

9<sup>TH</sup> 5-CONTINENT-CONGRESS

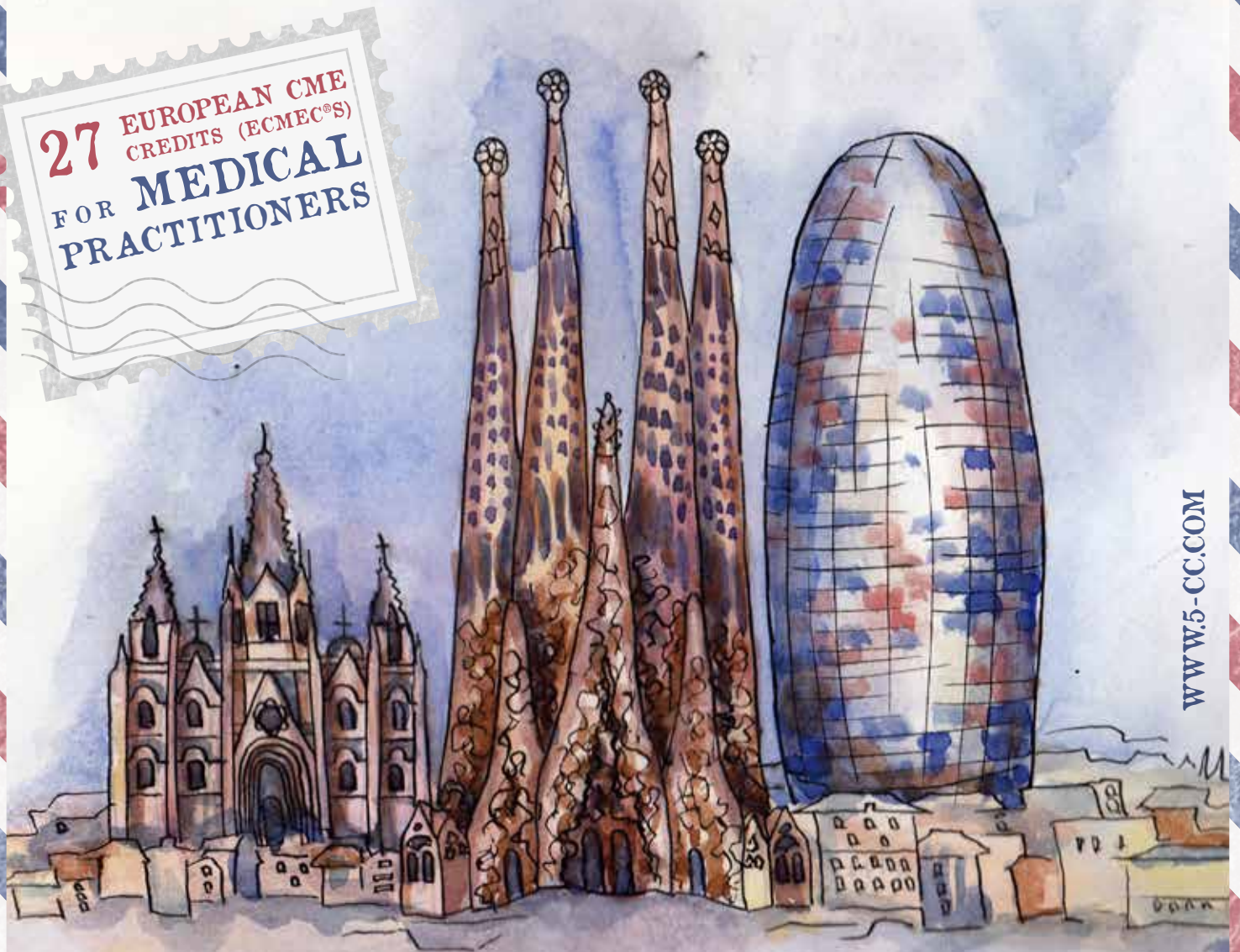
# BARCELONA

AUGUST 30 – SEPTEMBER 2

# 2018



**27** EUROPEAN CME  
CREDITS (ECMEC<sup>®</sup>S)  
FOR **MEDICAL**  
PRACTITIONERS



WWW.5-CC.COM

– THE WORLD'S LEADING CONFERENCE ON –  
EMERGING TECHNOLOGIES | ENERGY-BASED DEVICES | NEUROMODULATORS  
COSMECEUTICALS | FILLERS | AESTHETIC GYNECOLOGY

## FINAL CONFERENCE PROGRAM



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**5CC 2018**  
**Abstract Journal**  
 at [www.5-cc.com/en/scientific/abstract-journal](http://www.5-cc.com/en/scientific/abstract-journal)



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**#5CCcongress**



WIFI NETWORK  
 Barcelona5CC  
 PASSWORD  
 Aesthetics2018



## DEAR COLLEAGUES,

We are glad that you are here and welcome you to our 9<sup>th</sup> 5-Continent-Congress in beautiful Barcelona.

The 5CC has now established itself as one of the leading international aesthetic conferences in Spain. It is also one of the finest educational opportunities in the world, with over 1,000 delegates and 200 incredible speakers who are the most respected Dermatologists, Plastic Surgeons, Aesthetic Physicians and Gynecologists from all corners of the globe. We gather here in Barcelona to share our knowledge, engage in wonderful discussions, and teach new therapies and new techniques in our ever-changing aesthetic environment.

We are looking forward to an incredible 9<sup>th</sup> 5CC meeting over the next four days. We will cover all of the many facets of aesthetic and cosmetic medicine. This will include the world of Injectables; all of the Energy-based Devices that are impacting our non-invasive treatments; Skin Care and how it impacts our therapies; Chemical Peels and what is new; Home-use Devices and what we can expect in the coming year; Marketing and the Internet, and how this environment is changing how we do are daily business; and the hot topic of Aesthetic Gynecology and Feminine Rejuvenation, which has become increasingly important to Dermatologists and Plastic Surgeons. This and much more will be covered in an exceptional program featuring over 65

scientific sessions and 450+ presentations during the four days.

We are proud to have added many new aspects to the program in 2018. It couldn't have done so without the help and efforts from our incredible faculty – the true heart and soul of the 5CC meeting.

### **NEW!** PANELS ON BUSINESS OPTIMIZATION

We will have a full day of dedicated expert panel and best-practice sessions on business optimization, conducted by New York-based Marketing consultant and Social Media maverick Wendy Lewis and Online Marketing expert Danny Bermant from London. We will cover Practice and Patient Management, Social Media, as well as Online Marketing for aesthetic practices, and how the Internet is changing how we do business. This innovative program will surely help you succeed in the highly competitive aesthetic market.

### **NEW!** LIVE DEMONSTRATIONS

At 5CC 2018, we will be showing more live demonstrations and will dive deeper into relevant trends and cutting-edge techniques in the aesthetic market. Join us for a full day dedicated to live demonstrations. Hot topics will include Hair Restoration, and Facial Rejuvenation with Neurotoxins, Fillers, Sutures and Mesotherapy. They will be shown and moderated by world-renowned members the 5CC faculty and supported with educational grants by the market leaders in the aesthetic field.

We promise a close interaction with our industry colleagues and partners. We will have them presenting their innovations in the industry exhibition and in industry symposia. We will have the latest technologies available for you, to see, and learn from 80 companies that are highly regarded in these fields. We are grateful to our industry partners and thank them for their continued support and trust in the 5CC.

But what makes the 5CC a truly different conference experience that sets us apart from other meetings in the aesthetic field?

### **INTIMATE SETTING**

Observing the European aesthetic conference market in the past few years, one

thing especially has become very clear: ever-growing meetings tend to lack in scientific quality and convenience for delegates, faculty and industry partners. With that said, the 5CC Board of Directors decided to limit the number of tickets being sold for 5CC 2018 and future editions to 2,000. Our goal is to offer an unparalleled platform for further education, learning and exchange between KOLs and doctors from all around the globe in a rather intimate setting. We are glad that you joined the 5CC family!

### **FREE ONLINE EDUCATION – INCLUDED IN YOUR REGISTRATION FEE**

We are thrilled to announce the launch of 5CC ON AIR. Our new, web-based learning tool for education in advanced aesthetic dermatology will launch in September 2018. Access to 5CC ON AIR is reserved exclusively for attendees and faculty members of the 5CC 2018. Your participation in the meeting will grant free and unlimited online access to high-level scientific content, such as presentations, pictures, and video material of lectures and live treatments, discussion forums and much more. Enjoy free and unlimited lifetime access to all of the 5CC 2018 content and never miss a lecture again!

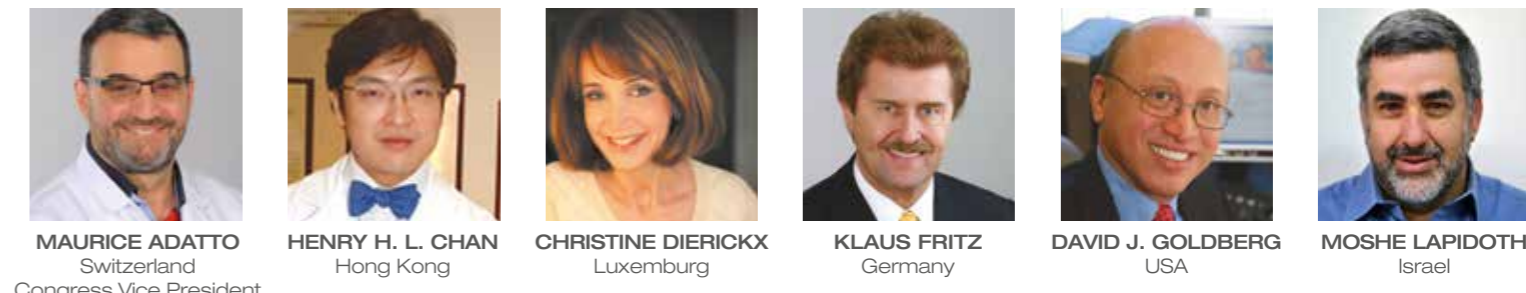
A visit to Barcelona is a memory that is cherished for a lifetime and a memory that will live with you throughout your career and beyond. Now that you have experienced the cosmopolitan capital of Spain's Catalonia region, it will become a place that you will want to visit over and over again. Enjoy Barcelona, its wonderful people, and delicious cuisines, while you are here.

**With that said, it is my great pleasure to announce and already invite you to next years' 11<sup>th</sup>-Continent-Congress from August 29 – September 1, 2019, also in the beautiful city of Barcelona.**

On behalf of the Board of Directors of the 5CC, we now welcome you to this years' 5CC.

Best regards

*Michael Gold*  
 Michael Gold | USA  
 Congress President



**MAURICE ADATTO** Switzerland  
 Congress Vice President  
**HENRY H. L. CHAN** Hong Kong  
**CHRISTINE DIERICKX** Luxemburg  
**KLAUS FRITZ** Germany  
**DAVID J. GOLDBERG** USA  
**MOSHE LAPIDOTH** Israel



## AT A GLANCE

### WIFI

Complimentary WiFi is available on Levels P0 (registration level) and P1 (conference level). Use #5CCcongress for your posts on social media!

Network name: **Barcelona5CC**  
Password: **Aesthetics2018**

### CME ACCREDITATION

The 9<sup>th</sup> 5-Continent-Congress Barcelona has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 27 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Live educational activities, occurring outside of Canada, recognized by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

### EACCME® credits

Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the feedback form. Cf. criteria 9 and 23 of UEMS 2016.20.

30.08.2018 – 7,00  
31.08.2018 – 7,00  
01.09.2018 – 7,00  
02.09.2018 – 6,00

In order to receive your CME credits and certificates, you need to complete the online evaluation after 5CC. Upon completion of the survey, you will receive a link to download your certificates. In order to obtain your CME credits, please contact your national authorities in your country of residency to validate the European CME credits and to convert them to your national CME credits. Afterwards, please send your certificate of attendance to your national authorities.

### CONFERENCE LANGUAGE AND TRANSLATION SERVICES

The official conference language is English. Simultaneous translation to Spanish will be provided on all days in all lecture rooms. Simultaneous translation to Russian will be provided on all days in selected rooms.

Translation receivers and headphones for the translations are available at the rental station on Level P1 (next to room 111) at no charge. Kindly note that a deposit will be held until the return of the translation sets.

### RECORDING POLICY

Recording, photography and filming during the sessions is strictly prohibited without prior written permission from the congress organization. In consideration of other attendees, we kindly ask you to put your cell phone in a silent mode during sessions, symposia and workshops.

Please be advised that the organizers are filming and taking pictures of scenes and background material in this area for future promotional purposes. If you enter the congress center, you may appear, and therefore agree to appear, in this or any later production which be used in advertisements and promotions worldwide via various media.

### COFFEE AND LUNCH BREAKS

Complimentary coffee breaks are provided in the industry exhibition and the foyer for all attendees, speakers and exhibitors. Lunch and snacks are available for purchase at the cafeteria during all conference days (Thursday and Sunday: in the foyer of rooms 118 – 134; Friday and Saturday: in the industry exhibition).

### MEDIA CHECK

To help the conference run smoothly, we kindly ask our speakers to submit their presentation(s) at the Media Check in room 122 at least 1.5 hours before the lecture.

### PRAYER ROOMS | ROOMS OF SILENCE

The prayer rooms / rooms of silence are located on Level M2 (rooms M216 and M217). Please take escalators C in front of the exhibition hall (rooms 113 – 116).

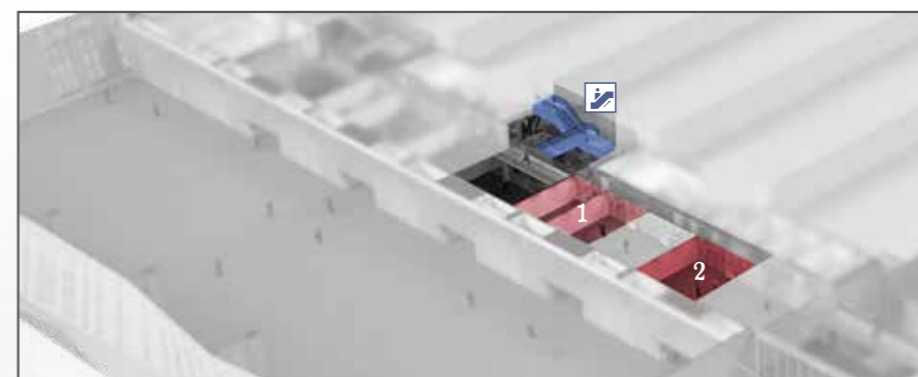
### LEGAL INFORMATION

Logi-Vent GmbH acts as an intermediary and is not responsible or liable for loss, accidents or damages to people or things during the entire congress independently of their origin. Any other agreement will only be effective if in writing and signed by both parties.

Logi-Vent GmbH shall not be liable hereunder on whatsoever legal basis by reason of any cancellation of all or part of the event or by reason of any termination of all or part of the event ahead of schedule on account of any cause that is beyond the reasonable control of Logi-Vent GmbH (such as acts of God, war, insurrection, civil unrest, strikes, etc.).

