidity in Buttocks
BEATRIZ BELTRÁN REDONDO

Minimally Invasive Buttock and Thigh Rejuvenation
DANIEL BELKIN

Questions & Answers

17.30 - 19.30h

/// DEEP MEDICINE – HOW AI & ROBOTICS ARE TRANSFORMING HEALTHCARE

Moderated by DOMINIQUE DU CREST

17.30 The Future of AI and Imaging
HARALD KITTLER

How can digital Dermoscopy can help
AMELIOS LALLAS

The Use of AI in Managing Androgenetic Alopecia
NANCY ANTHONY

Forehead Wrinkles Revisited – An Anatomy-based, AI-assisted Functional Approach in Asians
CHAO-CHIN WANG

/// INDUSTRY CASE STUDIES

Robotic Injections
EMMANUEL ELARD

Robotic Hair Restoration
JOEY BROWN

Robotic Laser Body Contouring
CHRISTIAN BLOOMGREN

Robotic Surgery
FARHAN TAGHIZADEH

Autonomous Aesthetics
TIM HOLT

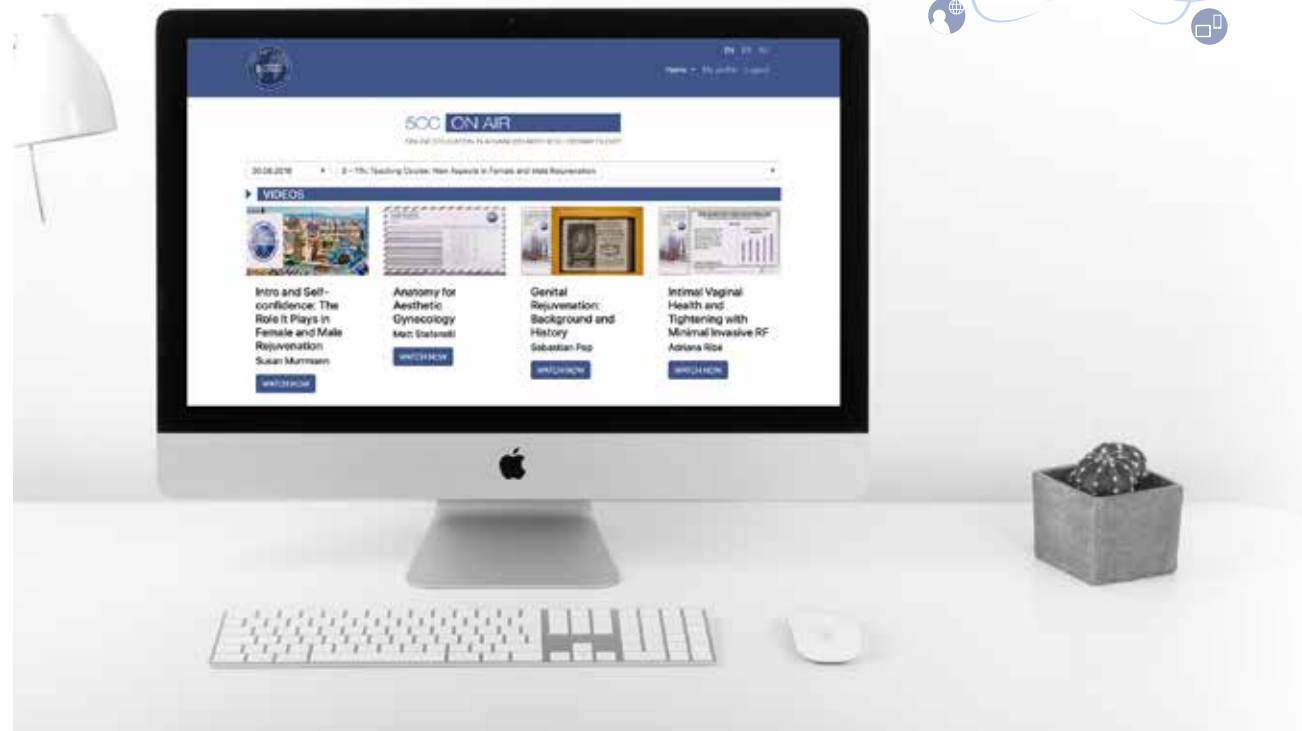
Questions & Answers

19.30 NETWORKING TIME /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

5CC ON AIR

ONLINE EDUCATION IN ADVANCED MEDICAL DERMATOLOGY & AESTHETIC MEDICINE

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- 250+ VIDEOS OF LECTURES, LIVE DEMOS AND TRAINING COURSES
- LEARN ONLINE FROM OVER 150 EXPERTS