## CONGRESS VENUE

Centre de Convencions Internacional de Barcelona (CCIB)  
Plaça de Willy Brandt, 11-14,  
08019 Barcelona, Spain  
[www.ccib.es](http://www.ccib.es)



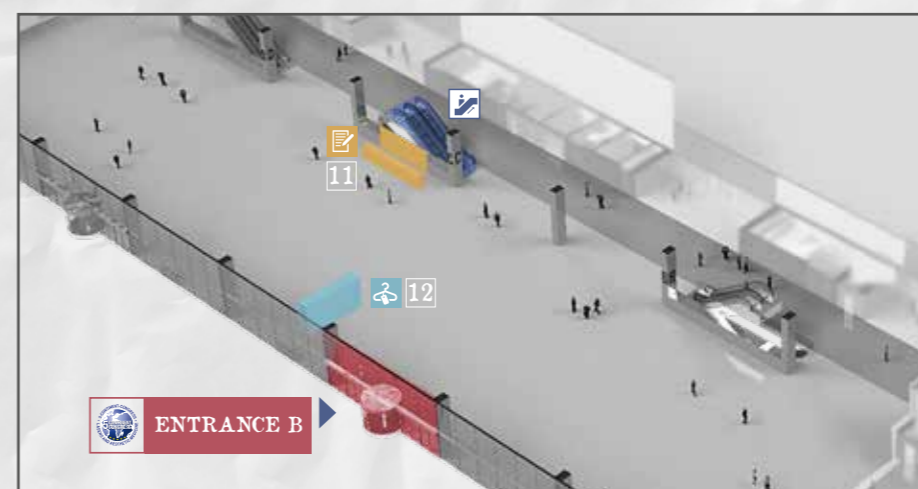
### LEVEL M2

- 1 PRAYER ROOMS | ROOMS OF SILENCE (ROOMS M216 & M217)
- 2 ROOM M214



### LEVEL P1

- 3 INDUSTRY EXHIBITION
- 4 ROOM 111
- 5 ROOM 133 | 134
- 6 ROOM 131 | 132
- 7 MEDIA CHECK (ROOM 122)
- 8 ROOM 120 | 121
- 9 ROOM 118 | 119
- 10 SMOKING AREA



### LEVEL P0

- 11 REGISTRATION | INFORMATION
- 12 CLOAKROOM



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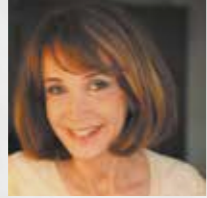
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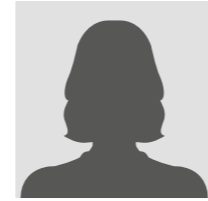
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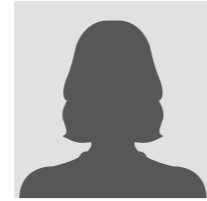
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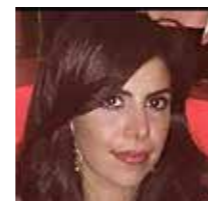
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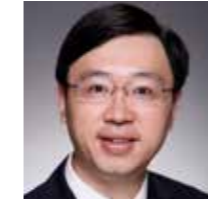
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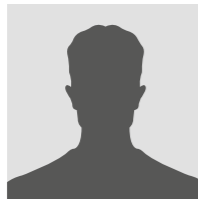





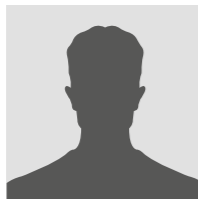












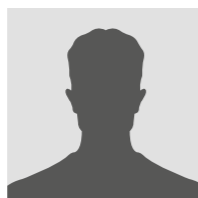


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 <b>MICHAEL YUDIN</b> Ukraine	 <b>NICOLA ZERBINATI</b> Italy	 <b>JAN ZINNDORF</b> Germany			

**PROMOTING SCIENCE**

The 5CC Charity was founded with the idea of giving back to the city that welcomed our congress with open arms and the warmest heart in 2016. We want to help, and we invite all of you to join us!

Once again, we will raise funds for the IMIM and CRG support them in their incredible work for people with genetic intellectual disabilities or neurodegenerative diseases.

Please visit <http://cridard.imim.cat/donation/donation> to learn more about their initiative and how you can help!



The Groups of Integrated Pharmacology and Neuroscience of the IMIM (Hospital del Mar Research Institute of Medical Investigations) and the Group of Cellular and Systems Neurobiology of the Center for Genomic Regulation of Barcelona (CRG) carry out clinical studies for the improvement of cognitive performance in people with genetic intellectual disabilities or neurodegenerative diseases, such as Alzheimer's disease.

The research groups have the best neuroscientists, and specialists in clinical pharmacology, biochemistry, genetics, neuropsychology, neurophysiology and neuroimaging. We prioritize research that allows us to improve the treatments of the people we attend and we have disco-

vered a treatment that is effective in improving the cognitive capacities in the adult with Down Syndrome and Fragile X Syndrome and was published in Lancet Neurology last year.

At this time, our goal is to start a pediatric clinical trial. We believe that children will benefit the most from this treatment; however, it is very difficult for the public administration to fund research on Down Syndrome. In recent years it has seen a significant reduction in economic resources, due to the prioritization of more prevalent diseases (cancer, cardiovascular, etc.). To achieve our goal, the total budget required is approximately € 700,000.



**MARA DIERSSEN**  
MD, PHD  
Group Leader, Cellular & Systems Neurobiology Research Group  
Centre for Genomic Regulation



**RAFAEL DE LA TORRE FORNELL**  
PHARMD, PHD  
Integrated Pharmacology & Systems Neurosciences Research Group  
Director Neurosciences Research Programme IMIM-Hospital del Mar Medical Research Institute



**1. LIVE DEMONSTRATIONS**

At 5CC 2018, we will be showing more live demonstrations and will dive deeper into relevant trends and cutting-edge techniques in the aesthetic market.

Join us for a full day dedicated to live demonstrations. Hot topics will include hair restoration, and facial rejuvenation with neurotoxins, fillers, sutures and mesotherapy. They will be shown and moderated by world-renowned members the 5CC faculty and supported with educational grants by the market leaders in the aesthetic field.



▷ **SATURDAY**  
September 1, 2018 from 9.00 - 18.00h

**2. INTIMATE SETTING & LIMITED NUMBER OF TICKETS**

Observing the European aesthetic conference market in the past few years, one thing especially has become very clear: ever-growing meetings tend to lack in scientific quality and convenience for dele-

gates, faculty and industry partners. With that said, the 5CC Board of Directors decided to limit the number of tickets being sold for 5CC 2018 and future editions to 2,000. Our goal is to offer an unparalleled

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**We are glad that you joined the 5CC family!**

**3. FREE ONLINE EDUCATION – INCLUDED IN YOUR REGISTRATION FEE**

We are thrilled to announce the launch of 5CC ON AIR. Our new, web-based learning tool for education in advanced aesthetic dermatology will launch in September 2018.

Access to 5CC ON AIR is reserved exclusively for attendees and faculty members of the 5CC 2018. Your participation in the meeting will grant free and unlimited online access to high-level scientific content, such as presentations, pictures, and video material of lectures and live treatments, discussion forums and much more.

**Enjoy free and unlimited lifetime access to all of the 5CC 2018 content and never miss a lecture again!**



**4. FOCUS ON PRACTICE MANAGEMENT**

**MEDICAL AESTHETIC BUSINESS PANEL WITH WENDY LEWIS**

We are delighted to present a full day of dedicated expert panels and best-practice sessions on business optimization, conducted and led by New York-based Marketing consultant and Social Media maverick **WENDY LEWIS** and Las Vegas dermatologist H.L. Greenberg. She will be joined by world-renowned aesthetic physicians who have already made their way to the top of their specialties and run highly successful practices in their markets. They will be sharing their personal experiences and key learnings with attendees.

The program will cover Practice Development, Patient Management, Social Media, as well as Online Marketing for aesthetic practices, and there will be extra time allotted for Q&A and discussion with panelists. This innovative program will surely help you succeed in the highly competitive aesthetic market.

▷ **FRIDAY**  
August 31, 2018  
from 9.00 - 16.30h



**WENDY LEWIS**

Wendy Lewis founded Wendy Lewis & Co Ltd Global Aesthetics Consultancy in 1997, a marketing communications and social media boutique in New York City.

As President of WLCO, she manages of a team of consultants who work with medical device companies, pharmaceutical firms, skin care brands, biotech entities, as well as physicians across multiple specialties and medical spas.

She is author of 12 books and has published more than 500 articles in consumer magazines, newspapers and professional journals. Her special expertise in digital marketing media has earned her a strong presence across a network of influential platforms.

**DANNY BERMANT**

With over 17 years' experience in digital marketing, Danny Bermant is one of the UK's top online marketing experts, helping companies generate new business through their online marketing activities.



**FOCUS SESSION ON ONLINE MARKETING FOR AESTHETIC CLINICS WITH DANNY BERMANT**

▷ **FRIDAY**  
August 31, 2018  
from 17.00 - 18.00h

- ▷ The 5 Emails You Need to Convert Your Email Subscribers Into Bookings and Enquiries
- ▷ How to Ensure Your Clinic Stands Out in a Crowded Online Market
- ▷ Hot Leads: 3 Secrets to Finding Clients Online Who Are Ready to Buy From You Now




Promoting your aesthetic practice online can be tough, especially when you operate in a crowded market. A minority have figured out how to build a social media audience. Some have great websites with lots of traffic. And others have a sizeable email list.

What only the most successful practices have in place is a sales funnel, a system that pulls all three together so that they deliver a consistent stream of leads, enquiries and new patients.






Over the course of this session we'll demonstrate the building blocks you need to create your own sales funnel so that you too can succeed online.





THURSDAY, AUGUST 30, 2018




TEACHING COURSES AND RESIDENTS & FELLOWS DAY			
7.30   Open Registration			
	ROOM 118   119 	ROOM 120   121 	ROOM 133   134 
	Program on p. 16 - 18	Program on p. 16 - 18	Program on p. 19
9.00	Teaching Course: New Aspects in Female and Male Rejuvenation	Teaching Course: Video Cadaver Course on Facial Rejuvenation	Residents & Fellows Day
11.00 - 11.30   Coffee Break in the Foyer			
11.30	Teaching Course: Cosmeceuticals – New Trends and Practice Management Aspects	Teaching Course: Video Cadaver Course on Facial Rejuvenation	Residents & Fellows Day
13.30 - 14.30   Lunch Break in the Foyer			
14.30	Teaching Course: The Who, What, Why, When and How of Social Media Marketing	Teaching Course: The Links Between Nutrition, Stress and Aging	Residents & Fellows Day
16.30 - 17.00   Coffee Break in the Foyer			
17.00	Teaching Course: Fat Grafting & FAMI Technique	Teaching Course: Chemical Peelings	Residents & Fellows Day
18.00   End of Conference Day			

FRIDAY, AUGUST 31, 2018




CONFERENCE AND EXHIBITION					
7.30   Open Registration					
	ROOM 118   119 	ROOM 120   121 	ROOM 131   132 	ROOM 133   134 	ROOM 111 
	Program on p. 20 - 21	Program on p. 22 - 23	Program on p. 24 - 25	Program on p. 26 - 27	Program on p. 28
9.00	Essential Anatomy for Facial Injections & Thread Treatments (organized by IMCAS)	Surgical vs. Non-surgical Body Shaping – What Wins Out?	Expert Viewpoints on Clinical Dermatology	The Role of Home-use Devices in Aesthetic Medicine (organized by HUD)	Medical Aesthetic Business Panel with Wendy Lewis Practice Marketing Pearls
11.00 - 11.30   Coffee Break in the Industry Exhibition					
11.30	Expanding Your Toxin Knowledge and Uses	Body Contouring & Skin Improvement – What's Possible without the Scalpel?	Acne & Facial Redness – My Best Results	Industry Symposium	Insights on Patient Management
12.30				Industry Symposium	
13.30 - 14.30   Lunch Break in the Industry Exhibition					
14.30	Microfat & Fillers – The Cutting Edge	Chemical Peelings Around the World (organized by IPS)	Hair – Diseases, Removal, Regrowth & Restoration	Superficial Radiation Therapy and Skin Cancer Treatment & Scar Prevention	Digital Marketing Workshop
15.30					
16.30 - 17.00   Coffee Break in the Industry Exhibition					
17.00	The Science of Dermal Fillers	Update in Microneedling & Radiofrequency	Dealing with Skin Cancer	Tips and Tricks for Ethnic Skin & Beauty	Online Marketing
18.00/18.30   End of Conference Day					
18.30   Opening Get-together in the Industry Exhibition					

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 Simultaneous translation to Russian

SATURDAY, SEPTEMBER 1, 2018

CONFERENCE AND EXHIBITION					
7.30   Open Registration					
	ROOM 118   119 	ROOM 120   121 	ROOM 131   132 	ROOM 133   134	ROOM 111
	Program on p. 30 - 31	Program on p. 32 - 33	Program on p. 34 - 35	Program on p. 36 - 37	Program on p. 38
9.00	Facing the Future of Facial Rejuvenation & Lifting	Lasers – The Original Energy-based Devices	State of the Art in Wound Healing, Scars & Scar Prevention	Free Communication: Abstract Award	LIVE! Demonstrations Fillers
11.00 - 11.30   Coffee Break in the Industry Exhibition					
11.30	Facial Reshaping & Neck Contouring – What's Next?	Sutures and Threads – On & Off the Face	What IPL, PDT, LED & LLLT Can Do for Your Patients	Partner Country Update: United Kingdom	Botulinum Toxin
12.30				Partner Country Update: Brazil	Mesotherapy
13.30 - 14.30   Lunch Break in the Industry Exhibition					
14.30	Global Approach to Adverse Events in Injectables (organized by IS <sup>4</sup> AC)	Combinations – Better Together	Enhancing Your Practice with Cosmeceuticals, Skin Care & Nutrition	Partner Country Update: Romania	Absorbable Sutures
15.30				Partner Country Update: Ukraine	Hair Restoration (Video Demonstration)
16.30 - 17.00   Coffee Break in the Industry Exhibition					
17.00	Focus Session – The Male Patient	New Dimensions in Aesthetics	Updates in Pain Treatments and Regenerative Medicine (organized by CIMEG & ISGAR)	Special Added Teaching Course: Taking a 5-star Practice One Level Higher	Body Remodeling
18.00/18.30   End of Conference Day					

SUNDAY, SEPTEMBER 2, 2018

SCIENTIFIC PARTNER DAY			
7.30   Open Registration			
	ROOM 118   119 	ROOM 120   121 	ROOM 133   134 
	Program on p. 40 - 41	Program on p. 42 - 43	Program on p. 44
9.00	DASIL Dermatologic & Aesthetic Surgery Course 2018	Full Face Filler Masterclass	ESAG Live Cases Demo Workshop on Female Genitalia Cosmetic & Aesthetic Treatments
11.00 - 11.30   Coffee Break in the Foyer			
11.30	DASIL Dermatologic & Aesthetic Surgery Course 2018	Reconstructive & Cosmetic Surgery Panel – Face, Breast & Body	ESAG Live Cases Demo Workshop on Female Genitalia Cosmetic & Aesthetic Treatments
13.30 - 14.00   Lunch Break in the Foyer			
14.00	GSAAM & ESAAM International Anti-aging Symposium	Esthetic Xpress (EX) Symposium: Advances in Indian Aesthetics	ESAG Live Cases Demo Workshop on Female Genitalia Cosmetic & Aesthetic Treatments
16.00   End of Conference			

 INJECTABLES & ABSORBABLE SUTURES  
 LASER & EBD  
 AESTHETIC & CLINICAL DERMATOLOGY AND SURGERY  
 BUSINESS & MARKETING  
 SCIENTIFIC PARTNER/PARTNER COUNTRY



ROOM 118 | 119 ▷ 9.00 - 11.00h

**NEW ASPECTS IN FEMALE AND MALE REJUVENATION**

Female, and now male sexual “rejuvenation” has become an increasingly popular topic globally in every specialty. This course, led by Medical Doctor and women’s health expert, **SUSAN MURRMANN**, and co-led by leading experts in male rejuvenation, will explore what is driving this trend in sexual health and the various energy sources and techniques used in for this emerging field.

At the end of this course, the attendee will be able to:

- ▷ Identify the key factors in the exponential growth in the field of female and male sexual rejuvenation
- ▷ Understand female and male sexual anatomy
- ▷ Recognize and learn the various energy-based devices used in the emerging field of “sexual rejuvenation” for both females and males
- ▷ Understand how the use of fillers can play a role in female and male sexual enhancement

**MODERATED BY SUSAN MURRMANN**

9.00	Intro and Self-confidence: The Role It Plays in Female and Male Rejuvenation * – <b>Susan Murrmann</b>
9.10	Anatomy for Aesthetic Gynecology * – <b>Matt Stefanelli</b>
9.20	Genital Rejuvenation: Background and History * – <b>Sebastian Pop</b>
9.30	Questions & Answers
9.35	Intimal Vaginal Health and Tightening with Minimal Invasive RF * – <b>Adriana Ribé</b>
9.45	New Use of Broadband Light for Female and Male Sexual Enhancement * – <b>Patrick Bitter</b>
9.55	The Effects of Micro-ablative Fractional CO <sub>2</sub> Laser on Cellular Senescence of Vaginal Mucosa * – <b>Virginia Benitez Roig</b>
10.05	Questions & Answers
10.10	Male Genital Rejuvenation: Biostimulation and Biomodulation with Invasive and Non-invasive Radiofrequency – <b>Ernesto Delgado Cidranes</b>
10.18	Fat and PRP in the Vulvo-vaginal Area * – <b>Matt Stefanelli</b>
10.28	Non-invasive Radiofrequency: Ideal Treatment in Genitourinary Menopause Syndrome – <b>Zuramis Estrada Blanco</b>
10.36	Questions & Answers
10.40	O-Shot: Platelet Rich Plasma for Female Sexual Dysfunction * – <b>Fernando M. Aznar Mañas</b>
10.50	Bleaching and Regeneration of External Intimate Area * – <b>Abraham Benzaquen</b>

11.00 | End of Teaching Course

ROOM 120 | 121 ▷ 9.00 - 13.30h

**VIDEO CADAVER COURSE ON FACIAL REJUVENATION WITH FAT GRAFTING, STEM CELLS, PRP, INJECTABLES AND THREADS \***

Don’t miss this comprehensive 4-hour video cadaver workshop on the world of facial rejuvenation, held by cosmetic surgeon **MARIO GOISIS**.

Dr. Goisis received his medical degree from Milan University. He is certified in Maxillofacial Surgery. Dr. Goisis is a clinical researcher and founder and medical director of Studio Medico and Surgical Skin Rejuvenation Center Sant Ambrogio in Milan.

At the end of this course, the attendee will:

- ▷ Have acquired knowledge about facial anatomy
- ▷ Have acquired knowledge about aesthetic and regenerative medicine
- ▷ Have acquired knowledge about fat and stem cells harvesting in the practice
- ▷ Understand where, what and how much to inject to achieve best outcomes

All Teaching Courses  
are included in the  
registration fee!

ROOM 118 | 119 ▷ 11.30 - 13.30h

**COSMECEUTICALS – NEW TRENDS AND PRACTICE MANAGEMENT ASPECTS \***

Cosmeceuticals are booming and new ingredients, products and treatments are showing promise in areas ranging from pigmentation to scar treatments. These are now more researched and nuanced than ever before.

This multi-disciplinary panel, led by Dermatologist and cosmeceuticals expert, **JOEL SCHLESSINGER**, will address the questions of which products are best to use, which products are best to sell and how to sell these in your practice. Discussion will be a key part of this session and audience interaction is encouraged!

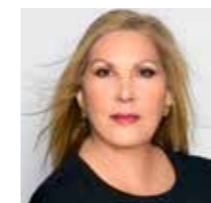
At the end of this course, the attendee will:

- ▷ Be able to identify the best cosmeceuticals for his/her practice and patients
- ▷ Know how to incorporate cosmeceuticals into his/ her practice and the nuts and bolts of bringing them on
- ▷ Have gained knowledge on marketing and promoting cosmeceuticals within his/ her practice
- ▷ Understand staffing issues in a cosmetic oriented practice
- ▷ Have gained knowledge on hiring and retaining staff in cosmetically oriented practices
- ▷ Understand the importance of aesthetics of the aesthetic practice: building a building that is attractive to the cosmetic patients

Guest speakers:

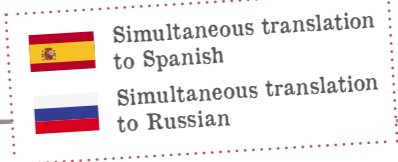
**JEANINE DOWNIE • S. MANJULA JEGASOTHY**

ROOM 118 | 119 ▷ 14.30 - 16.30h

**THE WHO, WHAT, WHY, WHEN AND HOW OF SOCIAL MEDIA MARKETING \***

During this intensive course, geared towards beginners to experienced social media marketers, New York City-based marketing consultant and social media maverick **WENDY LEWIS** will address and discuss these and many other common questions.

Busy aesthetic clinics all agree that it takes a tremendous amount of time and effort to develop and maintain a robust social media presence that resonates with your target audiences. It also takes a good strategy, a sufficient budget, and the right tools to make it happen. It also takes a modicum of patience because growing your followers on all social platforms does not happen overnight.



As strategic thinkers, we are persistently searching for new and innovative ways to gain a competitive edge. But the digital world is in a constant state of flux, which continues to present new challenges for aesthetic practitioners who have limited time to learn the ropes and stay on top of the trends. What is the best way to navigate Snapchat? How can clinics connect with their actual patients online in an ethical manner? What methods really work to convert fans and followers to paying patients? When is the right time to outsource your social media? These and many other common questions shall be addressed and discussed during this intensive course geared towards beginners to experienced social media marketers.

It is natural to hit the proverbial wall at some point and wonder if what you are doing is best practice and what you may be missing out on. If you find yourself in that situation, and most of us do at some point, this interactive course offers a candid conversation about what works and what doesn’t, with actionable tips, timesaving hacks, and tried and true tactics that will help spark your creative energy.

ROOM 120 | 121 ▷ 14.30 - 16.30h

**THE LINKS BETWEEN NUTRITION, STRESS & AGING \***

This course will be held by **PATRIZIA D’ALESSIO**, hematologist and cell biologist, expert in the interactions between chronic inflammation and premature aging.

Stress is an important factor boosting this intimate mechanistic connection by installing imbalances involving the intricacies of the immune system as well as the balance between different branches of the autonomic nervous system.

At the end of this course, the attendee will be able to:

- ▷ Improve diagnostic statements based on the correct estimation of apparently unrelated biological markers
- ▷ Better understand the value of primary prevention
- ▷ Develop personalized strategies adapted to the genetic profile of patients
- ▷ Create a sensible improvement in available tools for interventions matching multi-factorial approaches (nutritional interventions only are not sufficient)

The workshop will provide a synthetic written resumé addressing the essential points.



ROOM 118 | 119 ▷ 17.00 - 18.00h



**FAT GRAFTING & FAMI TECHNIQUE \***



Plastic Surgeon **ROGER AMAR** introduces both beginners and experienced attendees to the science behind the art of fat grafting from the basic fat transfer to the FAMI technique using mesenchymal stem cells.

This course will cover:

- ▷ The detailed anatomical basis of the FAMI procedure
- ▷ The detailed facial analysis of aging process
- ▷ The detailed non-invasive facial rejuvenation according to ethnic variations, through Caucasians, Slavic, Hispanic and Asians cases

At the end of this course, the attendee will be able to:

- ▷ Understand the planes of muscles of facial expression
- ▷ Understand how to avoid the complications of basic fat transfer
- ▷ Understand the tissue interaction between aged facial tissues and fresh mesenchymal cells
- ▷ Understand the international standards and regulations covering the stem cells injections

ROOM 120 | 121 ▷ 17.00 - 18.00h



**CHEMICAL PEELINGS \***



Learn about the different peeling options and variety of indications in this workshop, held by dermatologist, peeling expert and Vice President of the International Peeling Society (IPS), **SAHAR GHANNAM**.

At the end of this course, the attendee will:

- ▷ Understand the basics in Chemical Peelings (cell renewal processes, definition and mechanism of action, objectives and classifications, factors influencing the depth of exfoliation)
- ▷ Be familiar with the different types of Chemical Peelings (alpha hydroxyacids and beta hydroxyacids, TCA Phenol, combination peels)
- ▷ Be able to master the good practices of Chemical Peelings (diagnosis, protocols and follow-up, side effects and their management) in his/her practice

# OPENING GET-TOGETHER

FRIDAY, AUGUST 31, 2018 | 18.30h IN THE INDUSTRY EXHIBITION



An invitation is extended to conference delegates, faculty and Industry Partners to attend the Opening Get-together of the 9<sup>th</sup> 5CC meeting in the Industry Exhibition.

Socialize with your colleagues from around the globe and meet the Industry Partners who support our meeting, as we welcome you to Barcelona.

Small bites and chilled drinks will be served.

Open to all attendees.  
No RSVP required.



RESIDENTS & FELLOWS DAY

ROOM 133 | 134



Moderated by: ASHRAF BADAWI • MICHAEL GOLD

- 9.00 **PATHOGENESIS OF SKIN AGING \*** – Ashraf Badawi  
Influence factors of skin aging, layers of skin, combination techniques for both dermis and epidermis, designing a rejuvenation plan
- 9.30 **ANATOMY FOR FILLERS & TOXINS FOR THE FACE \*** – Matt Stefanelli  
Understanding facial anatomy to prevent adverse events in filler and toxin injections
- 10.00 **BOTULINUM TOXIN \*** – Michael Gold  
Toxin science, needles vs. cannulas, injectable combinations, treatment plans, customizing neuromodulators, side effects management
- 10.30 **FILLERS \*** – Iñigo de Felipe  
Filler science, manufacturing techniques, cross links, flow characteristics; injectable combinations; treatment plans; side effects management



11.00 - 11.30 | Coffee Break in the Foyer

Moderated by: PIERRE NICOLAU • JAIME PIQUERO-CASALS

- 11.30 **SUTURES & THREADS \*** – Pierre Nicolau  
Anatomy applied to sutures and threads, reabsorbable vs. nonabsorbable, combining sutures and threads with other modalities, suture and thread complications and their management
- 12.00 **CHEMICAL PEELINGS \*** – Jaime Piquero-Casals  
Cell renewal process, definition and mechanism of action, factors influencing the depth of exfoliation, alpha hydroxy-acids & beta hydroxyacids, TCA, Phenol, combined peels, diagnosis, protocols & follow-up, side effects management
- 12.30 **COSMECEUTICALS \*** – Jeanine Downie  
Definition and mechanism of action, treatment areas, development of cosmeceuticals, cosmeceuticals and lasers
- 13.00 **ROSACEA, ACNE & ACNE SCARS \*** – Lali Mekokishvili  
Diagnosing acne vs. rosacea; coping with coexisting acne and rosacea; types, symptoms, causes, and remedies; treatment options for acne scars



13.30 - 14.30 | Lunch Break in the Foyer

Moderated by: CHRISTINE DIERICKX • GODFREY TOWN

- 14.30 **LASER AND LIGHT BASICS & SAFETY \*** – Godfrey Town  
Understanding light generation and characteristics, hazards and risks from Lasers and IPLs
- 15.00 **LASER TATTOO REMOVAL** – Matthias Bonczkowitz  
Managing expectations, professional vs. amateur tattoos, why the location of tattoos matters, laser wavelengths for different tattoos, side effects and their management
- 15.30 **NON-INVASIVE BODY CONTOURING** – Christine Dierickx  
Different non-invasive technologies, indications, results and side effects management
- 16.00 **SKIN REJUVENATION WITH LASERS AND EBDs \*** – Maurice Adatto  
Indications, pre- and post-care, treatment modalities, combining technologies and techniques, customizing treatment plans, side effect management



16.30 - 17.00 | Coffee Break in the Foyer

Moderated by: R. GLEN CALDERHEAD • LEIHONG FLORA XIANG

- 17.00 **PDT** – Leihong Flora Xiang  
Mechanisms of action, applications in dermatology
- 17.30 **LED-LLLT \*** – R. Glen Calderhead  
Photobiological basics, mechanisms of action, applications in dermatology

18.00 | End of Conference Day



▷ 9.00 - 11.00 ROOM 118 | 119

**ESSENTIAL ANATOMY FOR FACIAL INJECTIONS & THREAD TREATMENTS** (organized by IMCAS)  
**Moderated by:** BENJAMIN ASCHER

9.00	What's Hot From IMCAS Congresses and Academy * <b>Benjamin Ascher</b>
9.05	Understand Facial Anatomy to Prevent Complications in Filler & Toxin Injections * <b>Benjamin Ascher</b>
9.25	Surgical Anatomy of the Three Planes of the Mimic Muscles * <b>Roger E. Amar</b>
9.40	Fat Pad Facial Analysis: A Primer for Revolumization * <b>Deanne Mraz Robinson</b>
9.55	Facial Anatomy and Avoiding Intravascular Injection * <b>Susan Weinkle</b>
10.10	Questions & Answers
10.20	Anatomy Applied to Fillers and Threads * <b>Pierre Nicolau</b>
10.35	Anatomy for Breast and Buttock Aesthetics * <b>Matt Stefanelli</b>
10.50	Questions & Answers

▷ 11.30 - 13.30 ROOM 118 | 119

**EXPANDING YOUR TOXIN KNOWLEDGE AND USES**  
**Moderated by:** FIRAS AL-NIAIMI • MARK NESTOR

11.30	The Science of Botulinum Toxin * <b>Mark Nestor</b>
11.40	Refining the Art of Neuromodulators: Thoughts From the US * <b>Suan Weinkle</b>
11.50	Botulinum Toxin in Over 70's: Could It Help? * <b>Augustin Alomar Muntañola</b>
12.00	Questions & Answers
12.10	Basic Botulinum Toxin Tutorial: Upper and Lower Face (Video-supported) * <b>Amy Taub</b>
12.25	State of the Arts of Toxin and Its Combination Treatment for Lower Face Rejuvenation <b>Atchima Suwanchinda</b>
12.35	Botulinum Toxins: Novel Uses * <b>David J. Goldberg</b>
12.45	New Toxins in the US: What is Making Its Way Through the Clinical Trial Domain * <b>Michael Gold</b>
12.55	Off-license Dermatological Uses of Botulinum Neurotoxin in Dermatology * <b>Firas Al-Niaimi</b>
13.05	Easy and Painless Palm Injections for Hyperhidrosis * <b>Augustin Alomar Muntañola</b>
13.15	Questions & Answers

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▷ 14.30 - 16.30 ROOM 118 | 119

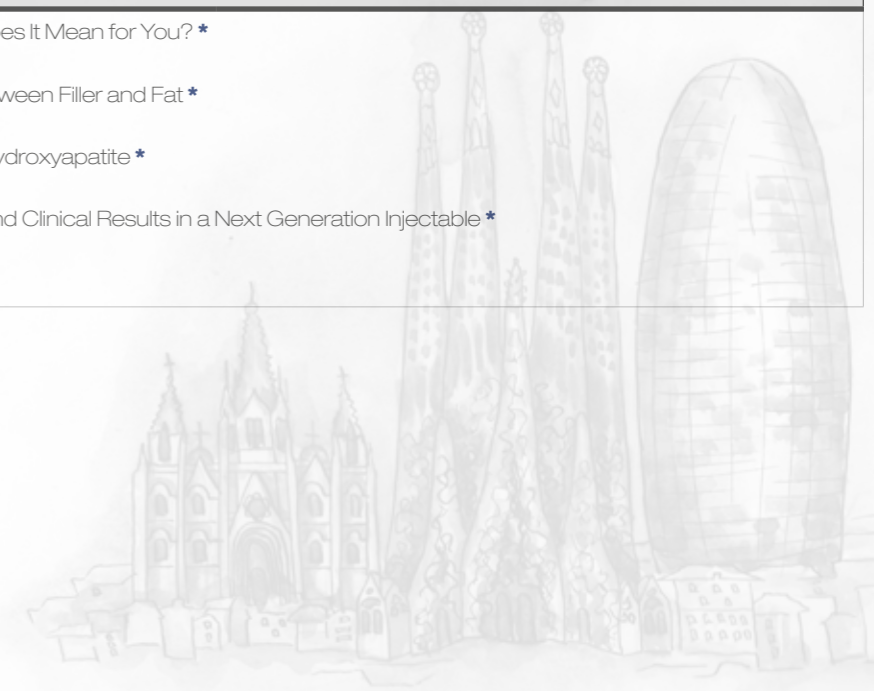
**MICROFAT & FILLERS – THE CUTTING EDGE**  
**Moderated by:** PETER PENG • SUSAN WEINKLE

14.30	Comparing Protocols: Single-stage Microfat vs. Integrated Protocol of Lipofilling and Monthly Executed Biorevitalization to Restore Age-related Facial Volume Loss * <b>Mario Goisis</b>
14.40	Filling Myself with My Own Fillers * <b>Rungsima Wanitphakdeedecha</b>
14.50	Understanding Intravascular Injections with Soft Tissue Augmentation * <b>Susan Weinkle</b>
15.00	10 Methods to Reduce Pain and Bruising While Getting Better Outcomes with Injectable Fillers * <b>Amy Taub</b>
15.10	Temples: Deep or Superficial Injections * <b>Ekaterina Gutop</b>
15.20	Eye Rejuvenation with Fillers: What to Use * <b>Iñigo de Felipe</b>
15.30	The Nose: When Are Fillers „Better“ Than Surgery * <b>Miles Graivier</b>
15.40	Treating Lips According Facial Proportions * <b>Beatriz Beltrán</b>
15.50	Understanding the 5-part Harmony of Lip Beauty <b>Michael Polakov</b>
16.00	Using HA Filler Injection to Treat Gummy Smile * <b>Peter Peng</b>
16.10	The Chin: Striking a Balance * <b>Elizabeth B. Houshmand</b>
16.20	Questions & Answers