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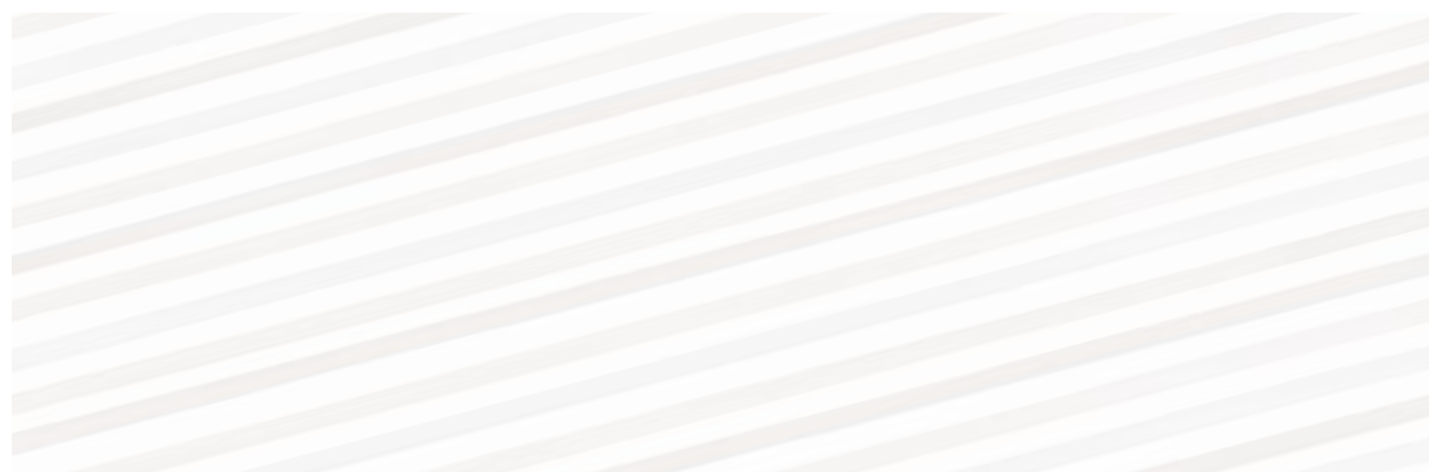
5CC ON AIR is our web-based learning tool for education in advanced aesthetic and medical dermatology.

5CC ON AIR is an exclusive offer for delegates of the 5CC. We strive to provide an unparalleled platform for learning, education, and training for each and every registered attendee. As such, no additional fees apply to use 5CC ON AIR.

Your participation in the 13th 5CC World Congress: Virtual will grant you free and unlimited access to high-level learning possibilities, such as to enjoy several presentations, video material of live treatments and abstracts of this conference.

Look out for an email from our team with your personal login credentials after 5CC!

ENJOY UNLIMITED AND FREE ACCESS AND NEVER MISS A LECTURE AGAIN!



Sunday

SEPTEMBER 5, 2021 /// ROOM 131

9.00 - 10.30h

/// ANTI-AGING UPDATE 2021 in collaboration with GSAAM & IMAAC ZIYALAN

Moderated by **BERND KLEINE-GUNK**

In December 2017, the first **ZIYALAN INTERNATIONAL MEDICINE AESTHETICS & ANTI-AGING CONGRESS** grandly opened in Shenzhen. It has been successfully held for four times.

The congress focuses on industry hotspots and cutting-edge themes, and set up six summits: cosmetic surgery, cosmetic dermatology, micro-invasive cosmetic, aesthetic medicine summit, genital rejuvenation and marketing & management. Nearly 1,000 outstanding experts and scholars from Asia, Europe, America and other countries and regions took the stage to give and to listen to academic speeches. They all gathered for communications and discussions, which is a leading platform for products display and technical exchange in the field of anti-aging and aesthetics.

www.ziyalan.cn

Counting more than 1.000 international members from different medical fields, the **GERMAN SOCIETY OF ANTI-AGING MEDICINE E.V. (GSAAM)** is Europe's biggest medical society for preventive and anti-aging medicine.