▷ 17.00 - 18.30 ROOM 118 | 119

**THE SCIENCE OF DERMAL FILLERS**  
**Moderated by:** BENJAMIN HERBAGE • DEANNE MRAZ ROBINSON

17.00	HA Filler Product Characteristics: What Does It Mean for You? * <b>Benjamin Herbage</b>
17.15	Nanofat Plus hDAM: Bridging the Gap Between Filler and Fat * <b>Diane Duncan</b>
17.30	In Vitro and Vivo Reversibility of Calcium Hydroxyapatite * <b>Deanne Mraz Robinson</b>
17.45	Agarose vs. Hyaluronic Acid: Chemistry and Clinical Results in a Next Generation Injectable * <b>Brian M. Kinney</b>
18.00	Questions & Answers





▷ 9.00 - 11.00 ROOM 120   121		
<b>SURGICAL VS. NON-SURGICAL BODY SHAPING – WHAT WINS OUT?</b>		
<b>Moderated by:</b> DIANE DUNCAN • TUNÇ TIRYAKI		
9.00	Morphology of Skin Changes After Invasive Procedures *	<b>Torello Lotti</b>
9.12	Mastopexy Augmentation Simplified: A Starter's Kit for Implant Selection and Step by Step Surgical Technique *	<b>Tunç Tiryaki</b>
9.24	Elastic Threads for Breast Remodeling *	<b>Maurizo Berlanda</b>
9.36	Scarless Contouring of the Breast: Creating an „Implant“ without One *	<b>Diane Duncan</b>
9.48	Questions & Answers	
10.00	Inverse Abdominoplasty *	<b>Tunç Tiryaki</b>
10.12	Gluteal Augmentation with Implants and Fat *	<b>Matt Stefanelli</b>
10.24	Non-surgical Buttock Augmentation with Poly-L-lactic Acid Injections *	<b>Maria Khattar</b>
10.36	The Next Level in Body Contouring and Shaping: Liposuction, Fat-Grafting and Skin Tightening in 2018	<b>Gerhard Sattler • Sonja Sattler</b>
10.48	Questions & Answers	

▷ 11.30 - 13.30 ROOM 120   121		
<b>BODY CONTOURING &amp; SKIN IMPROVEMENT: WHAT'S POSSIBLE WITHOUT THE SCALPEL?</b>		
<b>Moderated by:</b> CHRISTINE DIERICKX • JILL LEZAIC		
11.30	Latest in Body Contouring	<b>Jill Lezaic</b>
11.39	Update on Non-invasive Fat Melting *	<b>Jeanine Downie</b>
11.48	Combining Different Non-invasive Body Contouring Technologies and Techniques *	<b>Ines Verner</b>
11.57	Changes in Subdermal Tissue After Treatment with RF Technology Combined with Infrared Light and Mechanical Manipulation for Body Contouring *	<b>Virginia Benitez Roig</b>
12.07	Melting Fat and Building Muscle in One Non-invasive Therapy: A New Paradigm with High Frequency Electromagnetic Therapy *	<b>Brian M. Kinney</b>
12.16	HIFU in Body Contouring: Results and Patient Selection	<b>Klaus Fritz</b>
12.25	Cryolipolysis and Thermal Lipolysis	<b>Christine Dierickx</b>
12.34	Body Filler and More: Combination Therapies for Body Aesthetics	<b>Sonja Sattler</b>
12.43	1060 nm Diode Laser for Calf Contouring *	<b>Rungsima Wanitphakdeedecha</b>
12.52	Cellulite Treatment *	<b>Deanne Mraz Robinson</b>
13.01	Low Level Laser Therapy for Circumferential Reduction of Waist, Hips and Thighs *	<b>Michael Gold</b>
13.10	Treatment of Stretch Marks by Carboxytherapy	<b>Moetaz El-Domyati</b>
13.19	Questions & Answers	


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▷ 14.30 - 16.30 ROOM 120   121		
<b>CHEMICAL PEELINGS AROUND THE WORLD (organized by IPS)</b>		
<b>Moderated by:</b> HAROLD BRODY • SAHAR GHANNAM		
14.30	International Peeling Society (IPS): Introduction *	<b>Sahar Ghannam</b>
14.35	Practical Tips & Recommendations for Peeling	<b>Uliana Gout</b>
14.50	Do's and Don'ts in Chemical Peels *	<b>Sahar Ghannam</b>
15.05	Combining Medium and Deep Peeling	<b>Harold J. Brody</b>
15.25	Radio-Peel: Synergism Between Microneedling Fractional RF and 20% Trichloroacetic Acid Chemical Peel *	<b>Ofir Artzi</b>
15.40	How to Combine Chemical Peels with Lasers and Other EBDs *	<b>Ines Verner</b>
15.55	Phenol Peeling 88% Combined with Oleic Acid (0.05%) for the Treatment of Non-Facial Areas *	<b>Denise Steiner</b>
16.10	Questions & Answers	



▷ 17.00 - 18.30 ROOM 120   121		
<b>UPDATE IN MICRONEEDLING &amp; RADIOFREQUENCY</b>		
<b>Moderated by:</b> VIRGINIA BENITEZ ROIG • TODD E. SCHLESINGER		
17.00	Microneedling RF in 2018: What Have We Learned? *	<b>Michael Gold</b>
17.10	Radiofrequency for Pre- and Post Anti-aging Treatments *	<b>Marc-Ignasi Corral-Baqués</b>
17.20	Microneedling and Radiofrequency: An Evolution of Techniques *	<b>Bradley Bloom</b>
17.30	Temperature Control in Skin Rejuvenation with Radiofrequency Delivery Through Microneedles *	<b>Virginia Benitez Roig</b>
17.40	Simultaneous Radiofrequency and Shock Wave in Body Contouring: Study Results	<b>Klaus Fritz</b>
17.50	Microneedling & Dermaceuticals: Are Biologicals the New Wave? *	<b>Diane Duncan</b>
18.00	Microneedling in Vitiligo Treatment *	<b>Wael Hosam El-Din</b>
18.10	Microneedling and Platelet Rich Plasma (PRP): How I Do It *	<b>Todd E. Schlesinger</b>
18.20	Questions & Answers	


\* This lecture will be available on 5CC ON AIR ONLINE EDUCATION / ENHANCED AESTHETIC DERMATOLOGY



▷ 9.00 - 11.00 ROOM 131   132 	
<b>EXPERT VIEWPOINTS ON CLINICAL DERMATOLOGY</b>	
<b>Moderated by:</b> TORELLO LOTTI • WORAPHONG MANUSKIATTI	
9.00	Personal Development and Chronic Skin Diseases: A New and Integrative Approach * <b>Victor Gabriel Clatici</b>
9.15	Novel Vascular Platform in Clinical Practice * <b>Firas Al-Niaimi</b>
9.25	Targeting Vascular Conditions with Laser Hair Removal Lasers <b>Mathew M. Avram</b>
9.35	Fighting with Melasma: Win or Lose * <b>Woraphong Manuskiatti</b>
9.45	Why I Do Not Treat Melasma with Lasers * <b>Sahar Ghannam</b>
9.55	Laser Treatment of Pigmented Lesions in Asians * <b>Taro Kono</b>
10.05	Vitiligo: New Treatments, New Challenges * <b>Torello Lotti</b>
10.15	Surgical Treatment of Vitiligo * <b>Paolo R. Cunha</b>
10.25	Treatment of Keloids Using Superficial Radiation Therapy (SRT) * <b>David J. Goldberg</b>
10.35	Lasers for Onychomycosis * <b>Keyvan Nouri</b>
10.45	Questions & Answers

▷ 11.30 - 13.30 ROOM 131   132 	
<b>ACNE &amp; FACIAL REDNESS – MY BEST RESULTS</b>	
<b>Moderated by:</b> NATHALIE FOURNIER • MOSHE LAPIDOTH	
11.30	Non-prescription Treatments for Acne * <b>Leon Kircik</b>
11.38	The Protocols for Different Severity of Acne Including GA Peeling <b>Leihong Flora Xiang</b>
11.46	Drug Delivery Properties of a Novel Non-radiating Fractional Technology * <b>Nathalie Fournier</b>
11.56	A New Energy-based Device Approach to the Treatment of Acne * <b>Bruce Katz</b>
12.04	Gold-coated Microparticles: Real World Experience in the Treatment of Facial Acne <b>Merete Haedersdal</b>
12.14	How to Cope with Coexisting Acne and Rosacea * <b>Lali Mekokishvili</b>
12.22	Questions & Answers
12.30	Acne Vulgaris Treatments with Lasers & EBDs * <b>Michael Gold</b>
12.38	Acne Scars: Holistic Approach * <b>Ashraf Badawi</b>
12.46	How Far Can We Get with the Treatment of Acne Scars? * <b>Moshe Lapidoth</b>
12.54	Treating Facial Erythema with a Novel Solid-state 589/1319nm Laser * <b>David J. Goldberg</b>
13.04	Red Face: Treatment with Laser and/or IPL * <b>Paolo R. Cunha</b>
13.12	Dye-AFT with Cosmetics to Treat the Red Face * <b>Jaime Piquero-Casals</b>
13.20	Questions & Answers

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 Simultaneous translation to Russian

▷ 13.30 - 14.30 ROOM 131   132 	
<b>INDUSTRY SYMPOSIUM</b>	
<b>i</b>	For more information on the industry symposia please refer to <a href="#">page 46</a>

▷ 14.30 - 16.30 ROOM 131   132 	
<b>HAIR – DISEASES, REMOVAL, REGROWTH &amp; RESTORATION</b>	
<b>Moderated by:</b> JULIANA MAITTO ISPER • KEYVAN NOURI	
14.30	Prophylactic Treatment with AB-103 Protects Breast Cancer Patients From the Development of Chemotherapy Induced Alopecia * <b>Andy Goren</b>
14.40	Microinfusion of Medicaments in the Skin in Androgenetic Alopecia * <b>Juliana Maitto Isper</b>
14.49	How to Evaluate the Efficiency of Anti-Hair Loss Products? * <b>Alfonso Fernández-Botello</b>
14.58	Hair Loss: Novel Approach to Treatment * <b>Elizabeth B. Houshmand</b>
15.07	Lasers for Hair Growth * <b>Keyvan Nouri</b>
15.16	BotulinumToxin Injections for Hair * <b>Amin M. Amer</b>
15.25	The Aesthetic Impact of Hair Restoration * <b>Michael Gold</b>
15.35	The Role of Synthetic Hair Implants in Hair Restoration * <b>Ghislaine Beilin</b>
15.44	Optimizing Hair Restoration: Prepping the Graft Bed * <b>Diane Duncan</b>
15.53	My 4 Years Journey in Robotic Hair Transplantation * <b>Eduardo López-Bran</b>
16.03	What's New in Diode Laser Hair Removal? * <b>Rahul Pillai</b>
16.12	Hair Diseases Update <b>Mohamed Amer</b>
16.21	Questions & Answers

▷ 17.00 - 18.30 ROOM 131   132 	
<b>DEALING WITH SKIN CANCER</b>	
<b>Moderated by:</b> LEON KIRCIK • DANIEL MIMOUNI	
17.00	History of Mohs Surgery * <b>Leon Kircik</b>
17.12	Laser Treatment of Basal Cell Carcinoma: Where Do We Stand? * <b>Arisa Ortiz</b>
17.24	Fusion Ex Vivo Confocal Microscopy: A Revolution Technique in Skin Histopathology * <b>Maria Javiera Pérez Anker</b>
17.36	Post-Mohs Facial Scar Correction with Non-ablative Fractional Q-Switched 1064nm Laser * <b>Lehavit Akerman</b>
17.48	Emerging Therapies in Cutaneous Oncology * <b>Todd E. Schlesinger</b>
18.00	Superficial Radiation Therapy * <b>Mark Nestor</b>
18.12	Questions & Answers



▷ 9.00 - 11.00 ROOM 133 | 134

**THE ROLE OF HOME-USE DEVICES IN AESTHETIC MEDICINE** (organized by HUD)  
**Moderated by:** DOMINIQUE DU CREST • GODFREY TOWN

9.00	Physician-guided Home-use Devices: Prescription HUD <b>Peter Bjerring</b>
9.12	HUD: Do They Work? What Do I Tell My Patients? <b>Christine Dierickx</b> Lessons Learned From Low and High Fluence Photoepilation <b>Natallia Uzunbajakava</b>
9.32	HUD: New Thoughts & New Devices in 2018 * <b>Michael Gold</b>
9.47	Questions & Answers
9.52	HUD 2018 Survey Monkey * <b>Dominique Du Crest</b>
10.00	Update on HUD Standards and Regulation * <b>Godfrey Town</b>
10.10	Questions & Answers
10.15	HUD: What Does the Consumer Think? * <b>Laurence Newman</b>
10.25	Will Vaginal Rejuvenation Become the Largest HUD Market? * <b>Robert E. Grove</b>
10.35	A HUD with Significant Results in Anti-aging * <b>Laure Rossignol</b>
10.45	Home-use Dermatological Devices: An Evidence-based Assessment of Efficacy and Safety <b>Jay Nash</b>
10.55	Questions & Answers

▷ 11.30 - 14.30 ROOM 133 | 134

**INDUSTRY SYMPOSIA**

**i** For more information on the industry symposia please refer to [page 46](#)

▷ 14.30 - 16.30 ROOM 133 | 134

**SUPERFICIAL RADIATION THERAPY AND SKIN CANCER TREATMENT & SCAR PREVENTION**  
**Moderated by:** MICHAEL GOLD • DAVID J. GOLDBERG • MARK NESTOR

14.30	Introduction Into Superficial Radiation Therapy and Comparison to Other Forms of Radiation * <b>Mark Nestor</b>
14.50	Superficial Radiation Therapy for Scars and Keloids * <b>Michael Gold</b>
15.10	Current Treatment Options for Non-melanoma Skin Cancers * <b>David J. Goldberg</b>
15.30	Treatment of Non-melanoma Skin Cancers Using Superficial Radiation Therapy * <b>David J. Goldberg</b>
15.45	US Consensus Positions with Regard to Superficial Radiation Therapy * <b>Mark Nestor</b>
16.00	Lasers and EBDs for Improving All Facets of the Skin * <b>Michael Gold</b>
16.15	Questions & Answers

Simultaneous translation to Spanish  
 Simultaneous translation to Russian

▷ 17.00 - 18.30 ROOM 133 | 134

**TIPS AND TRICKS FOR ETHNIC SKIN & BEAUTY**  
**Moderated by:** HENRY H. L. CHAN • MARIO A. TRELLES

17.00	Treating Skin Types 4 - 6 Safely and Effectively with Lasers and Light Sources <b>Mathew M. Avram</b>
17.10	Facial Skin Laser Rejuvenation of Dark Phototypes: A Follow-up Over 6 Months * <b>Mario A. Trelles</b>
17.20	Recommended Protocol for Diode Laser Hair Reduction on Darker Skin Types * <b>Rahul Pillai</b>
17.30	Questions & Answers
17.40	Picosecond Laser for Removing Variety of Benign Pigmentation for Darker Skin Types * <b>Kei Negishi</b>
17.50	Treatment of Melasma in Dark Skin with Laser * <b>Jhonny Daniel de la Riva</b>
18.00	Scar Management in Skin of Color * <b>Henry H. L. Chan</b>
18.10	Stretch Marks Treatment: What Works in Dark Skin * <b>Sahar Ghannam</b>
18.20	Questions & Answers






MEDICAL AESTHETIC BUSINESS PANEL WITH WENDY LEWIS

▷ 9.00 - 11.00 ROOM 111 	
<b>PRACTICE MARKETING PEARLS</b> Moderated by: H. L. GREENBERG • WENDY LEWIS	
9.00	Introduction to the 5CC Marketing Program * Michael Gold
9.10	Paying Your Way to Growing Your Business Online H.L. Greenberg
9.30	Expanding Your Clinic Brand: Strategies That Work * Vivian Bucay
9.50	Tips for Using Instagram To Elevate Your Profile * Michael T. Somenek
10.10	Panel Discussion with Q&A

▷ 11.30 - 13.30 ROOM 111 	
<b>INSIGHTS ON PATIENT MANAGEMENT</b> Moderated by: H.L. GREENBERG • WENDY LEWIS	
11.30	Top Tips for Managing a Successful Aesthetics and Skincare Clinic Uliana Gout
11.50	The Patient-centric Aesthetic Clinic: What Patients Want * Adriana Ribé
12.10	Using Surveys and Questionnaires to Grow a Dermatology Practice * Todd E. Schlesinger
12.30	Panel Discussion with Q&A