The aim and purpose of GSAAM is the research and constant training of treatment methods for the prevention and early intervention of chronic regenerative and age-related diseases.

www.gsaam.de

9.00 Anti-Aging for women over 40

GILLIAN YIP

The Chrono-diet – Losing weight according to your chronobiological rhythm

THOMAS PLATZER

Sirtuines – The key to longevity?

BERND KLEINE-GUNK

Personalized approach of preventive cardiovascular medicine

UWE NIXDORFF*Questions & Answers*

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The Choice for Skin Tightening

SUPERB™ Synchronous
Ultrasound Parallel
Beam Technology
for the Face and Neck

See us at the 13th 5CC World Congress | September 4-5, 2021



Sunday

SEPTEMBER 5, 2021 /// ROOM 131

10.30 - 12.00h

/// IMCAS HOTSPOTS in collaboration with IMCAS

Moderated by **HUGUES CARTIER /// ASHRAF BADAWI /// DOMINIQUE DU CREST**

IMCAS congresses are medical conferences bringing together prominent international experts in plastic surgery, dermatology and aging science. Physicians and practitioners get access to high-quality educational content to improve practice standards.

www.imcas.com/// **HYPERTROPHIC SCARS OR KELOIDS – THE TRUE CARE**

10.30 Combined approach for the treatment of hypertrophic scars

OFIR ARTZI

Hypertrophic Scars or Keloids

PETER VELTHUIS/// **BUTTOCKS – FILLERS IN OR OUT – CELLULITE**

Cellulite – What it is?

ASHRAF BADAWI

Cellulite - Fillers in or out

JONATHAN KADOUCH

Gluteal Volumization Techniques

GIOVANNI SALTI/// **IMCAS ALERT – BEST CASES**

Interesting Injectable Filler Vascular Complications

RONALD FEINER

Laser

MURIEL CREUSOT12.00 **NETWORKING TIME** /// INDUSTRY EXHIBITION & NETWORKING LOUNGE

12.30 - 14.00h

/// **CHALLENGING SITUATIONS IN COSMETIC AND AESTHETIC DERMATOLOGY** in collaboration with ESCADModerated by **ASHRAF BADAWI**

ESCAD is a democratic, non-commercial, non-profitmaking medical scientific Learned Society, aiming at fostering the highest standards of patient care in cosmetic and aesthetic dermatology, at facilitating continuing professional development and offers a friendly forum for the sharing of scientific research and innovative techniques.

In order to reach the highest standards in this field, ESCAD brings together clinical dermatologists, academic dermatologists, and scientists working in the pharmaceutical and cosmetic industries.

www.escad.org12.30 *Panel Discussion* Patients with Dysmorphophobia: How to spot and how to handle?**PETER VELTHUIS /// KLAUS FRITZ /// HUGUES CARTIER**12.50 *Panel Discussion* Patients with Permanent fillers seeking cosmetic procedures**PETER VELTHUIS /// KLAUS FRITZ /// HUGUES CARTIER**13.10 *Panel Discussion* What changed in Cosmetic Dermatology after the COVID-19 era?

(Practice management, Precautions, Risks, Past history, Vaccines)

PETER VELTHUIS /// KLAUS FRITZ /// HUGUES CARTIER /// WENDY LEWIS

13.40 How much can we benefit of using hand help US before, during and after fillers injection

PETER VELTHUIS13.55 *Questions & Answers*

14.00 - 15.30h

/// **5CC GLOBAL TRENDS & EMERGING TECHNOLOGIES FORUM**14.00 Industry Symposia / The Key to Perfect Skin: Combination Treatments with HALO & BBL HERO
DR. SHERRIF IBRAHIM MD, PHD15.00 The CellFX Procedure with Nano-Pulse Stimulation Technology: An Innovative Non-Thermal Energy for Clearing Benign Lesions /// **KLAUS FRITZ**



/// ARTIFICIAL INTELLIGENCE & ROBOTICS

The digitalization of the medical sector, including medical dermatology, aesthetic medicine, and cosmetic surgery, is progressing rapidly. There is no doubt that artificial intelligence (AI) and robotics will revolutionize and shape the future of medicine as we know it today. Yet not infallible, several notable applications are entering the mainstream and provide greater diagnostic capabilities and optimized patient care outcomes.