▷ 14.30 - 16.30 ROOM 111 	
<b>DIGITAL MARKETING WORKSHOP</b> Presented by: DAVID BALDWIN • WENDY LEWIS	
14.30	A few years ago, you might have been able to get by with just designing an online marketing plan for your clinic on the fly. It was a lot simpler back then; sure, you needed a decent website, with some keywords thrown in, maybe a blog and a Facebook page, and some Google ads, but you probably relied mainly on word of mouth and referrals to keep your clinic full and thriving. Well, fast forward to 2018 and it's a whole new world out there.  This course will introduce you to the key elements of a strong digital marketing strategy, and offer up the right steps to be effective on a limited budget. Special attention will be given to the right channels, best practices for posting, how to hire a marketing firm to help you, and pitfalls to avoid. *

▷ 17.00 - 18.00 ROOM 111 	
<b>ONLINE MARKETING</b> Presented by: DANNY BERMANT	
17.30	Promoting your aesthetic practice online can be tough, especially when you operate in a crowded market.  A minority have figured out how to build a social media audience. Some have great websites with lots of traffic. And others have a sizeable email list. What only the most successful practices have in place is a sales funnel, a system that pulls all three together so that they deliver a consistent stream of leads, enquiries and new patients.  Over the course of this session we'll demonstrate the building blocks you need to create your own sales funnel so that you too can succeed online. *

\* This lecture will be available on 5CC ON AIR ONLINE EDUCATION FOR ADVANCED AESTHETIC DERMATOLOGY

11<sup>TH</sup> 5-CONTINENT-CONGRESS



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AUGUST 29 – SEPTEMBER 1

2019



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- COSMECEUTICALS ▪ FILLERS ▪ AESTHETIC GYNECOLOGY



▷ 9.00 - 11.00 ROOM 118 | 119

**FACING THE FUTURE OF FACIAL REJUVENATION & LIFTING****Moderated by:** ARISA ORTIZ • ZAMIRA YANINE

- 9.00 Looking Younger 10 Years Later: The Value of Non-invasive Aesthetic Medicine, A Photographic Comparison a Decade Apart \*  
**Douglas J. Key**
- 9.10 Facial Rejuvenation Combined with Minimally Invasive Procedures \*  
**Jhonny Daniel de la Riva**
- 9.20 Non-surgical Rejuvenation of the Face \*  
**Zamira Yanine**
- 9.30 The Three Step Facial Approach for Facial Rejuvenation with NASHA Gels  
**Francesca de Angelis**
- 9.40 Non-invasive SMAS Manipulation for Skin Lifting  
**Atchima Suwanchinda**
- 9.50 A Novel Treatment Combining Sublative and Non-ablative Radiofrequency Technologies for Enhanced Skin Rejuvenation \*  
**Maurice Adatto**
- 10.00 The Heat Transfer Model of a Novel Non-radiating Fractional Technology \*  
**Moshe Lapidoth**
- 10.10 Tips for Dermabrasion \*  
**Hang Li**
- 10.20 Skin Tightening: What's New? \*  
**Arisa Ortiz**
- 10.30 Erase and Rewind: 8-Point Face Lifting Approach \*  
**Medhat Abdel Malek**
- 10.40 Micro Lifting: A Percutaneous Face Lift Technique \*  
**Tunç Tiryaki**
- 10.50 Questions & Answers

▷ 11.30 - 13.30 ROOM 118 | 119

**FACIAL RESHAPING & NECK CONTOURING – WHAT'S NEXT?****Moderated by:** IÑIGO DE FELIPE • ALINA FRATILA

- 11.30 The Use of Fat and PRP Grafting for Eyelid Rejuvenation \*  
**Benjamin Ascher**
- 11.48 Lower Lid Blepharoplasty: Transcutaneous or Transconjunctival Approach? \*  
**Alina Fratila**
- 12.06 Non-surgical Rhinoplasty: A Surgeon's Perspective \*  
**Michael T. Somenek**
- 12.24 Bichectomy Facial Skinning \*  
**Jhonny Daniel de la Riva**
- 12.42 Face and Neck Lifting with Endolaser Technique Using a 1470nm Diode Laser and a 300 Microns Optic Fibre \*  
**Luigi Mazzi**
- 13.00 Plicature: A New, Simple Procedure for Neck Lifts \*  
**Iñigo de Felipe**
- 13.18 Questions & Answers

▷ 14.30 - 16.30 ROOM 118 | 119

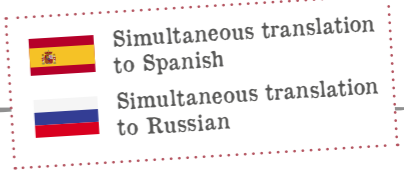
**GLOBAL APPROACH TO ADVERSE EVENTS IN INJECTABLES** (organized by IS<sup>4</sup>AC)**Moderated by:** TANJA FISCHER

- 14.30 Introduction to Filler and Toxin Complications  
**Tanja Fischer**
- 14.50 Filler Complications: Etiology, Prevention and How I Manage Them \*  
**Firas Al-Niaimi**
- 15.10 Review of Two Cases of Granulomas After Injection of Hyaluronic Acid \*  
**Beatriz Beltrán**
- 15.30 Questions & Answers
- 15.40 Late-onset Hypersensitivity Reactions Secondary to Hyaluronic Acid Filler Injections: Review and Proposed Protocol \*  
**Ofir Artzi**
- 16.00 Avoidable Complications After Botulinum Toxin Injections \*  
**Rahul Pillai**
- 16.20 Questions & Answers

▷ 17.00 - 18.30 ROOM 118 | 119

**FOCUS SESSION – THE MALE PATIENT****Moderated by:** WELF PRAGER • MICHAEL T. SOMENEK

- 17.00 The Male Aesthetic: Why It is Important \*  
**Michael T. Somenek**
- 17.12 Specific Treatment Protocols for Male Rejuvenation \*  
**Ghislane Beilin**
- 17.24 Male Beautification \*  
**Welf Prager**
- 17.36 Questions & Answers
- 17.48 Chemical Peels in Men \*  
**Zamira Yanine**
- 18.00 Efficacy and Safety to Treat Male Gynecomastia with RF and Ultrasound \*  
**Uwe Paasch**
- 18.12 Lasers for Dermatologic Diseases in Men \*  
**Emmanuel França**
- 18.24 Questions & Answers





▷ 9.00 - 11.00 ROOM 120 | 121

**LASERS – THE ORIGINAL ENERGY-BASED DEVICES****Moderated by:** HENRY H.L. CHAN • KLAUS FRITZ

- 9.00 What's New in Laser and Energy-based Devices for 2018? \*  
**Moshe Lapidoth**
- 9.10 Extended Indications for Vascular Lasers: Treatment of Scars, Bruises and Non-invasive Skin Rejuvenation  
**Christine Dierickx**
- 9.20 Picosecond Pulses: My Experience with Removing Tattoos, Pigmented Lesions and Smoothing the Skin \*  
**Maurice Adatto**
- 9.30 New Wavelengths and New Indications for Picosecond Lasers  
**Klaus Fritz**
- 9.40 Why Is the Picosecond Laser Not a Magic Wand... Yet? \*  
**R. Glen Calderhead**
- 9.50 Laser Treatment of Port Wine Stains \*  
**Taro Kono**
- 10.00 Battling with Laser-induced Postinflammatory Hyperpigmentation \*  
**Woraphong Manuskiatti**
- 10.10 Complication with the Use of Nd-YAG Laser \*  
**Emmanuel França**
- 10.20 Fractional Technology in Asians \*  
**Henry H.L. Chan**
- 10.30 How Diode Lasers Can Treat More Than Hair Removal  
**Klaus Fritz**
- 10.40 Laser-assisted Drug Delivery: Update, Evidence & Clinical Practice  
**Merete Haedersdal**
- 10.50 Questions & Answers

▷ 11.30 - 13.30 ROOM 120 | 121

**SUTURES AND THREADS – ON & OFF THE FACE****Moderated by:** MAURIZIO BERLANDA • DOUGLAS J. KEY

- 11.30 Absorbable Lifting Sutures: Outcome of a Long-term Clinical Study \*  
**Mark Nestor**
- 11.42 Global Picture for Thread Lifting \*  
**Susan Weinkle**
- 11.54 The Use of Absorbable Sutures in Lifting and Volumizing the Skin: The US Consensus Report \*  
**Michael Gold**
- 12.06 A New Concept: Using Resorbable Threads as Fillers \*  
**Bruce Katz**
- 12.18 Suturing Techniques for Aesthetic Surgical Reconstruction  
**Jonathan Kantor**
- 12.30 Thread Lifting Design: Ways to Achieve Better Results with Less Complications \*  
**Peter Peng**
- 12.42 Moving Onwards with Threads: Face, Neck, Breast and Thighs \*  
**Douglas J. Key**
- 12.54 My Way of Buttock Reshaping Using Elastic Threads \*  
**Maurizio Berlanda**
- 13.06 Absorbable Sutures and Combinations: Tips and Techniques, Combining PDO and PLLA for Optimal Results \*  
**Andre Berger**
- 13.18 Questions & Answers

▷ 14.30 - 16.30 ROOM 120 | 121

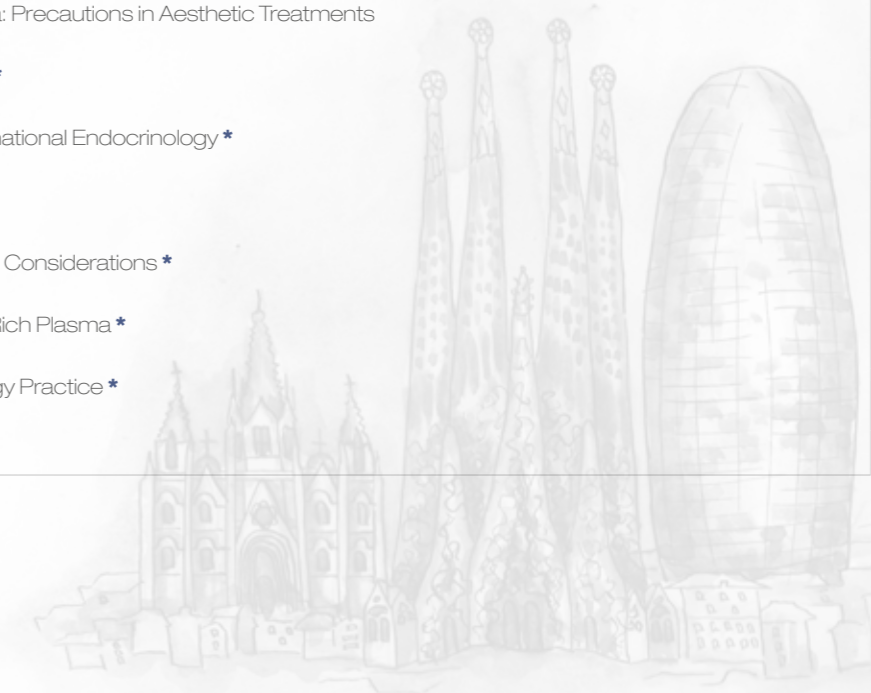
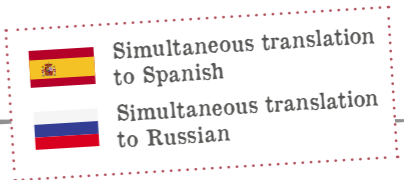
**COMBINATIONS – BETTER TOGETHER****Moderated by:** ANTONIO CAMPO VOEGELI • THAL HUMES

- 14.30 Botulinumtoxin and Fillers: Anti-aging Treatments and Beautification of Face and Neck \*  
**Claudia Magalhaes**
- 14.40 My Follow-up of 6 Years Combining Sutures and Fillers \*  
**Beatriz Beltrán**
- 14.50 Thread Lifting and Minimally-invasive RF: How to Combine \*  
**Ekaterina Gutop**
- 15.00 Combining Filler Injections and Picosecond Laser for Facial Rejuvenation \*  
**Peter Peng**
- 15.10 Combination Treatments with Fractional Lasers  
**Mathew M. Avram**
- 15.20 Combination of IPL and Fractional Hybrid Laser for Rejuvenation and Acne Scars \*  
**Antonio Campo Voegeli**
- 15.30 Combination of Small-particle HA and Thermal Fractional Skin Rejuvenation for Rapid Improvement of Skin Quality \*  
**Lehavit Akerman**
- 15.40 Microneedling Combined with Stem Cell Products for Management of Acne Scars and Skin Aging  
**Moetaz El-Domyati**
- 15.50 Combining Laser and Injectables for Total Facial Enhancement \*  
**Thal Humes**
- 16.00 Photofractional Combined with Drug Delivery and Fillers \*  
**Claudia Marçal**
- 16.10 Periorbital Rejuvenation Through Combination Treatment \*  
**Welf Prager**
- 16.20 Questions & Answers

▷ 17.00 - 18.30 ROOM 120 | 121


**NEW DIMENSIONS IN AESTHETICS****Moderated by:** PAULO R. CUNHA • VICTOR GABRIEL CLATICI

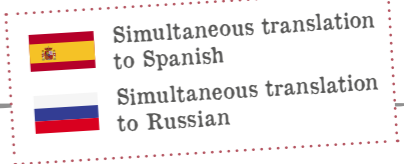
- 17.00 Psychodermatology – Dysmorphophobia: Precautions in Aesthetic Treatments  
**Paulo R. Cunha**
- 17.12 The Best Team in the Aesthetic Market? \*  
**Victor Gabriel Clatici**
- 17.24 The Clinical Aesthetic Application of International Endocrinology \*  
**Andre Berger**
- 17.36 Life Span vs. Health Span \*  
**Claudia Marçal**
- 17.48 The Beauty Concept: Cultural and Sexual Considerations \*  
**Abraham Benzaquen**
- 18.00 Evolution & New Applications of Platelet Rich Plasma \*  
**Bruce Katz**
- 18.12 3D Imaging: Role in Aesthetic Dermatology Practice \*  
**Wael Hosam El-Din**
- 18.24 Questions & Answers





▷ 9.00 - 11.00 ROOM 131   132 	
<b>STATE OF THE ART IN WOUND HEALING, SCARS &amp; SCAR PREVENTION</b>	
<b>Moderated by:</b> OFIR ARTZI • AMY TAUB	
9.00	830nm LED-LLLT Accelerates Healing in a Standardized Wound: A Randomized, Double Blinded and Controlled Trial in Human Subjects * <b>R. Glen Calderhead</b>
9.10	The Linear Closure: Finessing Technique for Superior Cosmetic and Functional Outcomes <b>Jonathan Kantor</b>
9.20	A Novel Stereoscopic Optical System for Objectively Measuring Above Surface Scar Volume: First-time Quantification of Response to Various Treatment Modalities * <b>Ofir Artzi</b>
9.30	Update on Early Laser-intervention for Scars <b>Merete Haedersdal</b>
9.40	How to Approach Burn, Traumatic and Surgical Scars Based on Literature and Experience * <b>Amy Taub</b>
9.50	Questions & Answers
10.00	Ablative Fractional Laser-assisted Drug Delivery in the Management of Scars * <b>Uwe Paasch</b>
10.10	Innovative Laser Techniques & Procedures in the Treatment of Pathological Scars * <b>Paolo Bonan</b>
10.20	High-intensity Focused RF for Acne Scars and More * <b>Maurice Adatto</b>
10.30	Evaluation of Fractional CO <sub>2</sub> Laser in the Treatment of Post-burn Scars * <b>Wael Hosam El-Din</b>
10.40	The Role of High-frequency Ultrasound on Scar Treatment * <b>Hang Li</b>
10.50	Questions & Answers

▷ 11.30 - 13.30 ROOM 131   132 	
<b>WHAT IPL, PDT, LED &amp; LLLT CAN DO FOR YOUR PATIENTS</b>	
<b>Moderated by:</b> PETER BJERRING • ASSI LEVI	
11.30	IPL Technology: What We Know From Research From Long-term Analyses * <b>Michael Gold</b>
11.42	10 Pearls to Optimize Pulsed Light Results * <b>Patrick Bitter</b>
11.54	IPL in Dermatologic Diseases * <b>Emmanuel França</b>
12.06	LLLT for Health and Wellbeing * <b>Mark Nestor</b>
12.18	ALA-PDT for Acne: Mechanism and Clinical Efficacy <b>Leihong Flora Xiang</b>
12.30	Questions & Answers
12.42	The Evolution of PDT From Standard to Laser-assisted Artificial Daylight Concepts * <b>Uwe Paasch</b>
12.54	Daylight-activated PDT for Organ Transplant Recipients <b>Assi Levi</b>
13.06	Off-label PDT Treatments <b>Peter Bjerring</b>
13.18	Questions & Answers