But how can the use of AI and robotics be applied to and provide significant benefit in the fields of medical dermatology, aesthetic medicine, and cosmetic surgery? To keep up with our aim of offering you an unparalleled scientific program, and our leading role as one of the most important meetings for all things dermatology and aesthetic medicine worldwide, we will pick up where we left off and expand on the discussion of what's possible.

/// BY RECONVENING THE BRIGHTEST MINDS

from industry, academia and practice in our expert panel **DEEP MEDICINE – HOW AI & ROBOTICS ARE TRANSFORMING HEALTHCARE**, 5CC will take an optimistic look at the challenges ahead and demonstrate the tremendous opportunity that AI and emerging tech provide for our field.

Confirmed topics and faculty include:

- The Future of AI and Imaging
HARALD KITTLER
- How can digital Dermascopie can help
AMELIOS ALLAS
- The Use of AI in Managing Androgenetic Alopecia
NANCY ANTHONÉ
- Forehead Wrinkles Revisited – An Anatomy-based, AI-assisted Functional Approach in Asians
CHAO-CHIN WANG

/// INDUSTRY CASE STUDIES

- Robotic Injections
EMMANUEL ELARD
- Robotic Hair Restoration
JOEY BROWN
- Robotic Laser Body Contouring
C HRISTIAN BLOOMGREN
- Robotic Surgery
FARHAN TAGHIZADEH
- Autonomous Aesthetics
TIM HOLT

Sunday, 17.30 - 19.30h



/// VIDEO DEMONSTRATIONS & DISCUSSIONS

Discover the latest developments, procedures, and techniques in cosmetic and medical dermatology for practitioners to add to their medical armamentarium.

Join us for a full day dedicated to video demonstrations in facial rejuvenation with neurotoxins, fillers, threads, and advanced laser therapies.

Saturday, 13.30 - 15.00h



/// INDUSTRY SYMPOSIA

What's next? Learn more about the up and coming industry innovations and trends during our 60-minutes industry symposia.

Internationally renowned key-opinion leaders and industry representatives will provide background information on their technologies in lectures, product presentations, and videos.

The industry symposia are organized by our industry partners and not CME-certified.

Sunday

/// MASTERCLASS WITH SEBASTIAN COTOFANA

Our highly-specialized, CME-accredited masterclasses, training courses, and special interest sessions provide you with the latest and most advanced aesthetic techniques. This is a unique opportunity to learn from and connect with the leading minds in aesthetic medicine.

FACIAL ANATOMY

This free-to-attend masterclass presents the unique opportunity to learn from and connect with the leading minds in aesthetic facial anatomy, **SEBASTIAN COTOFANA**. It has been created to help practitioners of all specialties get an advanced understanding of anatomical structures and arterial vasculature and enable you to grow towards becoming a confident, skillful, and knowledgeable injector.

Sunday, 15.30 - 17.30h



We are proud to announce **ARGENTINA**, **AUSTRALIA**, **THE PHILIPPINES**, **POLAND**, **SOUTH AFRICA** as official partner countries of the 13th 5CC World Congress!

Delegates from these countries are entitled to reduced „Member” delegate fees and save up to € 50.



Register Now
at www.5-cc.com

THE MEDICAL AESTHETICS MARKET IN THE PHILIPPINES
AN OVERVIEW BY THE PHILIPPINE ASSOCIATION OF PRIMARY SKIN HEALTH PHYSICIANS, INC. (PAPSHPI)

The COVID-19 pandemic has made social media and the rest of the virtual world increase the awareness and the availability of skincare and wellness products as well as skin and body treatments in the Philippines. There has been an upsurge of pandemic-related skin conditions with patients seeking to improve their skin and overall health status.

The internet has also paved the way for both local and international celebrities to be great influencers in the patients' skin goals; popularly called, the glass skin: the pigment-free, acne-free, scar-free, well-contoured face with the use of minimal or no make-up.