▷ 14.30 - 16.30 ROOM 131   132 	
<b>ENHANCING YOUR PRACTICE WITH COSMECEUTICALS, SKIN CARE &amp; NUTRITION</b>	
<b>Moderated by:</b> ANDRE BERGER • VIVIAN BUCAY	
14.30	Cosmeceuticals and Photoaging * <b>Leon Kircik</b>
14.40	Cosmeceutical Delivery with 1927nm Combined with High-intensity Focused RF for the Total Skin Solution <b>Matteo Tretti Clementoni</b>
14.50	Latest and Greatest in Anti-aging Skin Care * <b>Amy Taub</b>
15.00	How to Deliver Fresh Vitamin C for Maximum Results: An Innovative Daily Booster <b>Emmanuelle Moirand</b>
15.10	Vitamin K for Dark Eye Circles * <b>Amin M. Amer</b>
15.20	Sunscreens: New Concepts and Combination with Products * <b>Jaime Piquero-Casals</b>
15.30	The Gut Skin Axis: More Than a Gut Feeling * <b>Andre Berger</b>
15.40	Cosmeceuticals: What's Hot * <b>Vivian Bucay</b>
15.50	Cosmeceuticals Revisit <b>Mohamed Amer</b>
16.00	New Cosmeceuticals Making Waves in the US Market in 2018 * <b>Michael Gold</b>
16.10	Questions & Answers

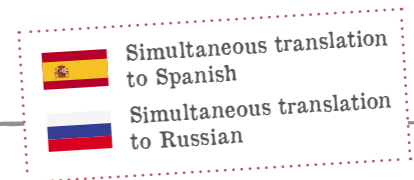
▷ 17.00 - 18.30 ROOM 131   132 	
<b>UPDATES IN PAIN TREATMENTS AND REGENERATIVE MEDICINE</b> (organized by CIMEG & ISGAR)	
<b>Moderated by:</b> ERNESTO DELGADO CIDRANES	
17.00	The New Era in the Treatment of Chronic Pain: High Technology and Regenerative Medicine <b>Ernesto Delgado Cidranes</b>
17.15	Physical Therapy in Chronic Pelvic Pain and Sexual Disorders in Women * <b>Ana Iñigo Serna</b>
17.30	The Use of Neurophysiological Testing for Etiological, Prognostic and Therapeutic Orientation in Pelvic Pain and Sexual Disorders <b>Francisco Martínez Pérez</b>
17.45	Botulin Toxin Treatment for Sexual Disorders and Genital Pain in Women and Combined Therapies: Laser and Radiofrequency <b>Zuramis Estrada Blanco</b>
18.00	For a Better Quality of Life for Patients with Chronic Illness: A New Model of Early Integration of the Palliative Approach in Chronic Disease Management * <b>Rana Istambouly</b>
18.15	Questions & Answers



▷ 9.00 - 11.00 <b>ROOM 133   134</b>	
<b>FREE COMMUNICATION: ABSTRACT AWARD</b>	
<b>Moderated by:</b> BRADLEY BLOOM • DAVID J. GOLDBERG	
Category <b>Energy-based Devices</b>	
9.00	Integrated Cooling-vacuum-assisted Non-fractional 1540-nm Erbium Glass Laser: A New Modality for the Simultaneous Effective Treatment of Acne Lesions and Scars <b>Vlad Uvaidov</b>
9.12	Treatment of Psoriasis with a New Erbium-YAG Laser Technology <b>Natalia Ghenadievna</b>
Category <b>Aesthetic Dermatology</b>	
9.24	Little Changes Make Big Differences: Mastering Hair Transplant with Attention to Detail <b>M. Sajid Mughal</b>
9.36	Effects of Collagen-derived Bioactive Peptides and Natural Antioxidant Compounds on Proliferation and Matrix Protein Synthesis by Cultured Normal Human Dermal Fibroblasts <b>Janis Shute</b>
9.48	Rejuvenation of the Temporal Zone as an Important Part of the Aesthetic Portraits' Restoration <b>Anastasia Mashkina</b>
10.00	Does Platelet Rich Plasma Really Work Synergistically with Microneedling and Subcision for Grade 4 Atrophic Acne Scars? * <b>Shashank Bhargava</b>
10.12	Combination Use of PDO Threads and Dermal Fillers to Reverse the Age Clock and Achieve a Natural Non-surgical Face Lift <b>Anju Methil</b>
Category <b>Innovations</b>	
10.24	Naturopathic Products in Wound Healing - A New, Rising Trend <b>Lawrence Chukwudi Nwabudike</b>
10.36	An Algorithm Using Botulinum Toxin Injections for Facial Scar Improvement & Better Scar Healing in Asian Indian Skin - Prospective Study in 100 Patients <b>Stuti Khare</b>
10.48	<b>AWARDS PRESENTATION FOR ALL THREE CATEGORIES</b>

▷ 11.30 - 12.30 <b>ROOM 133   134</b>	
<b>PARTNER COUNTRY UPDATE: UNITED KINGDOM</b>	
<b>Moderated by:</b> ULIANA GOUT • WENDY LEWIS	
11.30	Lips: A Novel Approach to Beautify & Rejuvenate <b>Uliana Gout</b>
11.45	Thread Lifting: An Update on What Works and What Does Not * <b>Tunç Tiryaki</b>
12.00	Thermo-mechanical Action: A Novel Treatment Modality <b>Harryono Judodihardjo</b>
12.15	Questions & Answers

▷ 12.30 - 13.30 <b>ROOM 133   134</b>	
<b>PARTNER COUNTRY UPDATE: BRAZIL</b>	
<b>Moderated by:</b> ROBERTA BIBAS • CLAUDIA MAGALHAES	
12.30	The Modern Brazilian Dermatology: Present and Future * <b>Claudia Magalhaes</b>
12.32	Facial Combined Therapies for Optimized Results * <b>Claudia Marçal</b>
12.42	Combining Techniques for Body Shaping <b>Roberta Bibas</b>
12.52	New Approaches for Skin Laxity <b>Paula Bellotti</b>
13.02	Face and Body: Past, Present and Future of Lipolytics * <b>Patricia Rittes</b>
13.10	A New Look at Intimate Female Rejuvenation <b>Shirlei Borelli</b>
13.20	Questions & Answers



▷ 13.30 - 14.30 <b>ROOM 133   134</b>	
<b>INDUSTRY SYMPOSIUM</b>	
i	For more information on the industry symposia please refer to <a href="#">page 46</a>

▷ 14.30 - 15.30 <b>ROOM 133   134</b>	
<b>PARTNER COUNTRY UPDATE: ROMANIA</b>	
<b>Moderated by:</b> VICTOR GABRIEL CLATICI • TORELLO LOTTI	
ROMANIA – History, Present and Future in Anti-aging and Aesthetic Medicine	
14.30	Romania: Specific Contribution to the Development of Anti-aging Medicine * <b>Victor Gabriel Clatici</b>
14.38	Aesthetic Surgery in Romania: A 25-year History. Keep Walking! * <b>Christian Radu Jecan</b>
14.46	An Update on Laser Status in Romania <b>Calin Giurcaneanu</b>
14.54	EBDs in Plastic Surgery Practice * <b>Andrei Martin</b>
15.02	A Global Approach to Facial Beauty with Injectables * <b>Monica Darmanescu</b>
15.10	Facial Biorevolumetry: Between Canon and Art * <b>Ana-Maria Oproiu</b>
15.18	Questions & Answers







▷ 15.30 - 16.30 <b>ROOM 133   134</b>	
<b>PARTNER COUNTRY UPDATE: UKRAINE</b>	
<b>Moderated by:</b> VIKTOR SHAVLAK • ALEXANDER TURKEYVYCH	
15.30	Multi-layer Volumization: Modern Concept of Rejuvenation <b>Alexander Turkeyvych</b>
15.40	Treating the Skin of the Body with the New Concept of Microneedling Redermalization/Rejuvenation <b>Viktor Shavlak</b>
15.50	Xanthelasma of the Upper Eyelid: Cosmetic Defect or Threat? Options for Removing: Cut or Not Cut? * <b>Inna Stadnik</b>
16.00	Usage of Botulinum Toxin for the Prevention of Disorders in the Cervico-Thoracic Spine and Aesthetic Correction of the Shoulder Line <b>Svetlana Larkina</b>
16.10	Augmentation of the Glans Penis by HA-based Fillers for the Treatment of Premature Semen Ejaculation (Video-supported) * <b>Michael Yudin</b>
16.20	Questions & Answers

▷ 17.00 - 18.00 <b>ROOM 133   134</b>	
<b>SPECIAL ADDED TEACHING COURSE: TAKING A 5-STAR PRACTICE ONE LEVEL HIGHER</b>	
<b>Presented by:</b> MICHAEL POLAKOV	
17.00	This course will be given by a global practice consultant, Michael Polakov, who only works with the top practices in the world. His focus is to go beyond all of the normal „marketing“ trends, and develop what he calls „7-Star Referral-Only“ practices.  This course is designed for doctors who have talented and accomplished hands, and who are in fact frequently the speakers at other congresses... but who still desire to develop their highly established practices even further!



LIVE DEMONSTRATIONS

**i** For more information on the live program please refer to page 47

▷ 9.00 - 11.00 ROOM 111		
<b>FILLERS</b>		
Moderated by: TANJA FISCHER • ULIANA GOUT • SONJA SATTLER		
9.00	Lips on Men vs. Lips on Women: Tips and Techniques Treating doctor: <b>Uta Schlossberger</b>	
10.00	Full Face Balance with Fillers * Treating doctor: <b>Welf Prager</b>	
▷ 11.30 - 12.30 ROOM 111		
<b>BOTULINUM TOXIN</b>		
Moderated by: SONJA SATTLER		
11.30	Balancing the Facial Expression with Botulinum Toxin * Treating doctor: <b>Welf Prager</b>	
▷ 12.30 - 13.30 ROOM 111		
<b>MESOTHERAPY</b>		
Moderated by: DMYTRO KLOKOL		
12.30	Dermal Aesthetic Revitalization with Nano and Mitochondrial Peptides * Treating doctor: <b>Vladymyr Chernykh</b>	
▷ 14.30 - 15.30 ROOM 111		
<b>ABSORBABLE SUTURES</b>		
Moderated by: MICHAEL GOLD • DAVID J. GOLDBERG		
14.30	Maximize Your Results, the Power of Silhouette's Cone Technology * Treating doctor: <b>TBC</b>	
▷ 15.30 - 16.30 ROOM 111		
<b>HAIR RESTORATION</b>		
Moderated by: JOSEPH R. BROWN • GLENN CHARLES		
15.30	Learn How to Incorporate Hair Restoration Into Your Practice <b>Video Demonstration</b>	
▷ 17.00 - 18.00 ROOM 111		
<b>BODY REMODELING</b>		
Moderated by: MICHAEL GOLD		
17.00	New Low Frequency and High Intensity Ultrasonic Emissions (LFU) for the Elimination and Compaction of Adipose Tissue Treating doctor: <b>Reina García</b>	

\* This lecture will be available on 5CC ON AIR ONLINE EDUCATION/ADVANCED AESTHETIC DERMATOLOGY



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*- Dr. Michael H. Gold, M.D., FAAD*





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Gold Skin Care Center, The Laser and Rejuvenation Center, Nashville, TN



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DASIL DERMATOLOGIC & AESTHETIC SURGERY COURSE 2018



ROOM 118 | 119 ▷ 9.00 - 13.30h

DASIL aims to create a global community for the open exchange of knowledge and innovation by physicians specializing in dermatologic and aesthetic surgery.

Moderated by: MICHAEL GOLD • ASHRAF BADAWI • TAHL HUMES

DASIL DERMATOLOGIC & AESTHETIC SURGERY COURSE 2018

ROOM 118 | 119



- 9.00 Treating Millennials: Lasers, Fillers and Toxins \* – Bradley Bloom
- 9.20 Combining Fillers, Toxins and Pulsed Light for No Downtime Rejuvenation \* – Patrick Bitter
- 9.30 Combination Therapies for the Treatment of Acne Scars \* – Maria Khattar
- 9.40 Natural Facial Rejuvenation: Old and New Laser Treatments \* – Thal Humes
- 9.50 Fractional Resurfacing: Updates and Where We Are Going \* – Bradley Bloom
- 10.00 How to Optimize Facial Rejuvenation \* – Ashraf Badawi
- 10.10 Skin Tightening and Rejuvenation: What's New? \* – Ines Verner
- 10.20 HIFU for Face Tightening: Patient Selection and Protocols for Predictable High-quality Results – Francesca de Angelis
- 10.30 Laser-assisted Periorbital Rejuvenation \* – Ashraf Badawi
- 10.40 Questions & Answers

11.00 - 11.30 | Coffee Break in the Foyer

- 11.30 The Three Keys to Success with Fillers \* – Patrick Bitter
- 11.45 Differentiating Non-permanent Injectable Fillers: Prevention and Treatment of Filler Complication \* – Miles Graivier
- 12.00 Cryolipolysis: Does It Really Work? \* – Medhat Abdel Malek
- 12.10 Threads, Needles & Lasers: New Paradigms for Body Contouring \* – Bruce Katz
- 12.20 The Acne Answer: No Downtime Treatments with Lasting Results \* – Thal Humes
- 12.30 Combined Ablative and Non-ablative Resurfacing for Fast Recovery and Results in the Treatment of Difficult Acne Scars and Deep Wrinkles – Francesca de Angelis
- 12.40 My Personal Approach in Rosacea: 15 Years and 500 Patients \* – Antonio Campo Voegeli
- 12.50 Dual Boost Double Wavelength New Laser Technology for Spider Veins Treatment: Preliminary Report \* – Luigi Mazzi
- 13.00 New Wavelengths in Picosecond Lasers for Tattoo Removal \* – Adriana Ribé
- 13.10 Fractional Picosecond Lasers: Is This the Next Craze for Picosecond Lasers? \* – Michael Gold
- 13.20 Questions & Answers

13.30 | End of Course

www.theDASIL.org

Simultaneous translation to Spanish  
 Simultaneous translation to Russian

GSAAM & ESAAM INTERNATIONAL ANTI-AGING SYMPOSIUM

ROOM 118 | 119 ▷ 14.00 - 16.00h



We are excited to welcome the German Society of Anti-Aging-Medicine e.V. (GSAAM) and the European Society of Preventive, Regenerative and Anti Aging Medicine (ESAAM) for their joined Scientific Partner Symposium on Anti-aging Medicine.

Counting more than 1.000 international members from different medical fields, the GSAAM is Europe's biggest medical society for Preventive and Anti-Aging Medicine. The aim and purpose of GSAAM is the research and constant training of treatment methods for the prevention and early intervention of chronic degenerative and age-related diseases.



ESAAM is a medical and scientific interdisciplinary umbrella organization. Its main objective is the dissemination of knowledge about preventive, regenerative and antiaging medicine throughout Europe. ESAAM members are a wide range of organisations and single physicians and medical professionals all keen to learn the latest research, share ideas and discover the latest technologies in this field.

Moderated by: GHISLAINE BEILIN • THOMAS PLATZER

GSAAM & ESAAM INTERNATIONAL ANTI-AGING SYMPOSIUM

ROOM 118 | 119



- 14.00 Introduction – Ghislane Beilin • Thomas Platzer
- 14.10 Digitalization and Personalization in Disease- and Health-Management: What's Possible? What's Meaningful? \* – Alfred Lohninger
- 14.35 Chronobiology, NAFLD, Metabolic Syndrome: Update 2018 – Thomas Platzer
- 15.00 Detoxification in Anti-aging Strategy \* – Ghislane Beilin
- 15.15 Fat, the Fountain of Youth: Rejuvenation with Microfat, Nanofat, SVF and ADSC \* – Matt Stefanelli
- 15.40 Telomere and DNA Peptide Objective Results on Biologic Age \* – Ghislane Beilin
- 15.50 Questions & Answers

16.00 | End of Symposium

www.gsaam.de  
www.esaam-org.eu





FULL FACE FILLER MASTERCLASS

ROOM 120 | 121 ▷ 9.00 - 11.00h



This session will be a detailed review of the facial zones with regards to filler treatments using edited videos to demonstrate cadaver anatomy and injection techniques.

Presented by: TAPAN PATEL

FULL FACE FILLER MASTERCLASS	
ROOM 120   121	
9.00	The Temple
9.20	The Cheek
9.40	The Tear Trough
10.00	The Nose
10.20	The Lips
10.40	The Chin and Jaw
10.00   End of Masterclass	

www.e-mastr.com

RECONSTRUCTIVE & COSMETIC SURGERY PANEL

ROOM 120 | 121 ▷ 11.30 - 13.30h

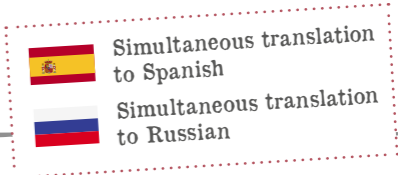


Don't miss this comprehensive learning program, covering all the hot topics in facial, breast and body reconstructive and cosmetic surgery.

The panel will be led by Thomas Biesgen, renowned medical specialist in plastic, reconstructive and cosmetic surgery from Switzerland. It brings together the best and the brightest surgeons in the specialty, poised to share their expertise with colleagues.

Moderated by: THOMAS BIESGEN • JAN ZINNDORF

RECONSTRUCTIVE & COSMETIC SURGERY PANEL	
ROOM 120   121	
RECONSTRUCTIVE & COSMETIC SURGERY PANEL – FACE	
11.30	Functional Reconstruction of Congenital and Acquired Facial Paralysis – <b>Andreas Kehrer</b>
11.50	Skin Cancer on the Face: How to Treat From the Viewpoint of a Plastic Surgeon – <b>Jan Zinndorf</b>
RECONSTRUCTIVE & COSMETIC SURGERY PANEL – BREAST & BODY	
12.10	Decision-making in Bipedicled (Double-pedicled) DIEP and SIEA Abdominal Free Flap Breast Reconstruction: An Algorithmic Approach – <b>Thomas Biesgen</b>
12.30	Mastopexie with or without an Implant – <b>Jan Zinndorf</b>
12.50	B-lite Implants: Is It Really a Revolution? – <b>Jan Zinndorf</b>
13.10	Different Possibilities for the Reconstruction of the Anal-Vaginal Region / Nerve Replacement Surgery – <b>Thomas Biesgen</b>
13.30   End of Panel	



ESTHETIC XPRESS (EX) SYMPOSIUM: ADVANCES IN INDIAN AESTHETICS

ROOM 120 | 121 ▷ 14.00 - 16.00h



EX (Esthetic Xpress) is pleased to announce its first symposium on non- and minimally invasive procedures in Indian aesthetics at 5CC 2018. EX has been conceptualized by a group of likeminded Dermatologists and Plastic Surgeons in India who have been international faculty for many international conferences in order to provide international exposure, knowledge and expertise sharing in the area of aesthetics.

Moderated by: ADITYA AGGARWAL • ANJU METHIL

ESTHETIC XPRESS (EX) SYMPOSIUM: ADVANCES IN INDIAN AESTHETICS	
ROOM 120   121	
14.00	Changing Trends in Facial Beautification with Injectables – <b>Rajat Kandhari</b>
14.15	Ear Lobe Repair: Now a Lunch Break Affair – <b>Jyoti Aneja</b>
14.30	PRP in Skin Rejuvenation * – <b>Racchana Fadia</b>
14.45	Aesthetic Rhinoplasty of the Indian Nasal Tip and Dorsum * – <b>Aditya Aggarwal</b>
15.00	Direct Comparison of Fractional Resurfacing: Attenuation of Acne Scars Using 1565nm Erbium Fibre Glass Laser vs MNRF * – <b>Atula Gupta</b>
15.15	Combination Use of PDO Threads and Dermal Fillers to Reverse the Age Clock and Achieve a Natural, Non-surgical Face Lift * – <b>Anju Methil</b>
15.30	Megaliposuction: Procedure in Huge Demand in India * – <b>Viral Desai</b>
15.45	Role of Energy-based Devices in Cosmetic Gynecology – <b>Navneet Magon</b>
16.00   End of Symposium	

www.estheticxpress.com





**ESAG LIVE CASES WORKSHOP ON FEMALE GENITALIA COSMETIC & AESTHETIC TREATMENTS**



**ROOM 133 | 134** ▷ 9.00 - 16.00h

The European Society of Aesthetic Gynecology, E.S.A.G. is a premier professional organization of cosmetic gynecologists located in Europe as well as worldwide, who specialize in aesthetic (cosmetic) surgical gynecology. E.S.A.G. aims to decisively contribute towards the promotion of innovation in aesthetic surgical gynecology in Europe and beyond.

**Moderated by:** ALEXANDROS BADER · GUSTAVO H. LEIBASCHOFF

**ESAG LIVE CASES DEMO WORKSHOP ON FEMALE GENITALIA COSMETIC & AESTHETIC TREATMENTS**

ROOM 133 | 134

- 9.00 Single Thread Vaginoplasty: Video Presentation – **Alexandros Bader**
- 9.15 PRP & Radiofrequency: A Combined Procedure for Vulvovaginal Rejuvenation – **Fernando Miguel Aznar Mañas**
- 9.30 How and When to Mix Vaginal Surgical Treatments with Vaginal Laser Regeneration – **Jorge E. Gaviria P.**
- 9.45 The Use of PRP and PRP & Fat as a Biological Support in Gynecology – **Christoph Wille**
- 10.10 Questions & Answers
- 10.20 Innovative Treatment for SUI: Clinical Results and Experience Using High Intensity Electro Magnetic Field for Myostimulation – **Lee Brine**
- 10.40 CO<sub>2</sub> Laser Application on Female Genital Tissues – **Alexandros Bader**

**11.00 - 11.15 | Coffee Break in the Foyer**

- 11.15 A Recent Report on Positive and Sustained Six-month Data From an Ongoing Single-arm Feasibility Study Using a Cryogen-cooled, Monopolar Radiofrequency (CMRF) Technology for the Treatment of Mild-to-Moderate Stress Urinary Incontinence (SUI) in Women – **Patrick Campbell**
- 11.35 Non-ablative Er:YAG SMOOTH Laser Technology in Minimally-invasive Gynecological Treatments – **Maša Goršič Krisper**
- 11.55 Vaginal Regeneration: It Is Possible to Achieve Great Results by Doing Little Things and by Having a Good Knowledge – **Gustavo H. Leibaschoff**
- 12.10 **LIVE TREATMENT** for Stress Urinary Incontinence (SUI) Using High Intensity Electro Magnetic Field Technology for Myostimulation – **Lee Brine**
- 12.40 **LIVE TREATMENT** Using CO<sub>2</sub> Laser Application on Female Genital Tissues – **Alexandros Bader**

**13.30 - 14.00 | Lunch Break in the Foyer**

- 14.00 **LIVE TREATMENT** Using Cryogen-cooled, Monopolar Radiofrequency (CMRF) Technology for the Treatment of Mild-to-Moderate Stress Urinary Incontinence (SUI) – **Patrick Campbell**
- 14.50 **LIVE TREATMENT** Using Non-ablative Er:YAG SMOOTH Laser Technology in Minimally-invasive Gynecological Treatments – **Jorge E. Gaviria P.**
- 15.40 Questions & Answers

**16.00 | End of Workshop**

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Join our Industry Partners for their their 60-minute Industry Symposia and a full day dedicated to live demonstrations on Saturday.



▷ **FRIDAY**  
August 31, 2018 from 11.30 - 14.30h

INDUSTRY SYMPOSIA	
ROOM 133   134 	
11.30 - 12.30	 <p><b>NEAUVIA FILLER: A NEW PEGYLATED HA HYDROGEL FOR THE AESTHETIC CORRECTIONS OF THE SOFT TISSUE</b> Presented by: Michael Gold • David J. Goldberg • Nicola Zerbinati</p>
12.30 - 13.30	 <p><b>CUTERA BODY &amp; SKIN SYMPOSIUM</b> Presented by: Klaus Hoffmann • Michael T. Somenek • Amy Taub Please join leading physicians Dr. Klaus Hoffmann, Dr. Michael T. Somenek, and Dr. Amy Taub as they discuss their experience and clinical expertise with two industry-leading technologies – enlighten and truSculpt iD</p>
13.30 - 14.30	 <p><b>FOTONA SYMPOSIUM</b> TightSculpting: Unique Non-invasive Body Sculpting and Skin Tightening Procedure Speaker: Maša Goršič Krisper Four Different Depths of Laser Facelift Speaker: Jorge E. Gaviria P.</p>

INDUSTRY SYMPOSIUM	
ROOM 131   132 	
13.30 - 14.30	 <p><b>HOW TO COMBINE VASCULAR AND FRACTIONAL LASERS IN SCAR TREATMENTS FOR MAXIMUM RESULTS *</b> Speaker: Firas Al-Niaimi</p>

▷ **SATURDAY**  
September 1, 2018 from 13.30 - 14.30h

INDUSTRY SYMPOSIUM	
ROOM 133   134 	
13.30 - 14.30	 <p><b>BERGER &amp; KRAFT: ENERGY DEVICES FOR THE AESTHETIC FACE AND BODY RESHAPING</b> Presented by: Piotr Sznelewski • Nicola Zerbinati</p>

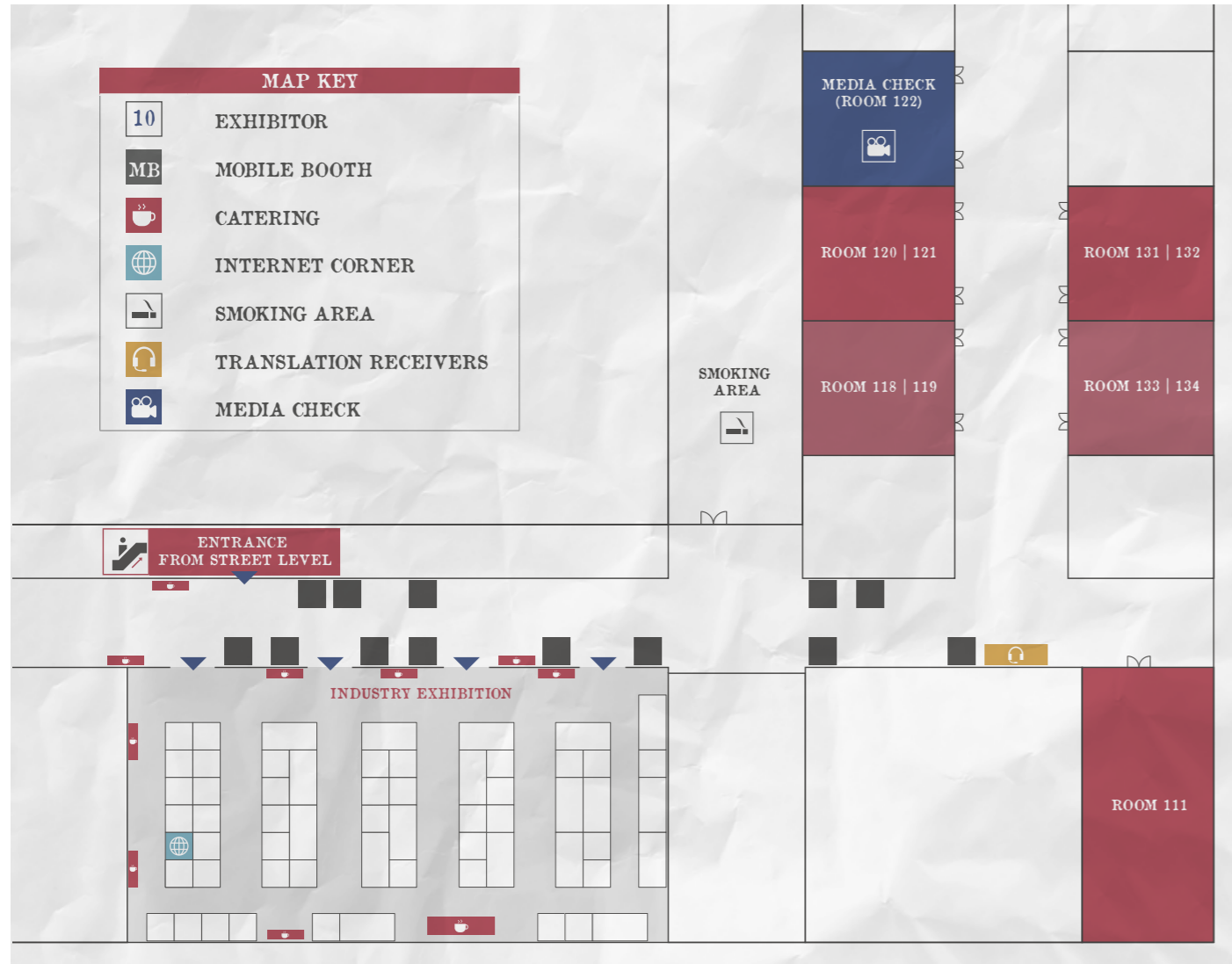
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▷ **SATURDAY**  
September 1, 2018 from 9.00 - 18.00h

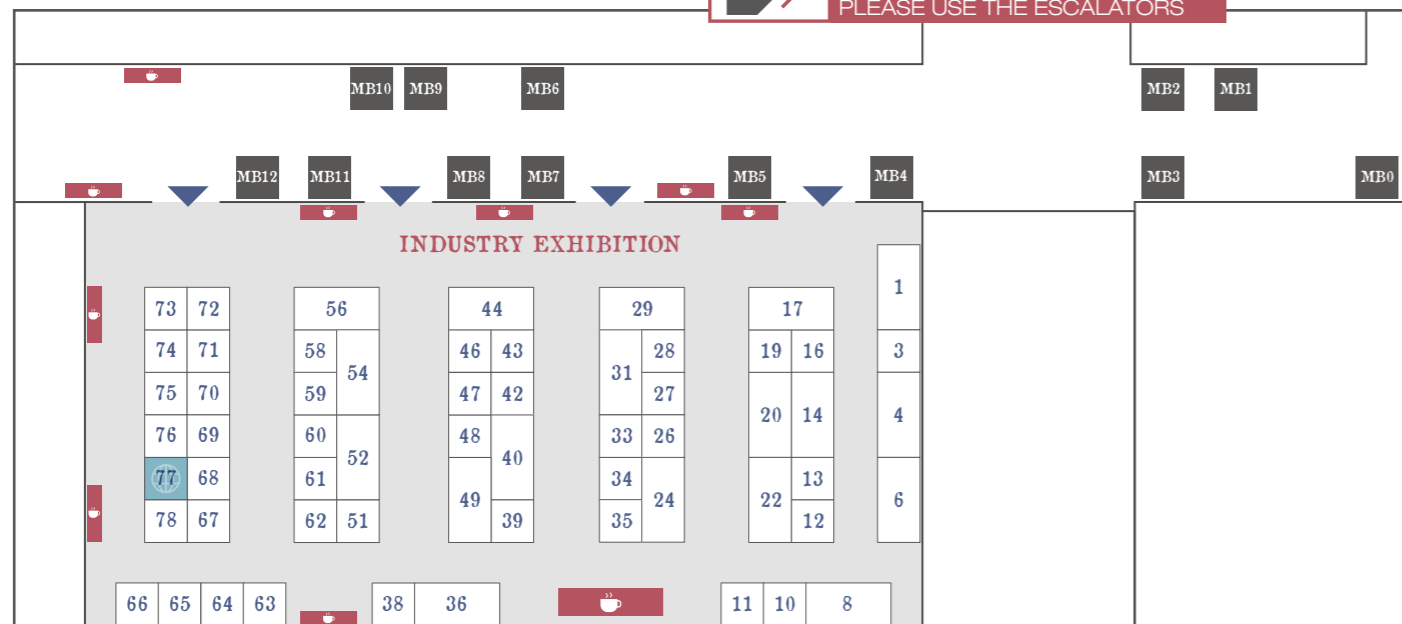
LIVE DEMONSTRATIONS		
ROOM 111 		
Fillers		
9.00 - 10.00		<p><b>LIPS ON MEN VS. LIPS ON WOMEN WITH HYABELL®: TIPS AND TECHNIQUES</b> Moderated by: Tanja Fischer • Uliana Gout Treating doctor: Uta Schlossberger</p>
10.00 - 11.00		<p><b>FULL FACE BALANCE WITH MERZ AESTHETICS FILLERS: BELOTERO® &amp; RADIESSE®*</b> Moderated by: Sonja Sattler Treating doctor: Welf Prager</p>
Botulinum Toxin		
11.30 - 12.30		<p><b>BALANCING THE FACIAL EXPRESSION WITH BOCOUTURE®*</b> Moderated by: Sonja Sattler Treating doctor: Welf Prager</p>
Mesotherapy		
12.30 - 13.30		<p><b>DERMAL AESTHETIC REVITALIZATION WITH NANO AND MITOCHONDRIAL PEPTIDES *</b> Moderated by: Dmytro Klokol Treating doctor: Vladymyr Chernykh</p>
Absorbable Sutures		
14.30 - 15.30		<p><b>MAXIMIZE YOUR RESULTS, THE POWER OF SILHOUETTE'S CONE TECHNOLOGY *</b> Understanding the Key Concepts of Silhouette to Optimize the Outcome Speaker: Michael Gold Results Improvement Over Time: The Latest Data for Type-I Collagen Stimulation Speaker: David J. Goldberg LIVE TREATMENT Full-face Reshape Using a 10-suture Protocol Treating doctor: TBC</p>
Hair Restoration		
15.30 - 16.30		<p><b>LEARN HOW TO INCORPORATE HAIR RESTORATION INTO YOUR PRACTICE (VIDEO DEMONSTRATION)</b> Presented by: Joseph R. Brown • Glenn Charles Join Dr. Glenn Charles and Mr. Brown as they discuss how to successfully incorporate hair restoration into your practice, which is now the #1 most requested procedure among men and women and one of the fastest growing segments of the aesthetic market (&gt;\$4.1 Billion USD)</p>
Body Remodeling		
17.00 - 18.00		<p><b>NEW LOW FREQUENCY AND HIGH INTENSITY ULTRASONIC EMISSIONS (LFU) FOR THE ELIMINATION AND COMPACTION OF ADIPOSE TISSUE</b> Deep Slim®, as a high intensity and low frequency targeted ultrasound, presents an alternative as a device for the elimination and compaction of localized fat. Moderated by: Michael Gold Treating doctor: Reina García</p>