Working from home and videoconferencing has made patients more aware to care for their skin with masqne being a popular concern and the increased time in the virtual world further boosted the popularity of the glass skin to be the IT look in the new normal.

Additionally, Filipinos are seeking skin and body treatments that are cost-effective, efficient with minimal downtime as the patients are maximizing the time with the constantly evolving restrictions for both their health and safety in this pandemic.



We are proud of the ongoing cooperation with our 5CC scientific partners in 2021.

Members of our scientific partners are entitled to reduced „Member” delegate fees and may save up to € 50.



Register Now
at www.5-cc.com

ABOUT US

The 5-Continent-Congress is comprised of an international group of highly acclaimed dermatologists and plastic surgeons who are key opinion leaders in their fields.

It is a highly scientific conference dedicated to innovations and controversies in the field of medical dermatology and aesthetic medicine accompanied by an extensive pre- and post-conference program.

Advances in medical dermatology; injectables for aesthetic and medical use; cosmetic and aesthetic energy-based devices; aesthetic gynecology; practice management and digital marketing; and the hot topic artificial intelligence and deep learning in dermatology and aesthetic medicine will be presented and discussed by an international world-class faculty.

/// MEDIA PARTNERS



/// INDUSTRY PARTNERS



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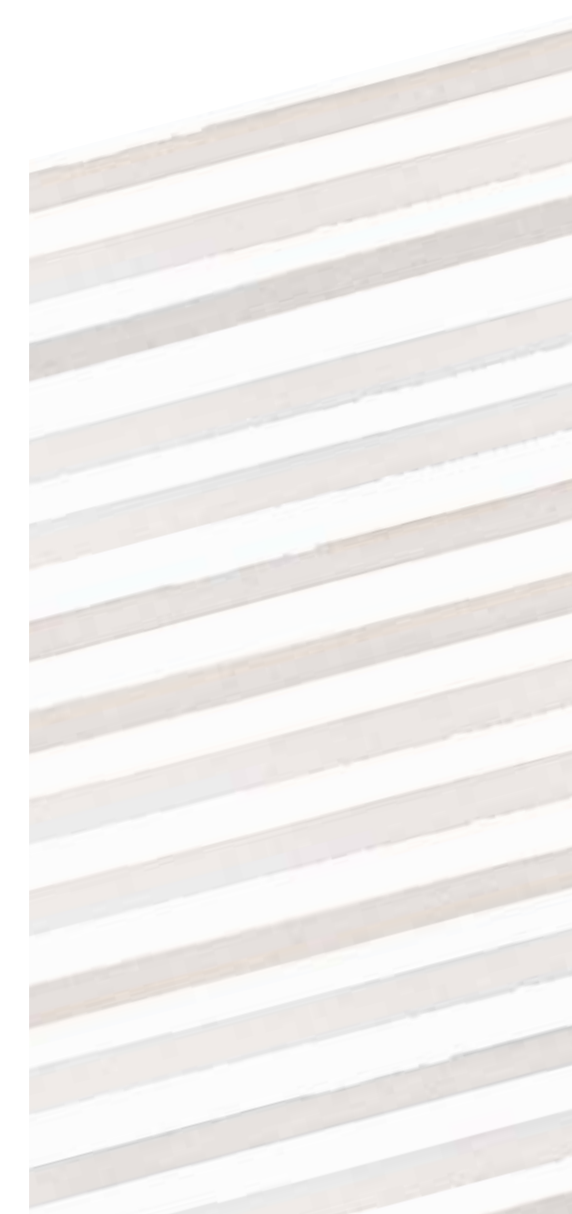


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For a multi-specialty, multicultural, forward thinking educational experience, this is hands down THE best conference there is!

I absolutely love it!

DR. JILL LEZAIC
JACKSONVILLE BEACH, FL



Virtual Entrance



Behind the Scenes



Virtual Networking Lounge



Virtual Lectures



Behind the Scenes

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- Medical Dermatology
- Aesthetic Gynecology
- Injectables for Aesthetic & Medical Use
- Practice Management & Digital Marketing
- Cosmetic & Aesthetic Energy-based Systems

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