LEVEL P1



THE PRAYER ROOMS | ROOMS OF SILENCE ARE LOCATED ON LEVEL M2 (ROOMS M216 & M217) PLEASE USE THE ESCALATORS



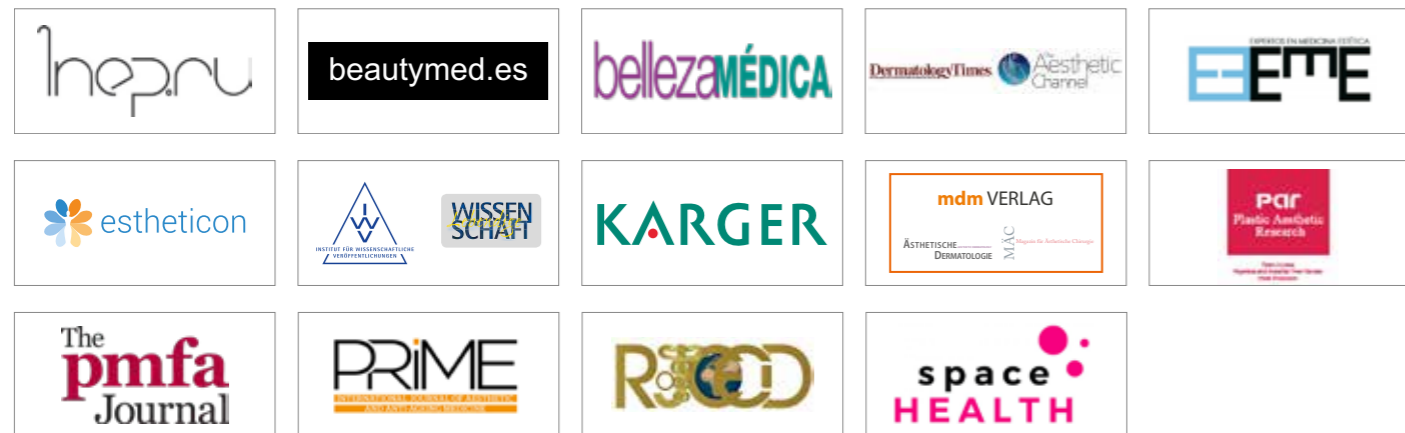
INDUSTRY EXHIBITION

INDUSTRY EXHIBITION	
NO	EXHIBITOR
1	NOVACUTIS
3	Oculo-Plastik
4	INMODE Ltd.
6	BTL Industries
8	Restoration Robotics
10	Institute BCN
11	Classys
12	Stellar Biomolecular Research
13	Erchonnia Lasers Ltd.
14	Cynosure
16	NeoGraft
17	ALMIRALL AESTHETICS
19	Novoxel
20	ACMEDI KOREA Co., Ltd
22	Syneron Candela
24	cocoon medical
26	TSK Laboratory Europe BV
27	SmartGraft by Vision Medical, Inc.
28	Lutronic
29	CUTERA, Inc.
31	Stratpharma Switzerland
33	Venus Concept
34	DELEO
35	Canfield Scientific, Inc.
36	NEAUVIA (Matex Lab SA)
38	Dr. Hönle Medizintechnik GmbH
39	Sciton
40	Fotona
42	NEXT MOTION
43	Across Co., Ltd.
44	Croma-Pharma
46	Advalight
47	ADODERM
48	QuantifCare
49	Sensus Healthcare, Inc
51	BIOFIBRE HAIR
52	INDIBA® DEEP CARE
54	ZIMMER MedizinSysteme GmbH

INDUSTRY EXHIBITION	
NO	EXHIBITOR
56	Alma
58	International Peeling Society (IPS)
59	Bovie Medical
60	HIRONIC
61	Dermatologic Aesthetic Surgery International League (DASIL)
62	Viveve
63	Sinclair
64	Anti-Aging Medical Systems A.A.M.S.
65	Medikalight
66	Wisepress Medical Bookshop
67	OMNILUX
68	OPATRA
69	Crisalix
70	EUNSUNG GLOBAL CORP.
71	Sebacia Inc.
72	Skymedic
73	VYDENCE MEDICAL
74	IMCAS
75	Doctor's Equipe
76	Estheticon
77	Internet Corner
78	Home-use Devices (Stetic Sense & vSculpt PRO)

MB0	Sociedad Española de Láser Médico Quirúrgico (SELMQ)
MB1	Aerolase
MB2	iClass Anatomy
MB3	LASERVISION GmbH & Co. KG
MB4	SKIN TECH PHARMA GROUP
MB5	Asclepion Laser Technologies GmbH
MB6	Beauty Cluster Barcelona
MB7	V LIFT PRO
MB8	Brera Medical Technologies SRL
MB9	Cysteamine
MB10	Mesoesthetic Pharma Group
MB11	EUFOTON Medicalasers
MB12	Archidemia

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*Taking new aim at Skin Cancer & Keloids<sup>SM</sup>*

Sensus Healthcare is a medical device company that is committed to providing non-invasive and cost-effective treatment for non-melanoma skin cancers and keloids. To date, SRT technology has been used to effectively and safely treat oncological and non-oncological skin conditions in thousands of patients.

For more information, visit [www.sensushealthcare.com](http://www.sensushealthcare.com)



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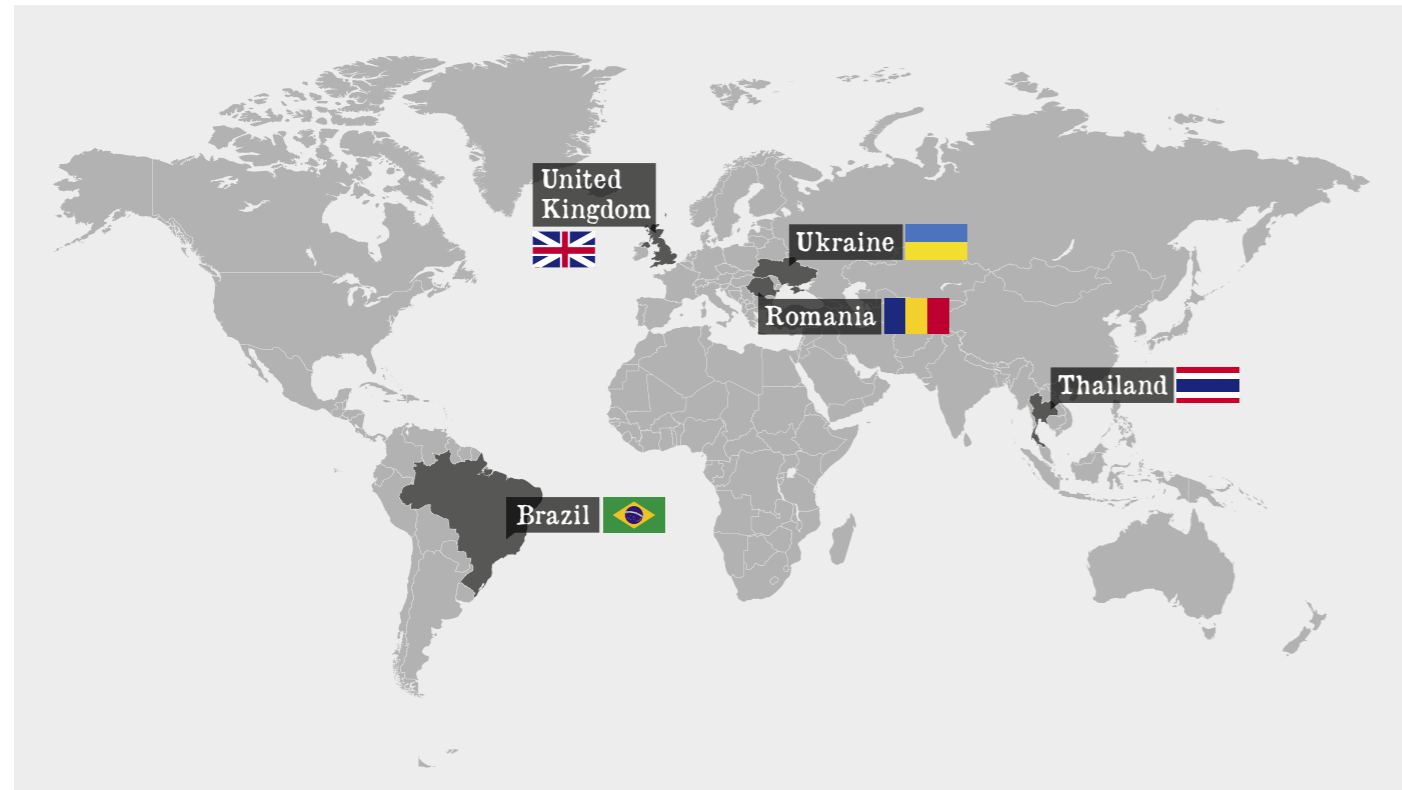
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WE ARE PROUD TO ANNOUNCE THE PARTNER COUNTRIES OF 5CC 2018

Brazil, Romania, Thailand, United Kingdom and Ukraine have been appointed as official Partner Countries of the 9<sup>th</sup> 5CC 2018.



INTRODUCING OUR PARTNER COUNTRY BRAZIL



“

Lately, anti-aging as well as cosmetic treatments of the face, neck and of the whole body, even in very young people, have become the main target of our work as dermatologists and plastic surgeons in Brazil.

We have been delivering the best outcomes for our patients, not only when we think about beauty and rejuvenation,

but also when we deal with health topics.

The 5CC Meeting will be an excellent opportunity to exchange the best practices among the most outstanding physicians around the world and to improve our own knowledge and procedures in aesthetic medicine.”

CLAUDIA MAGALHAES  
Brazil

Bem-vindo Brasil, ao 5CC!

Don't miss the „Partner Country Updates“ sessions on Friday!

OUR SCIENTIFIC NETWORK

We are proud about the ongoing cooperation with our 5CC Scientific Partners in 2018.



ABOUT US

The 5-Continent-Congress is comprised of an international group of highly acclaimed Dermatologists and Plastic Surgeons who are key opinion leaders in their fields. It is a highly professional conference dedicated to innovations and controversies in the field of aesthetic medicine

accompanied by an interesting pre- and post-conference program. Advances in fillers, toxins, energy-based devices, cosmeceuticals and aesthetic gynecology will be presented by international experts from all continents.





# Pow! De-aging for the impatient.

## Brighter, even, retexturized skin.

36% brighter skin at the first application.  
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\*12-week clinical test on 23 women, using twice a day.



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### EXPERIENCE BARCELONA LIKE NEVER BEFORE!

In collaboration with our partner, Turisme de Barcelona, we will offer more than 200 full and half-day tours, shows, activities and unique experiences for you and your accompanying person(s) during the conference days.

Whether it is your first time in beautiful Barcelona or you've been here before – we've got you covered!

And the best thing is: tours and activities are not pre-booked, which allows you to select dates and times with more flexibility. Enjoy the freedom to book around *your* schedule! \*

If you've found your favorite activity, make sure to book as early as possible to secure your spot.



### SHOW SELECTION

- Spanish Guitar Concert & Wine
- Flamenco Art at the Palau de la Música Catalana
- El Molino

### TOUR SELECTION

- Barcelona Daily Sightseeing Tours
- Barcelona 360°: Land, Sea and Air
- Chocolate Tour
- Barcelona Sun & Segway
- E-Bike City Tour Barcelona
- Wine and Cava
- Stories and Legends of the Gothic Quarter
- Barcelona Tapas Tour
- Ghosts of Barcelona
- Shopping Tours

### EXPERIENCE SELECTION

- Boqueria Market & Paella Cooking Workshop
- Panoramic Helicopter Tours
- Seat 600 Experience
- Barcelona by GOCAR
- Parasailing Barcelona
- Vermouth or Breakfast on a Sailing Yacht
- Panoramic Balloon Rides
- Create Your Own Cava



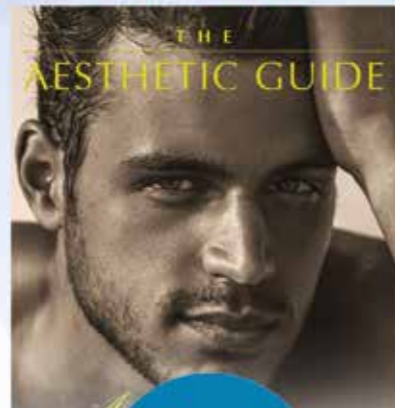
For more information and tour bookings, please visit [www.5-cc.com](http://www.5-cc.com)



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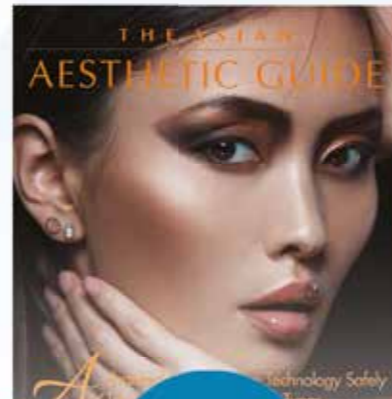


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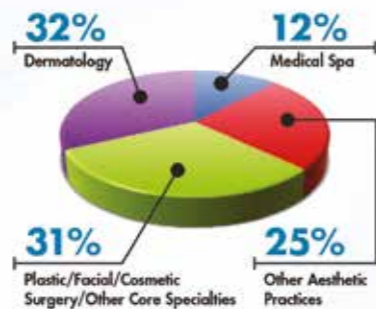


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For solutions in the treatment of global skin revitalization to new approaches in body sculpting, CUTERA's portfolio of products offers providers a proven solution for the widest range of applications.

Explore the Latest Innovations Designed Around U

### 5CC Barcelona • Booth 29

#### Body & Skin Symposium

Friday, August 31 from 12:30 - 1:30 pm | Symposium room 133/134

Please join leading physicians Dr. Klaus Hoffmann, Dr. Michael Somenek, and Dr. Amy Taub as they discuss their experience and clinical expertise with two industry-leading technologies – enlighten and truSculpt iD.



**Klaus Hoffmann, MD**  
St. Josef-Hospital Bochum  
Bochum, Germany



**Michael T. Somenek, MD**  
Somemek MD  
Advanced Facial Plastic Surgery  
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#### enLIGHTen®

enlighten revolutionized the picosecond market as the first fully integrated multi-wavelength, multi-pulse duration device for tattoo and pigment removal, and global skin revitalization. The non-ablative, PICO Genesis skin revitalization treatment addresses unwanted pigmentation and aging skin in 2-3 treatments with no downtime.



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truSculpt iD is the latest body sculpting treatment solution from Cutera, providing a personalized, hands-free solution with ~24% permanent fat reduction to revolutionize your practice. The system versatility allows for customized treatments to multiple body areas simultaneously based on patients body type needs in as little as one 15-minute treatment protocol.



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